MATT LAUER
Shocking New Allegations

Miley & Liam
MOVING ON—*FAST!*

People

October 28, 2019

People EXCLUSIVE

Cameron & Michael Douglas

A Son's Addiction, A Father's Love

The Hollywood legend's son was lost in a drug-fueled nightmare that put him behind bars for 7 years. Inside his brave journey back

> "I thought I was going to lose him"
> —MICHAEL

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For **October 28, 2019**

'When we were 18… we met up again, and we were like, "We both had the same first job. That's wild." And we had a party together'

—NATALIE PORTMAN, on reuniting with Britney Spears after working together as kids, on *A Little Late with Lilly Singh*

'I was on the set for my first episode, and Jennifer was on a Segway because she had broken her toe, and everyone was marveling at it…. I then asked to try it too. I spun round and rolled it right over Jennifer's foot!'

—PAUL RUDD, on running over Jennifer Aniston on the *Friends* set, on *The Graham Norton Show*

'What is he, my last hope?'

—MARIAH CAREY, responding to ex-husband Nick Cannon saying he'd remarry her, to TMZ

'Once they realized I couldn't actually fly, it was a sad day'

—CHRIS HEMSWORTH, on his three kids realizing he's not a superhero, at ACE Comic Con

'I had a wall that was my Julia Roberts wall. And my locker was just, like, Julia Roberts, head to toe'

—SARAH PAULSON, on looking up to Julia Roberts, at the New Yorker Festival

'Things that are made for women that I feel will look good on me… I will wear'

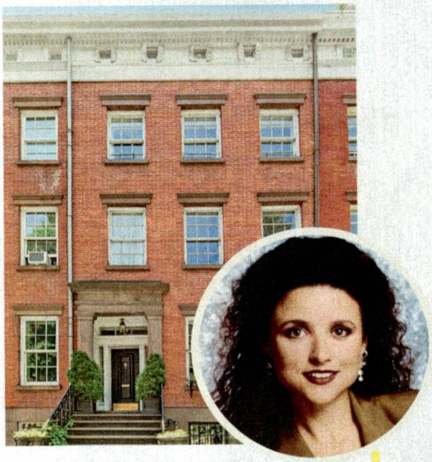
—PHARRELL WILLIAMS, on sometimes wearing women's clothes, to *GQ*

CLOCKWISE FROM TOP RIGHT: DIA DIPASUPIL/GETTY IMAGES; JON KOPALOFF/GETTY IMAGES; BRENT PERNIAC/ADMEDIA/SIPA; CRAIG BARRITT/GETTY IMAGES; DON ARNOLD/WIREIMAGE; JAMES DEVANEY/GC IMAGES

5 Things We're Talking About *this week!*

1/ Jared Leto loses his head

The actor-musician believes someone stole the replica of his face he brought to the 2019 Met Gala in May. "Bring it into your nearest Gucci store in exchange for a pair of dirty sneakers," he advised anyone who finds it.



2/ Elaine from *Seinfeld*'s apartment is for sale

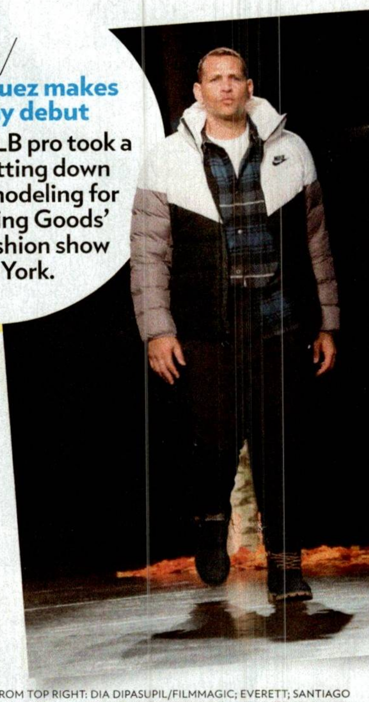
Get *out*! The N.Y.C. townhouse that served as the exterior for Elaine's (Julia-Louis Dreyfus) home on the sitcom went up for sale at $8.65 million.

3/ Billy Porter will play *Cinderella*'s Fairy Godmother

Bibbidi-bobbidi-boo! The *Pose* star will bring his magic to Sony's live-action version of the fairy tale.

4/ Simone Biles becomes the most decorated gymnast

Major haul: Biles broke the record for the most world-championship medals ever earned by a gymnast when she took home her 24th at the World Gymnastics Championships.



5/ Alex Rodriguez makes his runway debut

The former MLB pro took a swing at strutting down the catwalk, modeling for Dick's Sporting Goods' first-ever fashion show in New York.

CLOCKWISE FROM TOP RIGHT: DIA DIPASUPIL/FILMMAGIC; EVERETT; SANTIAGO FELIPE/GETTY IMAGES; ANDREW KELLY/INVISION/AP/SHUTTERSTOCK; DANIEL KOPATSCH/EPA-EFE/SHUTTERSTOCK; CHRIS HASTON/NBCU PHOTO BANK/GETTY IMAGES; YOO JEAN HAN/SOTHEBY'S INTERNATIONAL REALTY

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People

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In an exclusive book excerpt and interview, Michael Douglas and his son Cameron open up about Cameron's addiction to drugs, his years in prison and his healthy new life.

CLOCKWISE FROM TOP: ALEXEI HAY; JENNIFER CAUSEY; BROADIMAGE/SHUTTERSTOCK; JASON BELL/DISNEY

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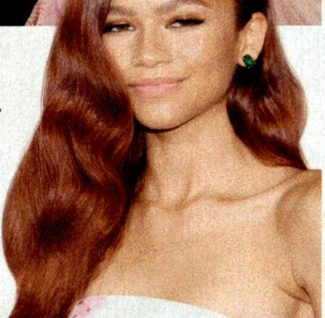
Maleficent stars Angelina Jolie and Elle Fanning dish on family, costar Michelle Pfeiffer and their new film.



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Get fresh hair inspiration for fall from Zendaya and other stars.

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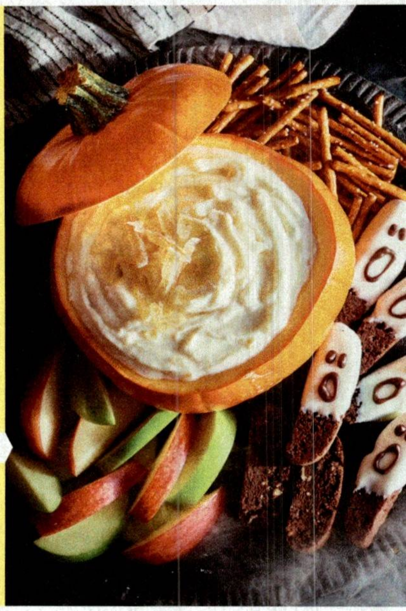
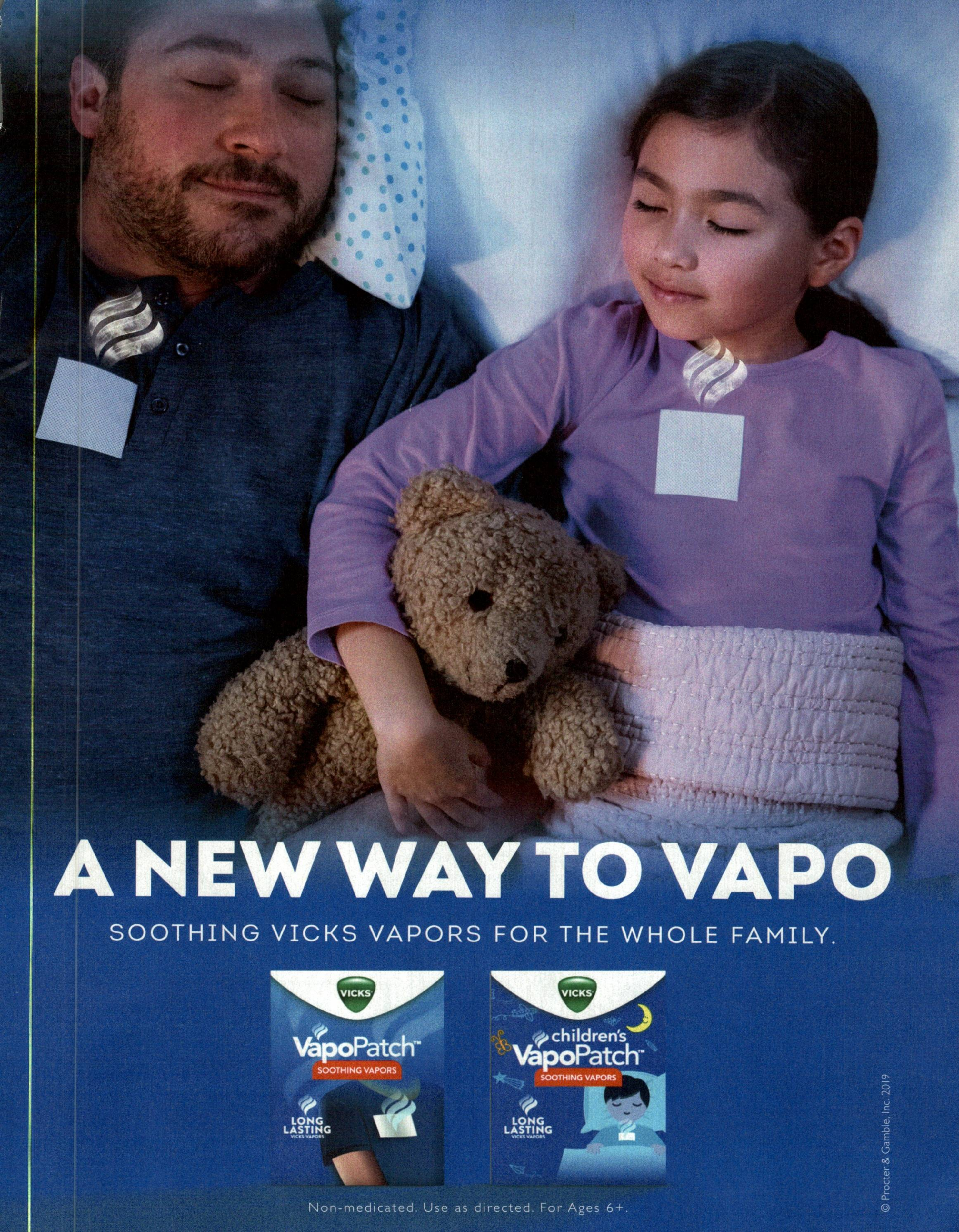


ON THE COVER Photograph by Alexei Hay. Hair: Kerrie Smith Campbell; Makeup: Bjoern Rehbein; Stylist: Andrew Gelwicks/The Only Agency; (Michael) Sweater: Michael Kors; (Cameron) Shirt: Rag & Bone; Insets: (Miley) Jerritt Clark/Getty Images; (Liam) Valerie Macon/AFP/Getty Images; (Matt) Wesley Mann/August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Mental Health: Let's Talk About It

My sister-in-law suffers from PTSD. My husband has anxiety. My friend's young son has childhood anxiety. And some of my friends have managed depression. The list may seem long, but it's actually very typical: One in five adults experiences mental illness each year, as do one in six youths ages 6 to 17. That means almost all of us know or love someone affected by mental illness or have dealt with it ourselves. Yet people still shy away from talking about it.

That's why *People* is launching a year-long initiative to encourage readers to have vital conversations about their mental health. Our Let's Talk About It campaign will highlight stories of people and celebrities who have dealt with mental illness; we want to destigmatize it, provide resources about where to get help and offer support to help anyone in need cope.

This week we are featuring the stories of individuals who attempted suicide—but survived (page 64). (Suicide is the second leading cause of death among those ages 10 to 34.) One survivor, Nancy Nettles, 53, told us that therapy, medication and educating herself about mental health helped her recover. "Those three things—and being around people who seemed to accept me and my diagnosis," she says. We hope to help anyone with a mental illness feel seen and embraced.

We also hope to motivate people to take care of their own mental health. As Prince Harry pointed out during his recent tour of Africa: "We need to separate the two . . . mental health, which is every single one of us, and mental illness, which could be every single one of us." (He—along with musician Ed Sheeran—showed you can even have some humor around these issues when they released a video poking fun at their matching ginger hair for World Mental Health Day.)

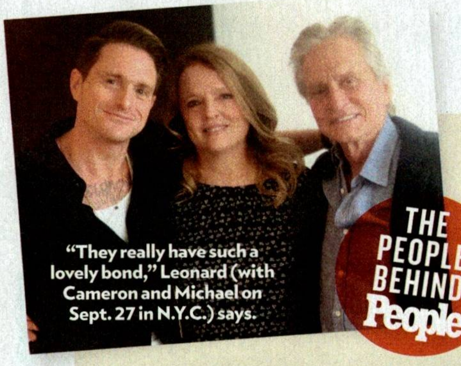
People
MENTAL HEALTH
Let's *Talk* About It

We'll be working with many partners in the months ahead, including the experts at One Mind and the Crisis Text Line (if you know someone who needs help, simply text STRENGTH to 741741 for free 24/7 support). And remember: Even when someone posts a shiny and perfect life on social media, there's often more going on. If you see a friend struggling, don't shy away from reaching out for fear you may not have all the answers. "You don't have to solve the problem," says John Draper, president of the National Suicide Prevention Lifeline. "Just listening is going to help them feel less alone." In other words, saying, "Let's talk about it" can be a powerful first step to healing.

Dan

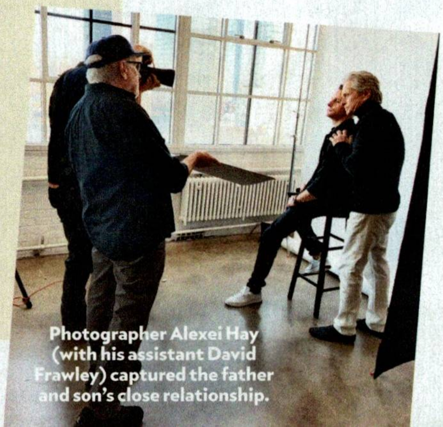
DAN WAKEFORD, EDITOR IN CHIEF

THE PEOPLE BEHIND People



"They really have such a lovely bond," Leonard (with Cameron and Michael on Sept. 27 in N.Y.C.) says.

Because we tell compelling stories with such care, attention and humanity, we get extraordinary access to remarkable people. This week Cameron and Michael Douglas trusted us to share the emotional story of Cameron's years as an addict, his time in prison and how he's rebuilt his life with the support of his dad. The father and son sat down with our West Coast executive editor **Elizabeth Leonard,** who has told stories of the Douglas family in these pages for more than a decade. "While Cameron's descent into drug addiction is a terrifying cautionary tale for any family, it was ultimately his courage and determination to change his path that was most moving and inspiring to me," she says. "Theirs is a powerful story of resilience—and of love."



Photographer Alexei Hay (with his assistant David Frawley) captured the father and son's close relationship.

More *People* News!

After producing many TV shows, *People* has now coproduced its first movie! Starring **Marie Osmond, Marla Sokoloff** and **Rob Mayes,** *The Road Home for Christmas* premieres on Lifetime on Oct. 26 at 8 p.m. ET/PT

Scan this QR code with your phone's camera to take an exclusive sneak peek at *The Road Home for Christmas.*

(WAKEFORD) JAKE CHESSUM

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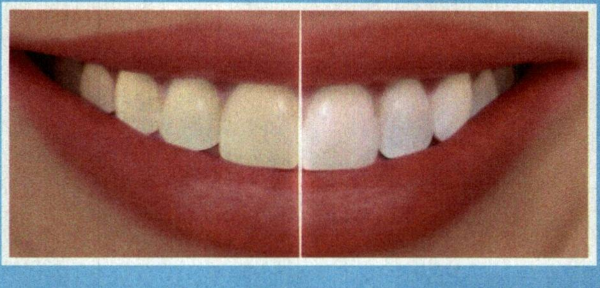
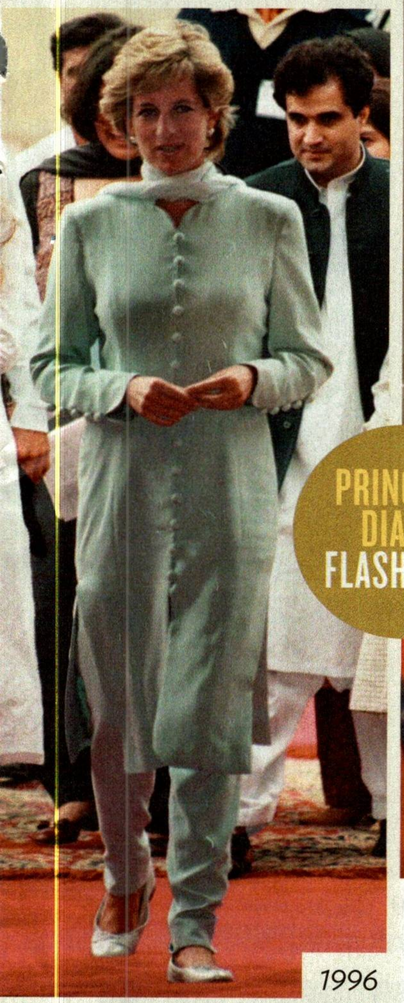


ROYALS AROUND THE WORLD!

From Pakistan to the Vatican, the royals kept up their busy fall—including Princess Kate, who flew from London to South Asia alongside husband Prince William for a five-day tour.

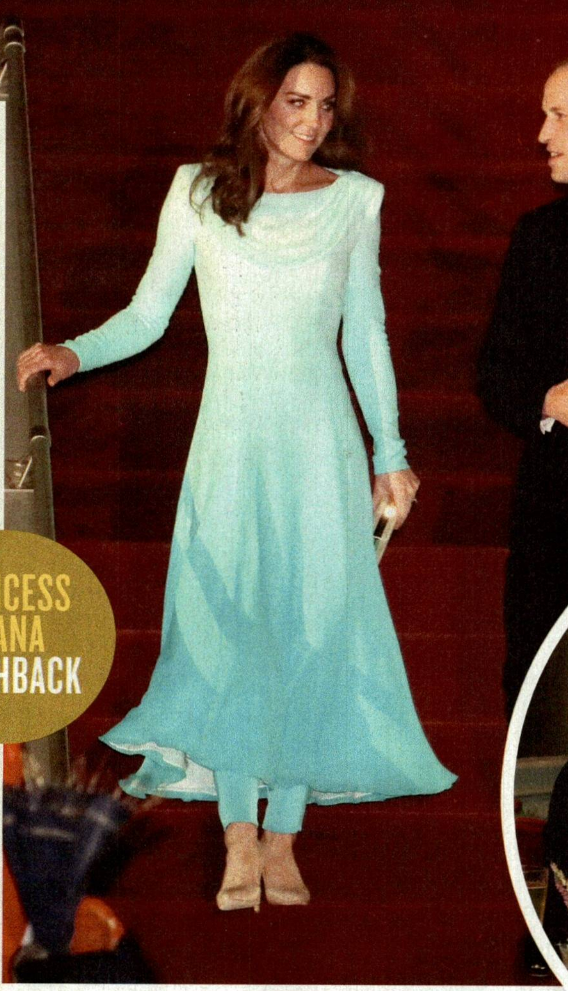
On Oct. 9 Princess Kate went on a solo visit to the Angela Marmont Centre for UK Biodiversity in London to learn how the organization is helping to protect wildlife.

KIRSTY WIGGLESWORTH/GETTY IMAGES



1996

PRINCESS DIANA FLASHBACK



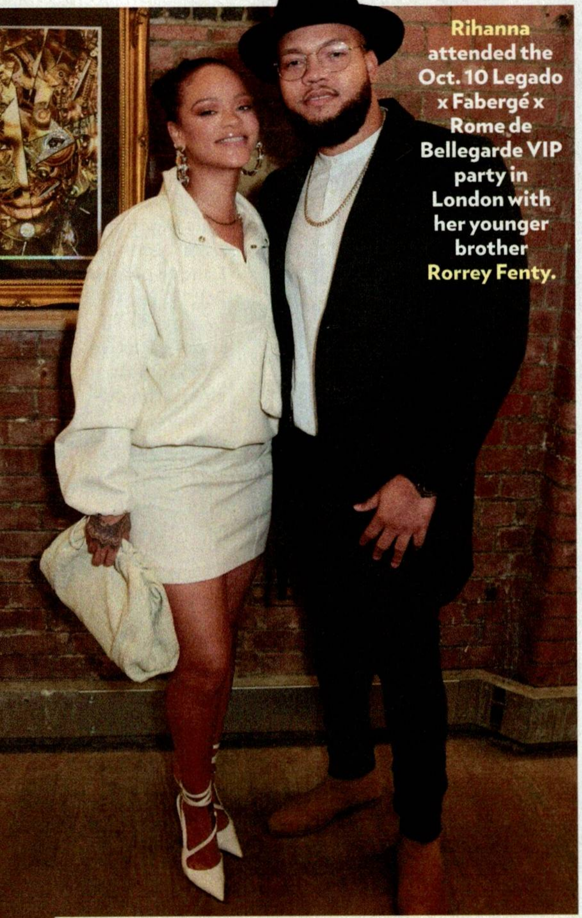
Princess Kate and **Prince William** arrived at the Pakistani Air Force Base Nur Khan in Rawalpindi on Oct. 14, with the royal mom sporting a Catherine Walker dress and matching pants reminiscent of the outfit **Princess Diana** wore during a visit to the country 23 years before.

Prince William (below, left) and Chelsea head coach **Frank Lampard** shared a laugh while watching a soccer game at a London pub on Oct. 11. The visit was part of a larger initiative to promote mental health awareness.

Prince Charles (right) shook hands with **Pope Francis** while attending the canonization of Cardinal Newman in St. Peter's Square in Vatican City on Oct. 13.

Prince Harry (right) and **Ed Sheeran** teamed up for World Mental Health Day—and some redheaded fun—on Oct. 10. "People just don't understand what it's like for people like us," Sheeran joked about being ginger.

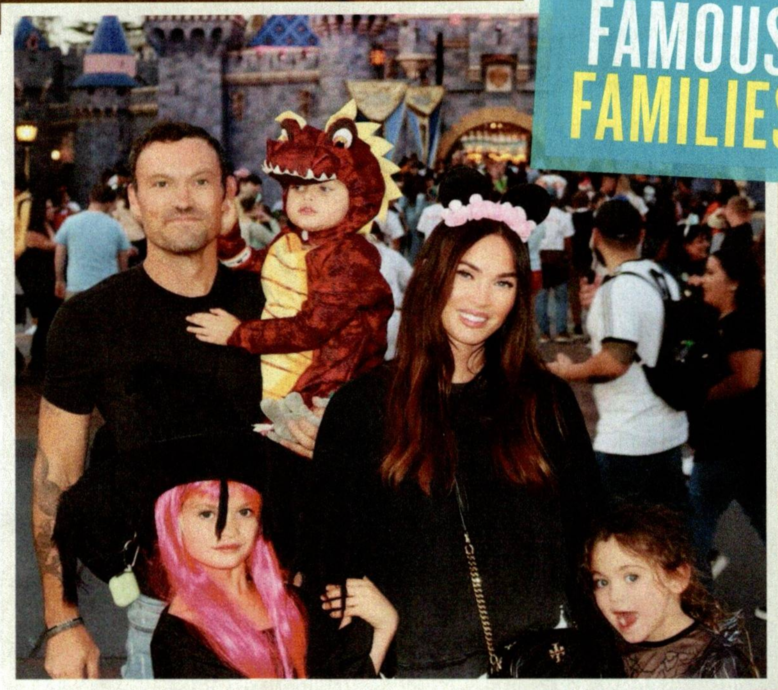
FAMOUS FAMILIES



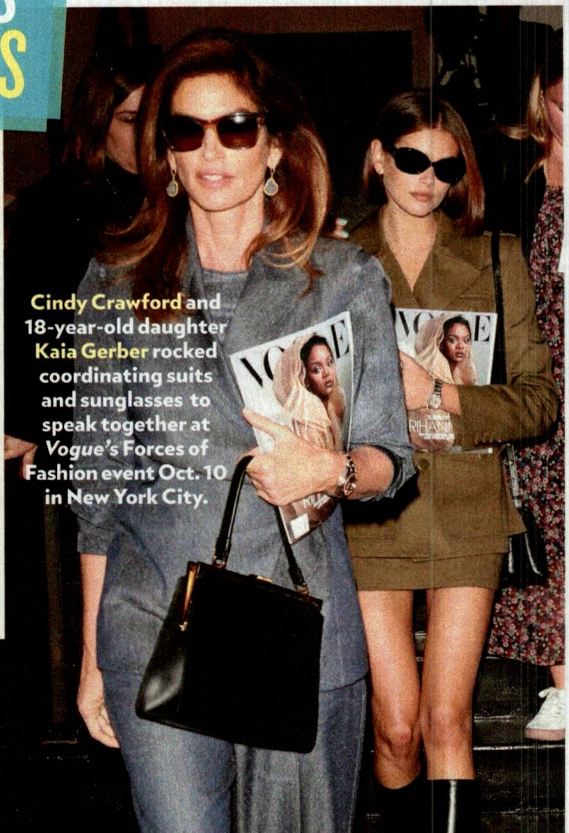
Rihanna attended the Oct. 10 Legado x Fabergé x Rome de Bellegarde VIP party in London with her younger brother **Rorrey Fenty.**

Tom Cruise's son **Connor,** 24, made a rare public appearance before a helicopter flight with his famous father on Oct. 12 in London.

2009

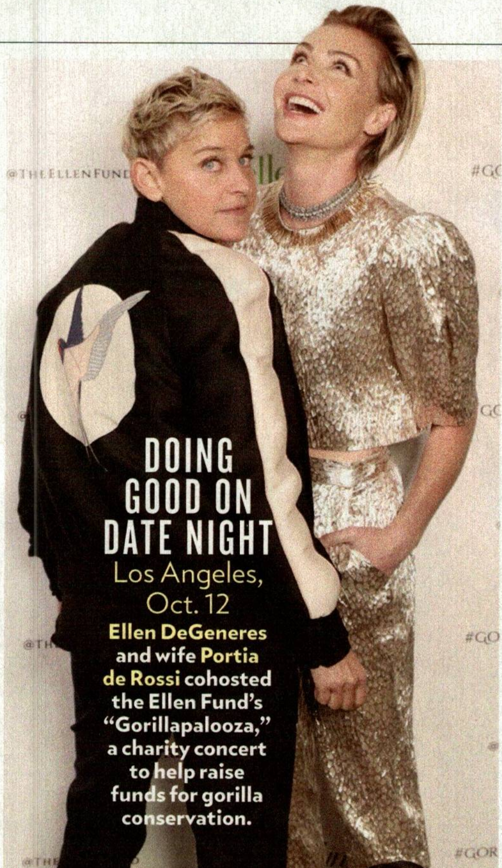


On Oct. 12 **Megan Fox** shared a photo of her family—from left, husband **Brian Austin Green** and their sons **Noah,** 7, **Journey,** 3, and **Bodhi,** 5—after celebrating Halloween at Disneyland.



Cindy Crawford and 18-year-old daughter **Kaia Gerber** rocked coordinating suits and sunglasses to speak together at *Vogue's* Forces of Fashion event Oct. 10 in New York City.

CLOCKWISE FROM TOP LEFT: DAVE BENETT/GETTY IMAGES; J.A./BACKGRID; NOEL VASQUEZ/GETTY IMAGES; BROADIMAGE/SHUTTERSTOCK



DOING GOOD ON DATE NIGHT

Los Angeles, Oct. 12

Ellen DeGeneres and wife **Portia de Rossi** cohosted the Ellen Fund's "Gorillapalooza," a charity concert to help raise funds for gorilla conservation.

TRACE ADKINS SAYS 'I DO'

New Orleans, Oct. 12

Country star Trace Adkins married girlfriend Victoria Pratt in a romantic ceremony officiated by friend Blake Shelton (left). This is the fourth marriage for Adkins.

PURPLE REIGN

Austin, Oct. 13

Lizzo performed her smash hit "Truth Hurts" for 75,000 people at the Austin City Limits music festival.

MODERN MAMMA

New York City, Oct. 10

Anne Hathaway—who is expecting her second child with husband Adam Shulman—dressed up her baby bump in an Oscar de la Renta two-piece for the premiere of her new Amazon series *Modern Love*.

ALL EYES ON JEN

Beverly Hills, Oct. 11

Jennifer Aniston was honored for her philanthropic efforts alongside A-Listers including Mariah Carey and Brie Larson at *Variety's* Power of Women luncheon sponsored by Audi.

CLOCKWISE FROM TOP LEFT: MICHAEL ROZMAN/WARNER BROS.; @STARLINGANDSAGE; ERIKA GOLDRING/FILMMAGIC; JORDAN STRAUSS/INVISION/AP/SHUTTERSTOCK; THEO WARGO/GETTY IMAGES

EXCLUSIVE People EXCLUSIVE

ANDY AND AIJIA GRAMMER EXPECTING BABY NO. 2!

Los Angeles, Oct. 7

Two years after welcoming their daughter, Louisiana, **Andy Grammer** and his wife, **Aijia,** are expecting another baby girl. "I fly home once a week just to spend time with my little girl, and now I get another one," says the "Honey, I'm Good" singer, who's currently on tour. Growing up, "I always wanted a sister," says Aijia, also a singer. "It's really cool to be the one to witness that now."

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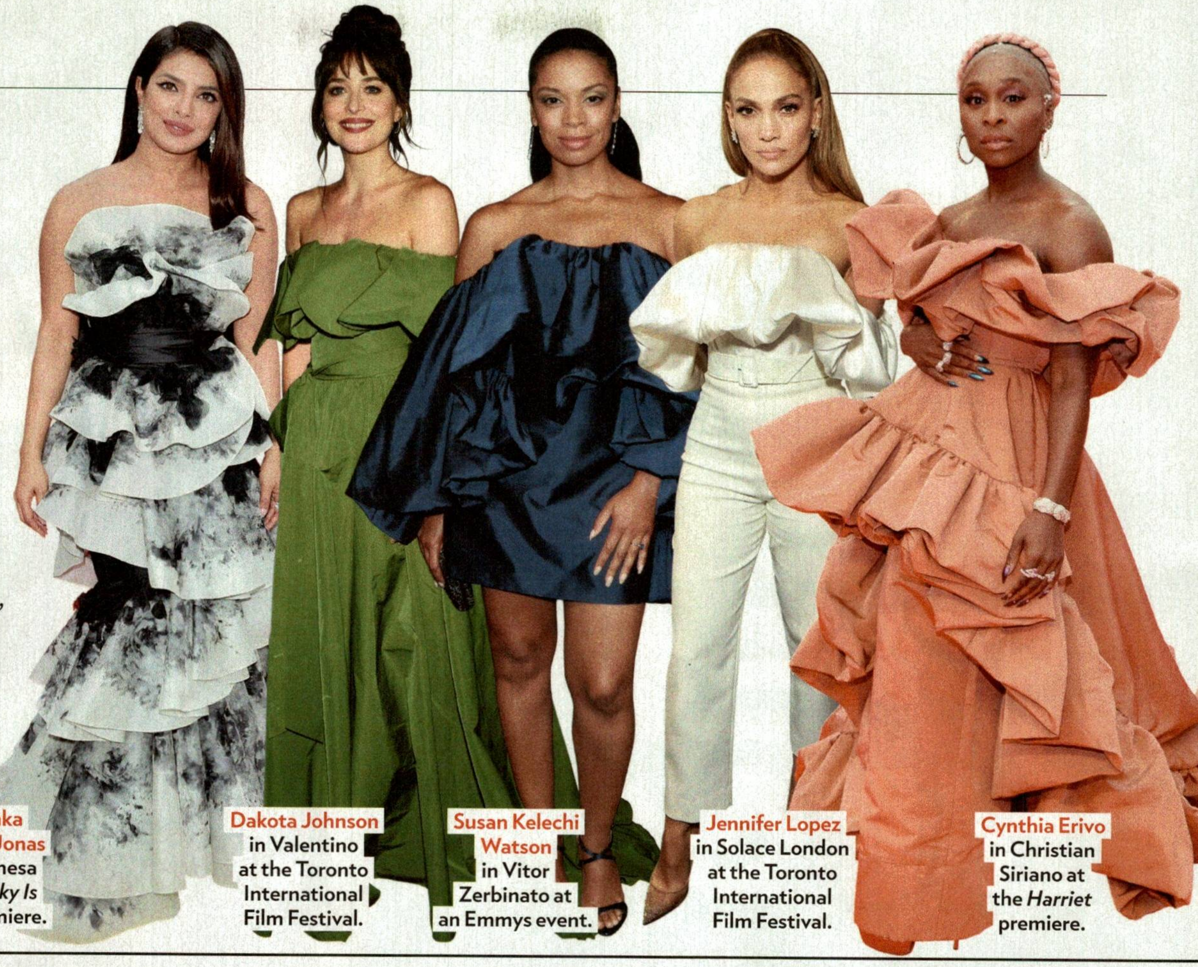
ALL FRILLS!

From a shoulder-grazing number to a tiered cascade and even a top with pants, stars are flaunting ruffles in a range of extravagant ways



Priyanka Chopra Jonas in Marchesa at *The Sky Is Pink* premiere.

Dakota Johnson in Valentino at the Toronto International Film Festival.

Susan Kelechi Watson in Vitor Zerbinato at an Emmys event.

Jennifer Lopez in Solace London at the Toronto International Film Festival.

Cynthia Erivo in Christian Siriano at the *Harriet* premiere.

FROM LEFT: MARGOT LANDEN(2); GEORGE PIMENTEL/GETTY IMAGES; EVAN AGOSTINI/INVISION/AP/SHUTTERSTOCK; KATRINA JORDAN/SIPA; STEFANIE KEENAN/GETTY IMAGES; GP IMAGES/GETTY IMAGES

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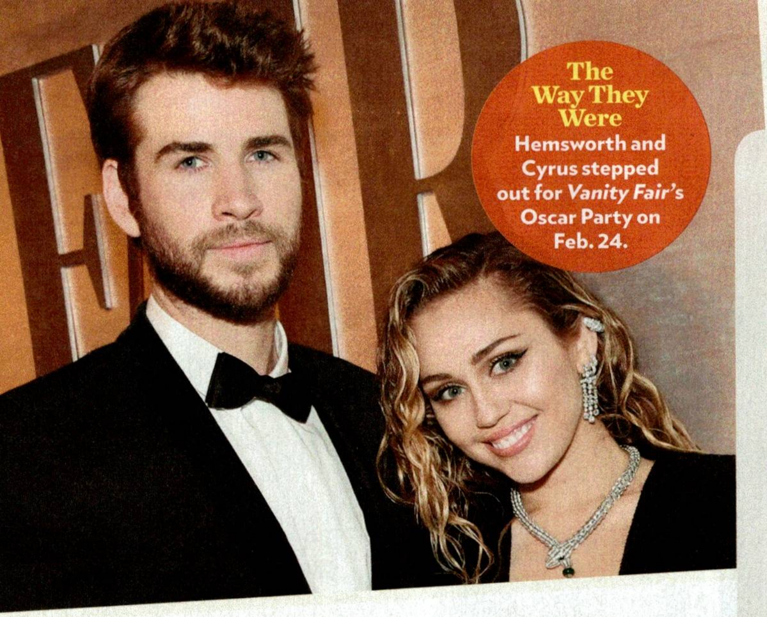
Their New Romances
Liam Hemsworth and Maddison Brown (left) held hands in N.Y.C. on Oct. 11. On Oct. 13 Miley Cyrus and Cody Simpson stepped out for coffee in L.A.

FROM LEFT: THE IMAGE DIRECT; P&P/MEGA

How Miley & Liam Are Moving On

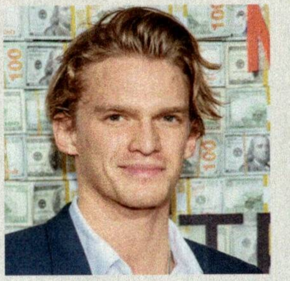
Two months after announcing the end of their marriage, Miley Cyrus and Liam Hemsworth are bouncing back with new romances on separate coasts. The singer (who confirmed her separation from the Australian actor on Aug. 10) has been spending time in Los Angeles with her boyfriend Australian singer Cody Simpson, while Hemsworth has been spotted out in New York City with a fellow Aussie: *Dynasty* actress Maddison Brown. "Miley knows that Liam is dating," a source close to Cyrus says. "You can tell that it stings a bit, but she is trying to focus on herself."

While Cyrus, 26, and Simpson, 22, have been friends for years, there was no doubt the relationship had turned romantic after Cyrus posted about their "morning make out session" on Oct. 4, following Cyrus's most recent split from social media influencer Kaitlynn Carter. "It is early, but their friendship is long-standing and deeper than people realize," says Matt Zeidman, Simpson's manager, of the new couple. "Though they originally met during their own wilder phases, they're both sober now and are focused on health, work and spending time together." Indeed, Simpson has been by Cyrus's side as she >>

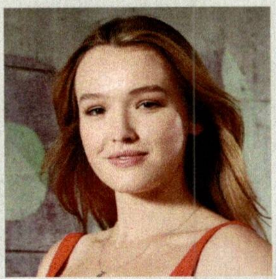


The Way They Were
Hemsworth and Cyrus stepped out for *Vanity Fair's* Oscar Party on Feb. 24.

MILEY & LIAM'S NEW FLAMES



Musician
Cody Simpson
Simpson shot to fame in 2010 with viral covers on YouTube. Next the Australian singer, who once dated Gigi Hadid, will drop a song he wrote about Cyrus. "She's pretty much forcing me to put [it] out," he told *People* Oct. 11.



Actress and Model
Maddison Brown
Like Hemsworth, Brown, who stars on the CW reboot of *Dynasty*, is an Australian expat. She played Nicole Kidman's daughter in the 2015 film *Strangerland* and has modeled for brands like Calvin Klein and Jason Wu.

recovers from tonsillitis surgery, though he stepped out solo for the Tiffany & Co. Men's Launch event in L.A. on Oct. 11. "We are very, very happy," Simpson said at the event, while also confirming that it's "safe to say" they're official.

Meanwhile Hemsworth, 29, was first linked to Brown, 22, after they were seen strolling the streets of New York City and enjoying a meal together on Oct. 10. "It's very new," a source close to Hemsworth says. "Liam is taking it slow, but he's definitely interested in her." The actor spent time with Brown again on Oct. 11 as they kissed and held hands during a night out in the city. "They looked really happy and into each other," an onlooker says of the pair, who hit up two bars on the Lower East Side. "There was lots of PDA." According to another source, Hemsworth and Brown met in the U.S. after being introduced by friends. "They have only known each other for a few weeks but are getting on great," says the source, adding that they connected over their similar upbringings. "Both being Aussies, their love for the beach and the fact that they share careers has bonded them. They are a very cute couple."

Though Cyrus and Hemsworth, who met on-set of their 2010 film *The Last Song,* have rekindled after past breakups, the source close to the singer contends, "this time is different. They are not getting back together, so Miley will continue to move on."

—BRIANNE TRACY with Pernilla Cedenheim and Melody Chiu

'MILEY THINKS CODY IS GREAT AND HAS ALWAYS VALUED HIS FRIENDSHIP'
—A SOURCE CLOSE TO CYRUS

Kevin Hart Still Recovering

A lawyer for Hart (in March 2018) said the actor may work "here and there" in the coming months, with a full return in 2020.

It's a long road to recovery for Kevin Hart after a car crash Sept. 1 near Malibu left him with serious back injuries. Per a report from the California Highway Patrol obtained by *TMZ,* Hart, 40, was not properly wearing his seat belt when his friend Jared Black lost control of the comedian's car and it landed 10 ft. off the road in a ditch. (Black was not under the influence; CHP said the crash was caused by reckless driving.) After the accident, Hart underwent surgery and was hospitalized 10 days before being discharged to a rehabilitation facility. In response to the CHP report, Hart's attorney released a statement, saying the actor "doesn't expect to be fully back to work until the new year." In a statement to *People,* Hart focused on Black and fellow passenger Rebecca Broxterman: "I have nothing but love for Jared and wish him and Rebecca a speedy recovery."

CLOCKWISE FROM TOP LEFT: KEVIN MAZUR/WIREIMAGE; ROY ROCHLIN/WIREIMAGE; RICHARD DOBSON/NEWSPIX/GETTY IMAGES; CHELSEA LAUREN/VARIETY/REX/SHUTTERSTOCK

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JEREMY RENNER HEIDI KLUM JAMES FRANCO JOHN CLEESE OMAR SY MICHAEL MADSEN LAURIE HOLDEN WITH ANJELICA HUSTON AND ALEC BALDWIN

ARCTIC DOGS

ENTERTAINMENT STUDIOS MOTION PICTURES AND AMBI MEDIA GROUP PRESENT IN ASSOCIATION WITH ASSEMBLAGE ENTERTAINMENT AND AIC STUDIOS MEDIA PLACEMENT SERVICES BY GLOBAL PICTURES MEDIA, LLC "ARCTIC DOGS" JEREMY RENNER HEIDI KLUM JAMES FRANCO JOHN CLEESE OMAR SY MICHAEL MADSEN LAURIE HOLDEN WITH ANJELICA HUSTON AND ALEC BALDWIN CASTING BY BRUNO ROSATO PRODUCTION DESIGNER BRANISLAV PERKOVIC EDITOR LESLEY MACKAY HUNTER ANIMATION DIRECTOR SATJIT MATHARU MUSIC BY DAVID BUCKLEY EXECUTIVE MUSIC PRODUCER JEYMES SAMUEL MUSIC SUPERVISOR MICHELLE SILVERMAN EXECUTIVE IN CHARGE OF PRODUCTION LUCA MATRUNDOLA CO-EXECUTIVE PRODUCERS MAX MADHAVAN ARJUN MADHAVAN EXECUTIVE PRODUCERS DANIELLE MALONI SERGIO NAVARRETTA BYRON ALLEN CAROLYN FOLKS JENNIFER LUCAS TERENCE HILL JESSICA FREEBORN CHRIS CHARALAMBOUS GRANT CRAMER CHAD DOHER RICHARD BARNER PRODUCER GRAHAM MOLOY PRODUCED BY ANDREA IERVOLINO MONIKA BACARDI BASED ON THE STORY CREATED BY MATTHEW LYON

PG SOME MILD ACTION AND RUDE HUMOR

WRITTEN BY BOB BARLEN CAL BRUNKER BRYAN THOMPSON AARON WOODLEY DIRECTED BY AARON WOODLEY

IN THEATERS NOVEMBER 1ST

See "Arctic Dogs" and help bring toys to patients at

Children's Hospital Los Angeles

Benefiting

Children's Hospital LOS ANGELES

SEE ARCTIC DOGS

Toy donation courtesy of Jakks Pacific

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TO SICK DAYS."

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Get a flu shot and all your flu season essentials at Rite Aid.*

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Vitamin C
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RITE AID
daytime
cold & flu relief
48 SOFTGELS
daylogic
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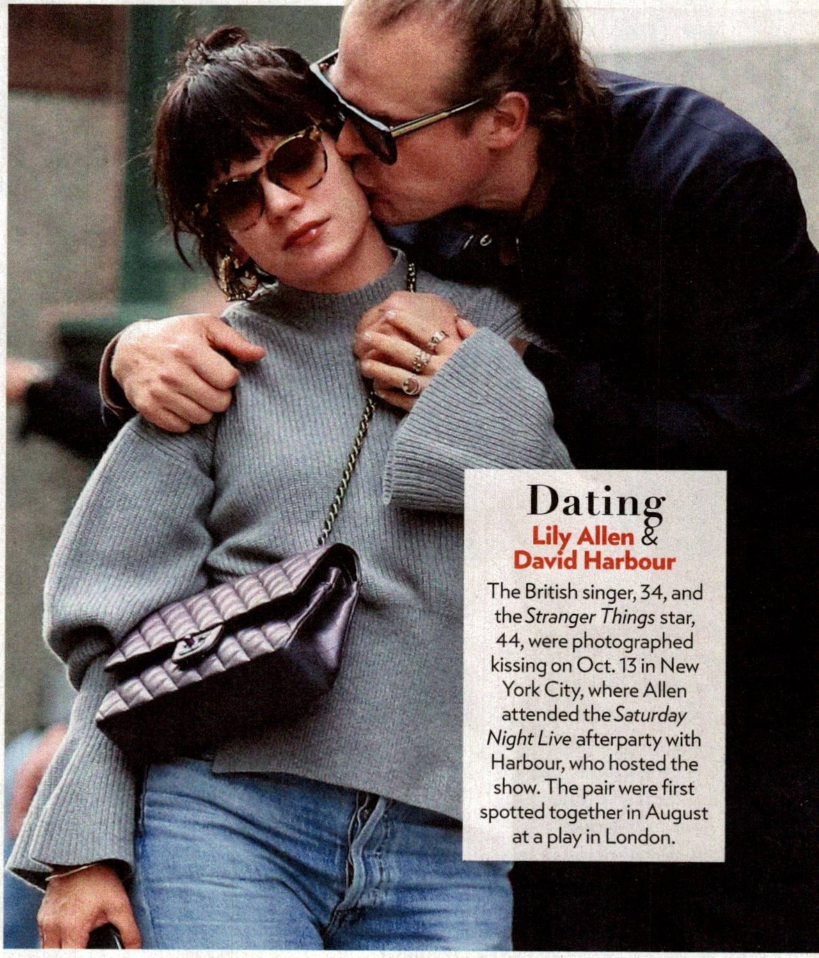
*Vaccines available while supplies last. Age restrictions apply in some states. **See pharmacist for details.

HEART MONITOR

Ready to Wed

Jennifer Lawrence & **Cooke Maroney**

As she prepares to walk down the aisle, the actress, 29, was spotted out at a spa and then a hair salon before getting dinner with her art dealer fiancé, 35, on Oct. 11 in New York City. "She's getting really excited about the wedding," a source said after the couple obtained their marriage license in September.



Dating

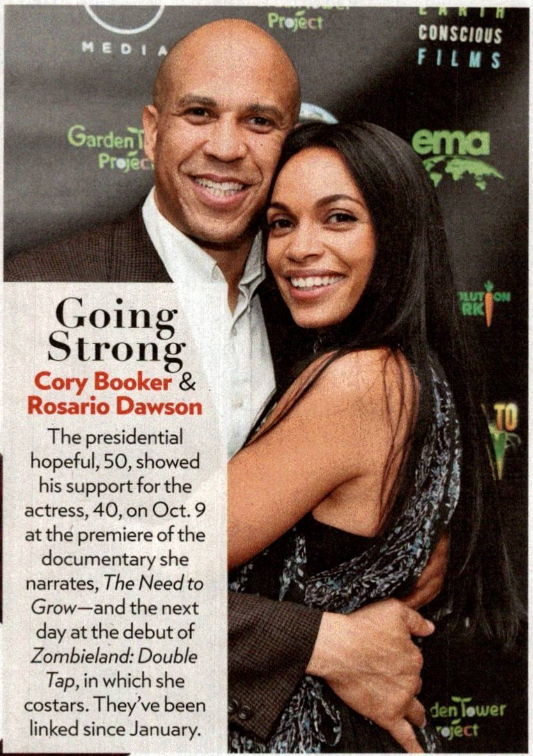
Lily Allen & **David Harbour**

The British singer, 34, and the *Stranger Things* star, 44, were photographed kissing on Oct. 13 in New York City, where Allen attended the *Saturday Night Live* afterparty with Harbour, who hosted the show. The pair were first spotted together in August at a play in London.

Happy Anniversary

Tim McGraw & **Faith Hill**

The Nashville power couple, both 52, celebrated their 23rd wedding anniversary on Oct. 6. "I can't wait for the next 50!!!" McGraw wrote on Instagram.



Going Strong

Cory Booker & **Rosario Dawson**

The presidential hopeful, 50, showed his support for the actress, 40, on Oct. 9 at the premiere of the documentary she narrates, *The Need to Grow*—and the next day at the debut of *Zombieland: Double Tap*, in which she costars. They've been linked since January.

CLOCKWISE FROM TOP LEFT: ELDER ORDONEZ/SPLASH NEWS; LRNYC/MEGA; ARAYA DIAZ/GETTY IMAGES; INVISION/AP/SHUTTERSTOCK

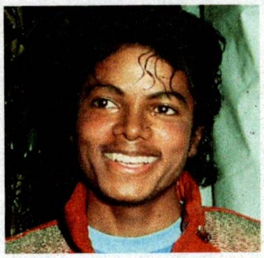
5 Revelations from Elton John's Tell-All

ME
ELTON
JOHN

In his new memoir Me, the Rocket Man, 72, dishes on everything from Princess Di's love life to overcoming his battle with addiction. Here, some of the book's biggest bombshells

1 | Diana Had Many Suitors

According to John, Richard Gere and Sylvester Stallone once fought over Princess Diana at a dinner party. The Grammy winner claims the actors were "about to settle their differences over Diana by having a fistfight."



2 | Michael Jackson Avoided Adults

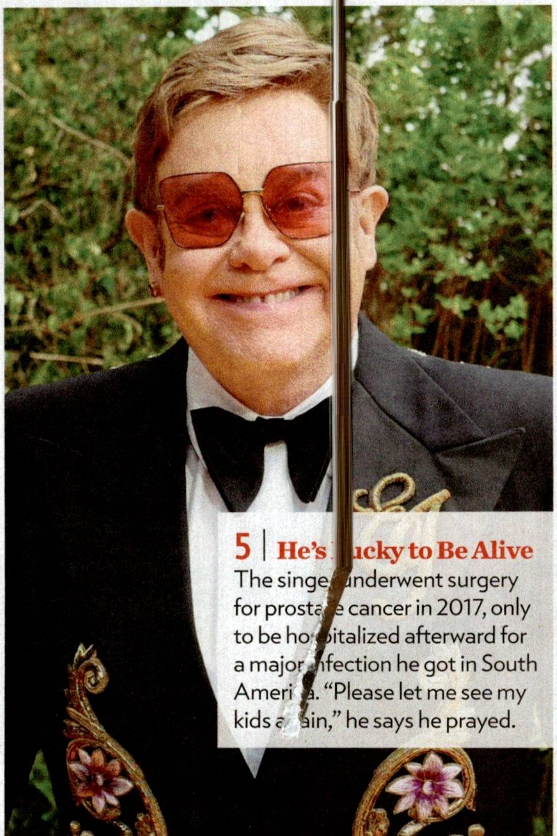
John once invited Jackson to a dinner party. But the *Thriller* singer left the table, only to be found hours later playing video games with John's housekeeper's son. "For whatever reason, he couldn't seem to cope with adult company at all," John writes.

3 | He Crashed the Stones' Stage

While high on cocaine, John—who got sober nearly 30 years ago—joined the Rolling Stones to perform "Honky Tonk Woman" at a 1975 concert. "I decided it was going so well I'd stay on and jam along to the rest of their set," he writes.

4 | His Mother Tried to Stop His Marriage

John always had a rocky relationship with his late mother, Sheila Farebrother. But he writes that she tried to stop his 2005 civil ceremony to husband David Furnish: "I was as happy as I could ever remember being. And that was the moment my mother turned up, in character as a raving sociopath."



5 | He's Lucky to Be Alive

The singer underwent surgery for prostate cancer in 2017, only to be hospitalized afterward for a major infection he got in South America. "Please let me see my kids again," he says he prayed.

Bachelor
Buzz

'Pilot Pete' Back On-Set After Accident

It was the mishap heard 'round the world! While in Costa Rica prepping to film a series of dates for the show, current Bachelor Peter Weber took a spill on a golf cart on Oct. 7 and ended up with a cut on his forehead that required an emergency hospital visit and stitches. Some exaggerated reports implied that Weber, 28, had significant injuries, but multiple insiders confirm that the pilot is doing just fine. "It wasn't as serious as what was being reported," says a show source, who notes that Weber was already back to filming one day after the accident. An insider confirmed that Weber's stitches were out after a few days, and that the fan favorite is firmly back and searching for love, filming in Chile. "My entire life [I've] looked forward to finding my girl," Weber said earlier this month. "I have all the faith in the world that this can work for me." —AILI NAHAS

CLOCKWISE FROM TOP RIGHT: ED HERRERA/ABC; GARETH CATTERMOLE/GETTY IMAGES; ANDY BUTTERTON/PA IMAGES/GETTY IMAGES; TIM GRAHAM/GETTY IMAGES; GLOBE/MEDIAPUNCH/SHUTTERSTOCK; L.J. VAN HOUTEN/REX/SHUTTERSTOCK; (BOOK) BRIEN FOY

Finding Balance
"A couple days I've cried from missing him. But it's mostly good to be back," Schumer said of son Gene (insets) on Instagram.

Amy Schumer Talks Life as a New Mom

Five months after giving birth to her first child, son Gene Atell, with husband Chris Fischer, 39, Amy Schumer is back to work on her Spotify podcast 3 Girls, 1 Keith, *now in its fourth season, and on-set for an upcoming project. The comedian, 38, talked about how things are going.*

How does it feel to be working again?
It's empowering. You get a piece of yourself back. But it is hard. I'm so fortunate—a lot of people have it a lot harder.

Between going back to work and being a new mom, who have you been leaning on for support?
Other mothers in the business. When you're shooting something, it's a 12-hour day, if you're lucky. Leaving the house before he's awake and getting home after he's gone to sleep—that's really challenging. Julia Louis-Dreyfus has been really helpful, Samantha Bee extended her advice, and Amber Tamblyn and a lot of other mommies. If you ask for what you need—when we had rehearsals and it was like, can you just please keep in mind I really would love to be able to see my baby?—people have been really willing, in my case, to help.

What kind of mom do you think you'll be?
I don't know yet. I'm really fearful. I know a lot of my friends have apps where they can track their kid all the time, and that seems just as terrifying. But I'm changing as a mother, month to month. I want to be a good mom.

You talk about your experience giving birth in the podcast. Were you scared?
Oh, yeah. Giving birth is the most terrifying thing you'll ever do that's completely worth it. My pregnancy was so hard—I was just ready to meet my son.

Now that you're a mom, is there anything you want to shed light on in your show?
Five months into being a mom, I'm most passionate about the actual pregnancy and giving-birth process. More than one-half of women in the U.S. don't have a medical or birthing professional when they give birth. It's real grim. Christy Turlington Burns started Every Mother Counts to help with that. And the idea that some women and their partners get no time off—there are so many issues that I'm feeling strongly about.

How's this season of *3 Girls, 1 Keith* going?
It's going really well. I think we're getting better at it. I can't believe we still have a podcast. I'm surprised we have sponsors, but whatever—all these murder shows have sponsors! I'm glad we're still in business.

'IT'S EMPOWERING. YOU GET A PIECE OF YOURSELF BACK. BUT IT IS HARD. I'M FORTUNATE'
—SCHUMER ON WORKING AGAIN

How did you choose your guests this time around?
I was on Martha's Vineyard for most of the summer, which is where my husband's from. So, that's how we got some of the guests—Seth Meyers is my friend, and John Kerry. We're talking about issues that are pressing and also keep it fun.

Are there things you can't discuss on the show?
I don't think so. It's been really liberating and educational for me. This is now our fourth season that we've been talking unfiltered, and I have not been canceled yet! We want to be helpful but also be authentic.

—CONCHITA WIDJOJO

Schumer and husband Chris Fischer in June 2018.

TOP LEFT: STEVE GRANITZ/WIREIMAGE; BOTTOM: WALTER MCBRIDE/WIREIMAGE

Not actual patients.

Indications and Usage

What is Saxenda®?

Saxenda® (liraglutide) injection 3 mg is an injectable prescription medicine that may help some adults with excess weight (BMI ≥27) who also have weight-related medical problems or obesity (BMI ≥30) lose weight and keep the weight off. Saxenda® should be used with a reduced-calorie meal plan and increased physical activity

- Saxenda® is not for the treatment of type 2 diabetes
- Saxenda® and Victoza® have the same active ingredient, liraglutide, and should not be used together
- Saxenda® should not be used with other GLP-1 receptor agonist medicines
- Saxenda® and insulin should not be used together
- It is not known if Saxenda® is safe and effective when taken with other prescription, over-the-counter, or herbal weight-loss products
- It is not known if Saxenda® changes your risk of heart problems or stroke or of death due to heart problems or stroke
- It is not known if Saxenda® can be used safely in people who have had pancreatitis
- It is not known if Saxenda® is safe and effective in children under 18 years of age. Saxenda® is not recommended for use in children

Important Safety Information

What is the most important information I should know about Saxenda®?

Serious side effects may happen in people who take Saxenda®, including:

Possible thyroid tumors, including cancer. Tell your health care professional if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rats and mice, Saxenda® and medicines that work like Saxenda® caused thyroid tumors, including thyroid cancer. It is not known if Saxenda® will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people.

Do not use Saxenda if you or any of your family have ever had MTC, or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).

Who should not use Saxenda®?

Do not use Saxenda® if:

- you or any of your family have a history of MTC
- you have MEN 2. This is a disease where people have tumors in more than one gland in their body
- you are allergic to liraglutide or any of the ingredients in Saxenda®. Symptoms of a serious allergic reaction may include: swelling of your face, lips, tongue, or throat, fainting or feeling dizzy, very rapid heartbeat, problems breathing or swallowing, and severe rash or itching

Talk with your health care provider if you are not sure if you are pregnant or planning to become pregnant. Saxenda® may harm your unborn baby

Before taking Saxenda®, tell your health care provider about all of your medical conditions, including if you:

- have any of the conditions listed in the section "What is the most important information I should know about Saxenda®?"
- are taking certain medications called GLP-1 receptor agonists
- are allergic to liraglutide or any of the other ingredients in Saxenda®
- have severe problems with your stomach, such as slowed emptying of your stomach (gastroparesis) or problems with digesting food
- have or have had problems with your pancreas, kidneys or liver
- have or have had depression or suicidal thoughts
- are pregnant or plan to become pregnant. Saxenda® may harm your unborn baby. Tell your health care provider if you become pregnant while taking Saxenda®. If you are pregnant you should stop using Saxenda®
- are breastfeeding or plan to breastfeed. It is not known if Saxenda® passes into your breast milk. You and your health care provider should decide if

novo nordisk®

WHEN IT COMES TO LOSING WEIGHT AND KEEPING IT OFF

WE'VE ALWAYS HAD THE WILL. NOW WE HAVE ANOTHER WAY.

Managing obesity like the long-term disease it is requires more than willpower alone. Adding Saxenda® to a reduced-calorie meal plan and increased physical activity may help you lose weight and keep it off.

When you lose weight, your body's response includes an increase in the hunger hormone and a decrease in fullness hormones, undermining your ability to lose weight and keep it off.

Saxenda® works like a fullness hormone naturally produced by your body that is thought to regulate appetite—helping you to eat less, so you can lose weight and keep it off.

56% of people achieved significant weight loss at year 1, and approximately half of them maintained weight loss at 3 years when taking Saxenda® added to a reduced-calorie meal plan and increased physical activity.[a]

Tell your health care provider about your efforts to lose weight and keep it off, and ask for FDA-approved Saxenda®

Check your prescription coverage and then activate a Savings Card at Saxenda.com/AnotherWay

Saxenda®
liraglutide injection 3 mg

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[a] In a 3-year study, 2,254 adults with pre-diabetes and BMI ≥30 or ≥27 with one or more weight-related conditions were given Saxenda® (1,505 people) or placebo (749 people) added to a reduced-calorie meal plan and increased physical activity. The study looked at how many people lost ≥5% of their body weight. At year 1, 891 people on Saxenda® (56%) lost ≥5% of their weight vs 182 patients on placebo (25%). After 3 years, 747 people on Saxenda® and 322 people on placebo remained and had their weight measured. 391 of those people on Saxenda® (26%) lost ≥5% of their weight at both the 1- and 3-year marks vs 74 people on placebo (10%).

Important Safety Information (cont'd)

you will take Saxenda® or breastfeed. You should not do both without talking with your health care provider first. Tell your health care provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Saxenda® slows stomach emptying and can affect medicines that need to pass through the stomach quickly. Saxenda® may affect the way some medicines work and some other medicines may affect the way Saxenda® works. Tell your health care provider if you take diabetes medicines, especially sulfonylurea medicines or insulin

How should I use Saxenda®?

- Inject your dose of Saxenda® under the skin (subcutaneous injection) in your stomach area (abdomen), upper leg (thigh), or upper arm, as instructed by your health care provider. **Do not inject into a vein or muscle**
- Never share your Saxenda® pen or needles with another person. You may give an infection to them, or get an infection from them

What are the possible side effects of Saxenda®?

Saxenda® may cause serious side effects, including:

- **possible thyroid tumors, including cancer**
- **inflammation of the pancreas (pancreatitis).** Stop using Saxenda® and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back
- **gallbladder problems.** Saxenda® may cause gallbladder problems, including gallstones. Some gallbladder problems need surgery. Call your health care provider if you have any of the following symptoms: pain in your upper stomach (abdomen), fever, yellowing of your skin or eyes (jaundice), and clay-colored stools
- **low blood sugar (hypoglycemia) in people with type 2 diabetes who also take medicines to treat type 2 diabetes.** Saxenda® can cause low blood sugar in people with type 2 diabetes who also take medicines used to treat type 2 diabetes (such as sulfonylureas). In some people, the blood sugar may get so low that they need another person to help them. If you take a sulfonylurea medicine, the dose may need to be lowered while you use Saxenda®. Signs and symptoms of low blood sugar may include: shakiness, sweating, headache, drowsiness, weakness, dizziness, confusion, irritability, hunger, fast heartbeat, and feeling jittery. You should check your blood sugar before you start taking Saxenda® and while you take Saxenda®
- **increased heart rate.** Saxenda® can increase your heart rate while you are at rest. Your health care provider should check your heart rate while you take Saxenda®. Tell your health care professional if you feel your heart racing or pounding in your chest and it lasts for several minutes when taking Saxenda®
- **kidney problems (kidney failure).** Saxenda® may cause nausea, vomiting, or diarrhea leading to loss of fluids (dehydration). Dehydration may cause kidney failure, which can lead to the need for dialysis. This can happen in people who have never had kidney problems before. Drinking plenty of fluids may reduce your chance of dehydration. Call your health care provider right away if you have nausea, vomiting, or diarrhea that does not go away, or if you cannot drink liquids by mouth
- **serious allergic reactions.** Serious allergic reactions can happen with Saxenda®. Stop using Saxenda® and get medical help right away if you have any symptoms of a serious allergic reaction
- **depression or thoughts of suicide.** You should pay attention to any mental changes, especially sudden changes, in your mood, behaviors, thoughts, or feelings. Call your health care provider right away if you have any mental changes that are new, worse, or worry you

Common side effects of Saxenda® include nausea, diarrhea, constipation, headache, vomiting, low blood sugar (hypoglycemia), decreased appetite, upset stomach, tiredness, dizziness, stomach pain, and changes in enzyme (lipase) levels in your blood. Nausea is most common when first starting Saxenda®, but decreases over time in most people as their body gets used to the medicine. Tell your health care professional if you have any side effect that bothers you or that does not go away.

Please see Brief Summary of Information about Saxenda® on the following page.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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Saxenda®
liraglutide injection 3mg

Brief Summary of Information about Saxenda® (liraglutide) injection 3 mg

Rx Only

This information is not comprehensive. How to get more information:

- Talk to your healthcare provider or pharmacist
- Visit www.novo-pi.com/saxenda.pdf to obtain the FDA-approved product labeling
- Call 1-844-363-4448

What is the most important information I should know about Saxenda®?

Serious side effects may happen in people who take Saxenda®, including:

Possible thyroid tumors, including cancer. Tell your healthcare provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rats and mice, Saxenda® and medicines that work like Saxenda® caused thyroid tumors, including thyroid cancer. It is not known if Saxenda® will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people.

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- Saxenda® and insulin should not be used together.
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- It is not known if Saxenda® can be used safely in people who have had pancreatitis.
- It is not known if Saxenda® is safe and effective in children under 18 years of age. Saxenda® is not recommended for use in children.

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Do not use Saxenda® if:

- you or any of your family have a history of medullary thyroid carcinoma.
- you have Multiple Endocrine Neoplasia syndrome type 2 (MEN 2). This is a disease where people have tumors in more than one gland in their body.
- you are allergic to liraglutide or any of the ingredients in Saxenda®.
  - Symptoms of a serious allergic reaction may include:
    - swelling of your face, lips, tongue, or throat
    - problems breathing or swallowing
    - fainting or feeling dizzy
    - severe rash or itching
    - very rapid heartbeat

Talk with your healthcare provider if you are not sure if you have any of these conditions.

- are pregnant or planning to become pregnant. Saxenda® may harm your unborn baby.

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- have or have had problems with your pancreas, kidneys or liver.
- have or have had depression or suicidal thoughts.
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- are breastfeeding or plan to breastfeed. It is not known if Saxenda® passes into your breast milk. You and your healthcare provider should decide if you will take Saxenda® or breastfeed. You should not do both without talking with your healthcare provider first.

Tell your healthcare provider about all the medicines you take including prescription and over-the-counter medicines, vitamins, and herbal supplements. Saxenda® slows stomach emptying and can affect medicines that need to pass through the stomach quickly. Saxenda® may affect the way some medicines work and some other medicines may affect the way Saxenda® works. Tell your healthcare provider if you take diabetes medicines, especially sulfonylurea medicines or insulin.

How should I use Saxenda®?

- Inject your dose of Saxenda® under the skin (subcutaneous injection) in your stomach area (abdomen), upper leg (thigh), or upper arm, as instructed by your healthcare provider. **Do not inject into a vein or muscle.**
- If you take too much Saxenda®, call your healthcare provider right away. Too much Saxenda® may cause severe nausea and vomiting.
- Never share your Saxenda® pen or needles with another person. You may give an infection to them, or get an infection from them.

What are the possible side effects of Saxenda®?

- **Saxenda® may cause serious side effects, including: possible thyroid tumors, including cancer.** See "What is the most important information I should know about Saxenda®?"
- **inflammation of the pancreas (pancreatitis).** Stop using Saxenda® and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without vomiting. You may feel the pain from your abdomen to your back.
- **gallbladder problems.** Saxenda® may cause gallbladder problems including gallstones. Some gallbladder problems need surgery. Call your healthcare provider if you have any of the following symptoms:
  - pain in your upper stomach (abdomen)
  - yellowing of your skin or eyes (jaundice)
  - fever
  - clay-colored stools
- **low blood sugar (hypoglycemia) in people with type 2 diabetes mellitus who also take medicines to treat type 2 diabetes mellitus.** Saxenda® can cause low blood sugar in people with type 2 diabetes mellitus who also take medicines used to treat type 2 diabetes mellitus (such as sulfonylureas). In some people, the blood sugar may get so low that they need another person to help them. If you take a sulfonylurea medicine, the dose may need to be lowered while you use Saxenda®. Signs and symptoms of low blood sugar may include:
  - shakiness
  - dizziness
  - feeling jittery
  - weakness
  - fast heartbeat
  - drowsiness
  - hunger
  - headache
  - irritability
  - sweating
  - confusion

Talk to your healthcare provider about how to recognize and treat low blood sugar. Make sure that your family and other people who are around you a lot know how to recognize and treat low blood sugar. You should check your blood sugar before you start taking Saxenda® and while you take Saxenda®.

- **increased heart rate.** Saxenda® can increase your heart rate while you are at rest. Your healthcare provider should check your heart rate while you take Saxenda®. Tell your healthcare provider if you feel your heart racing or pounding in your chest and it lasts for several minutes when taking Saxenda®.
- **kidney problems (kidney failure).** Saxenda® may cause nausea, vomiting or diarrhea leading to loss of fluids (dehydration). Dehydration may cause kidney failure which can lead to the need for dialysis. This can happen in people who have never had kidney problems before. Drinking plenty of fluids may reduce your chance of dehydration.

Call your healthcare provider right away if you have nausea, vomiting, or diarrhea that does not go away, or if you cannot drink liquids by mouth.

- **serious allergic reactions.** Serious allergic reactions can happen with Saxenda®. Stop using Saxenda®, and get medical help right away if you have any symptoms of a serious allergic reaction. See "**Who should not use Saxenda®**".
- **depression or thoughts of suicide.** You should pay attention to any mental changes, especially sudden changes, in your mood, behaviors, thoughts, or feelings. Call your healthcare provider right away if you have any mental changes that are new, worse, or worry you.

The most common side effects of Saxenda® include:

- nausea
- dizziness
- stomach pain
- tiredness
- headache
- diarrhea
- constipation
- change in enzyme (lipase) levels in your blood
- decreased appetite
- vomiting
- low blood sugar (hypoglycemia)
- upset stomach

Nausea is most common when first starting Saxenda®, but decreases over time in most people as their body gets used to the medicine.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of Saxenda®. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

Keep your Saxenda® pen, pen needles, and all medicines out of the reach of children.

For more information, go to saxenda.com or call 1-844-363-4448.

Manufactured by: Novo Nordisk A/S, DK-2880 Bagsvaerd, Denmark

More detailed information is available upon request.

Available by prescription only.

For information about Saxenda® contact: Novo Nordisk Inc. 800 Scudders Mill Road, Plainsboro, NJ 08536 1-844-363-4448

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PATENT Information:
http://novonordisk-us.com/patients/products/product-patents.html

Revised: SEPTEMBER 2016, VERSION 2

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Adam Devine

How Humor Saved My Life

When Adam Devine was 11 years old, he nearly died after being hit by a cement truck as he was crossing the street. He spent two weeks in a coma, and underwent 26 surgeries over several years to save his legs. But the comedian and star of *Jexi,* a new comedy about his phone's Siri-like assistant taking over his life, says what didn't kill him made him stronger. "When you have a near-death experience, you realize how short your life is," he says. "So I decided to take comedy really seriously, even though I was only 14. Why not shoot for the moon?"

He's now grateful he started doing stand-up at such a young age. "I was too naive and young to know how difficult it was and how scary it should be," he says. "I was like, 'I'm just gonna bomb, and then get up and do it again, and then someday I'll be good!'" He was right. The actor, 35, has costarred in rom-coms (*Pitch Perfect, Isn't it Romantic*) and takes the lead role in *Jexi.* Devine hopes to tackle more dramatic roles as well. "I'm not going to limit myself," he says. "The goal is to be an old person and look back and think, 'I got to do a little bit of everything.'"

Is he as addicted to his phone as his *Jexi* character is? Guilty. "I use Waze to get anywhere, then take seven aggressive hard lefts just so I can save two minutes getting home," he says. He's also just a *little* bit scared of artificial intelligence in real life. "I'll see a pair of shoes out in the world and mentally go, 'Oh, I like those,' and then suddenly my phone will be like, 'Do you like these shoes?' And I'm just like, 'Why, you tricky little b----!'" —**GILLIAN TELLING**

> **'I WAS A FUNNY KID, BUT THE ACCIDENT MADE ME REALLY FOCUS ON COMEDY AT A YOUNG AGE'**

Workaholic
"It's not even about working hard," says Devine (in *Jexi,* above left; he also stars in Netflix's *Green Eggs and Ham*). "I get a chance to live my dream."

Joe (with Teresa in 2016) showed off a dramatic weight loss—from a change in diet, fitness and no drinking—in an Oct. 13 Instagram post with his brother Pete (inset, right).

CLOCKWISE FROM TOP LEFT: DAVID MOIR/CBS FILMS; PETER YANG/AUGUST; PAUL ZIMMERMAN/GETTY IMAGES

Joe Giudice Deportation Update

Hoping to Come Home Soon

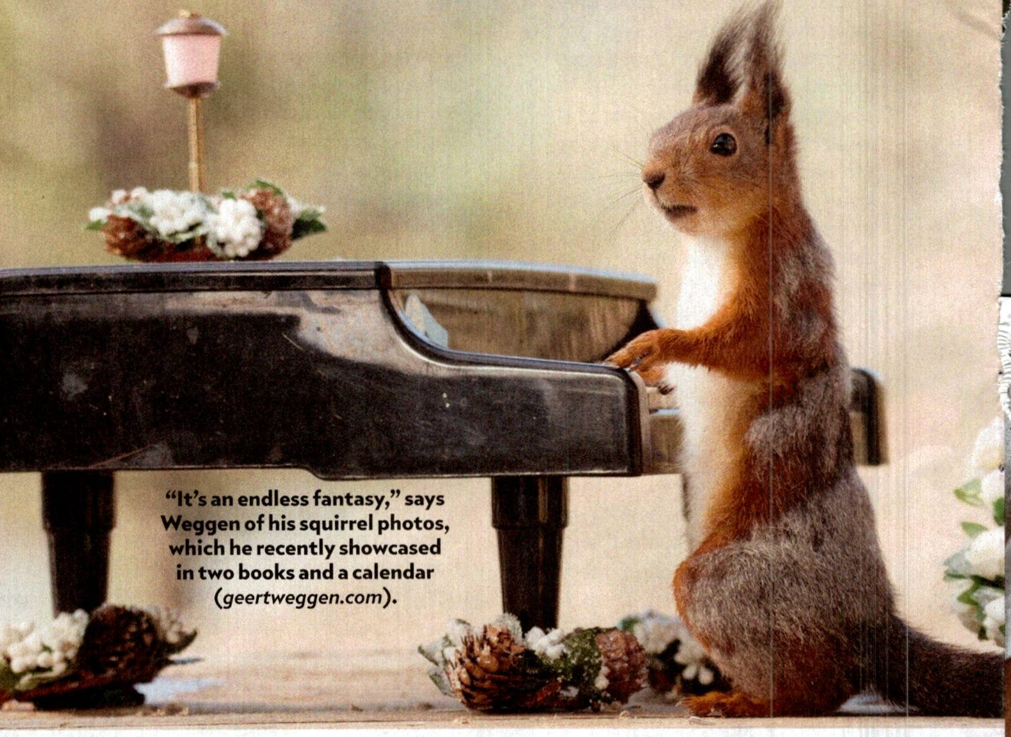
Joe Giudice's deportation saga continues. On Oct. 11 the husband of *Real Housewives of New Jersey* star Teresa Giudice was released from Immigration and Customs Enforcement custody and flew back to his native Italy, where he will continue to appeal a judge's deportation order due to his 2016 felony. "He is extremely happy to be released," says his lawyer, James J. Leonard Jr. After serving a 41-month sentence for mail, wire and bankruptcy fraud at Pennsylvania's Clinton County Correctional Center, Joe, 49—who has lived in the U.S. since he was a child but never obtained citizenship—was first detained by ICE in March. Now he is staying with his brother Pete (inset) in Rome and is focused on reuniting with Teresa, 47, and daughters Gia, 18, Gabriella, 15, Milania, 13, and Audriana, 10. "They're praying he wins his appeal to come back," says a source, but in the meantime the family is "planning a visit to see him in Italy soon." —DANA ROSE FALCONE with Emily Strohm

Stories to Make You Smile!

A photographer turns his neighborhood squirrels into stars

BISPGARDEN, SWEDEN

"Every squirrel has a speciality," says Swedish photographer Geert Weggen, 51, who started shooting the little critters seven years ago on the open balcony outside his kitchen window. Using miniature props and flowers and vegetables from his garden, Weggen builds tiny sets with bait like nuts, peanut butter and sunflower seeds. Then he waits for his furry friends to strike just the right pose. "Sometimes I have two or three different scenes, and squirrels can go from one to another," says Weggen, whose camera is connected to his computer screen, so he can watch at all times. "Squirrels can do more than many animals," he adds. "Almost everything I can do with humans, I can do with squirrels. They're lovely, interesting. I love them."

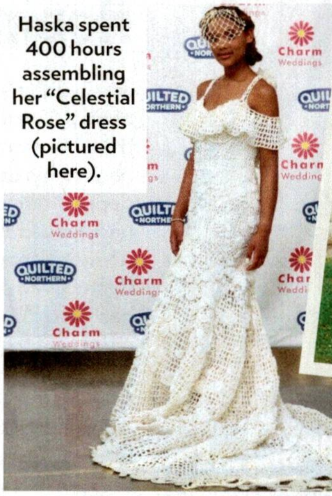


"It's an endless fantasy," says Weggen of his squirrel photos, which he recently showcased in two books and a calendar (*geertweggen.com*).

Here comes the bride—in a dress made of toilet paper

NEW YORK CITY

And the bride wore... Quilted Northern. At least that was the case at the brand's 15th annual Toilet Paper Wedding Dress Contest, where Mimoza Haska, of Surfside Beach, S.C., won first place and $10,000 for her elaborate crocheted gown fashioned from 48 rolls of toilet paper, tape and glue. "We loved the fact that it's crocheted—bringing a different approach than what we normally see," says contest co-creator Susan Bain of the dress, which featured a long train and three faux roses. "I've always had an eye for fashion and beauty," explains Haska, a 43-year-old hairstylist, who also won the contest in 2013. "I love a good challenge. We don't just make toilet paper wedding dresses, we make art."



Haska spent 400 hours assembling her "Celestial Rose" dress (pictured here).

JUST MARRIED

Susan Brennan placed 12th out of more than 1,500 entries.

CLOCKWISE FROM BOTTOM RIGHT: COURTESY SUSAN BRENNAN; CHARM WEDDINGS/QUILTED NORTHERN; GEERT WEGGEN(3)

By Sue Carswell and Wendy Grossman Kantor

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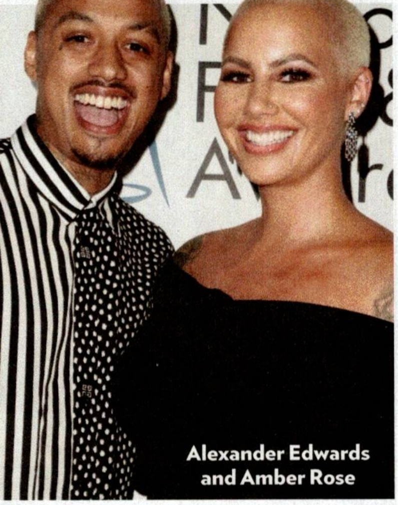


Alexander Edwards and Amber Rose

Babies

Model **Amber Rose,** 35, and her boyfriend, music executive **Alexander "AE" Edwards,** 32, welcomed their first child, a son named **Slash.** Rose is also mom to 6-year-old son **Sebastian,** whom she shares with ex-husband **Wiz Khalifa.** ● Lifestyle guru and former *The Hills* star **Lauren Conrad,** 33, and her lawyer husband **William Tell,** 39, welcomed their second son, **Charlie.** The little guy joins big brother **Liam,** 2. ● "Torn" singer **Natalie Imbruglia,** 44, had her first child, a baby boy named **Max.** She had previously revealed she used IVF and a sperm donor. ● Former congressman **Sean Duffy,** 48, and *Fox Nation* host **Rachel Campos-Duffy,** 47, both MTV's *The Real World* alumni, welcomed their ninth child, daughter **Valentina.** Their eight other children are **Patrick,** 3, **Margarita,** 5, **Maria-Victoria,** 9, **Paloma,** 11, **John-Paul,** 13, **Lucia-Belén,** 15, **Xavier,** 17, and **Evita,** 20.

Health

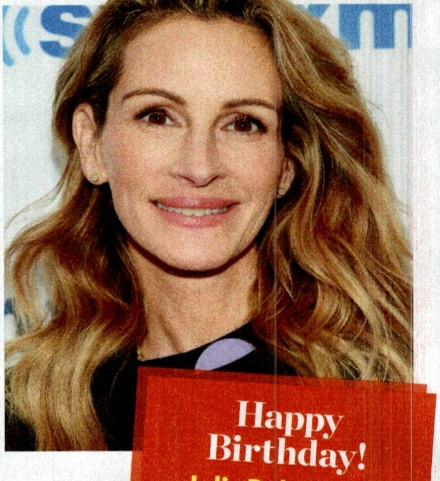
Heather Locklear, 58, completed her 30-day court-ordered rehab treatment after pleading no contest to a pair of arrests in 2018. She's now in a structured outpatient care plan. ● **Ryan Murphy,** 53, revealed his 5-year-old son **Ford** is "cancer free." Ford was diagnosed with neuroblastoma when he was 18 months old.

Deaths

Karen Pendleton, an original *Mickey Mouse Club* Mouseketeer who starred on the show from 1955-59, died of a heart attack. She was 73. ● *Hamilton* Chicago lead star **Miguel Cervantes's** daughter **Adelaide** died in hospice care, just days shy of her 4th birthday. The little girl suffered from epileptic seizures most of her life, though a cause was never found. ● K-pop star **Sulli,** a former member of the popular girl group f(x), was found dead in her apartment. She was 25.

Karen Pendleton

By Ale Russian



Happy Birthday!

Julia Roberts, 52
Oct. 28, 1967

Ryan Reynolds, 43
Oct. 23, 1976

Katy Perry, 35
Oct. 25, 1984

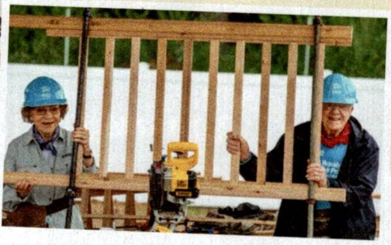
CLOCKWISE FROM TOP RIGHT: MIKE COPPOLA/GETTY IMAGES; EVERETT; ANN SUMMA/GETTY IMAGES; JASON ASTEROS/HABITAT FOR HUMANITY INTERNATIONAL; ANNALISE KAYLOR/HABITAT FOR HUMANITY INTERNATIONAL; MEDIAPUNCH/SHUTTERSTOCK

Why I *Care*

PERSONAL STORIES ABOUT GIVING BACK

Jimmy Carter

The former president, 95, has been working with Habitat for Humanity to build homes for those in need for 36 years



The Carters (in Indiana in 2018) will build homes in the Dominican Republic next year.

My wife, Rose [Rosalynn, 92], and I had built Habitat houses in Georgia, but in 1984 I went to New York City to give the homily in an Eastern Orthodox church. I was jogging every morning, so I jogged out to a Habitat site. It was a six-story building in really dilapidated shape. I said, "We need to bring some volunteers in to help." The head of Habitat saw that on TV, so when I got home to Georgia, he'd arranged a bus—we filled it up with 42 volunteers and went back. We knew then that we'd undertaken a very enjoyable hobby that we could do anywhere. We've devoted 36 years to Habitat; by the end of this year, we'll have helped build 4,500 homes. When we meet the owners, they're very proud. One of the things Jesus taught was: If you have any talents, try to utilize them for others. That's what Rose and I have tried to do. —**REPORTED BY ADAM CARLSON**

For more information, go to **habitat.org**

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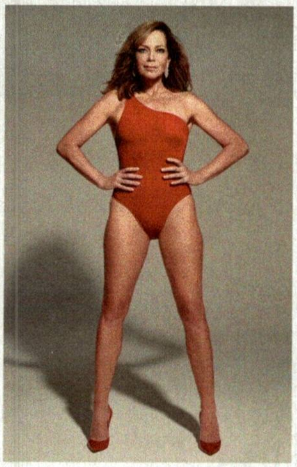
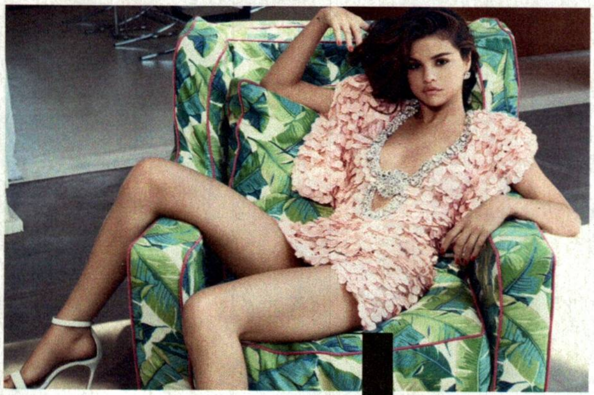
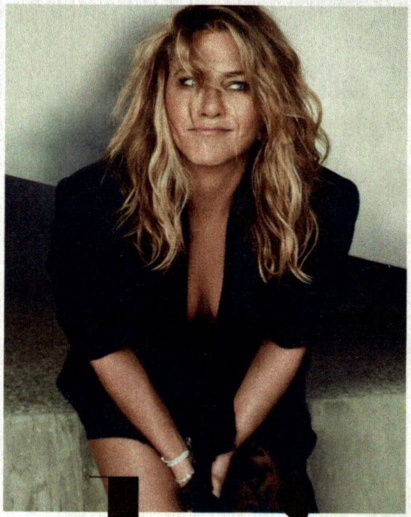
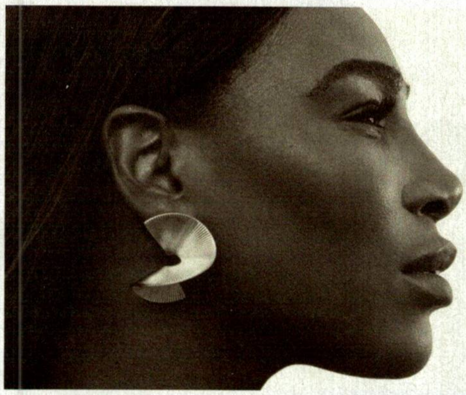
InStyle

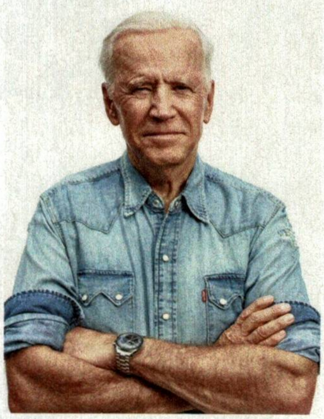


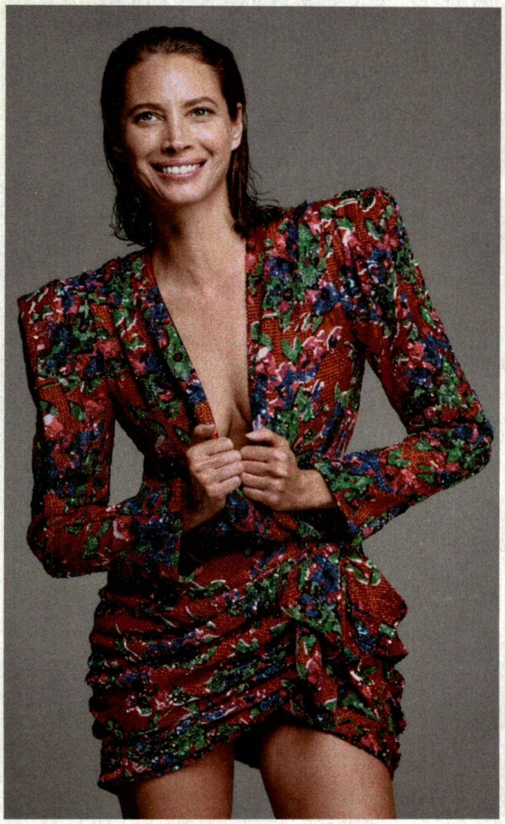


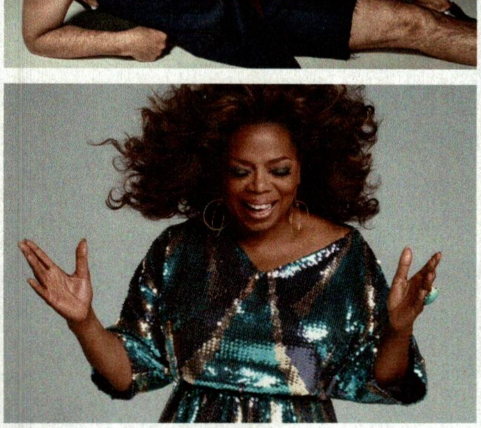


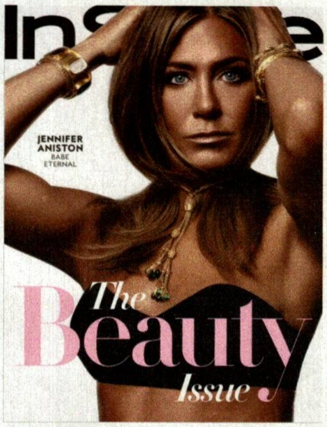
Everybody's IN







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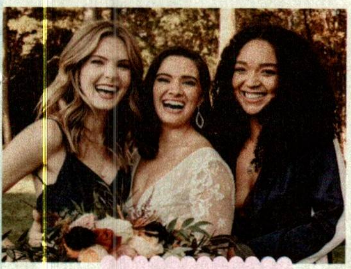
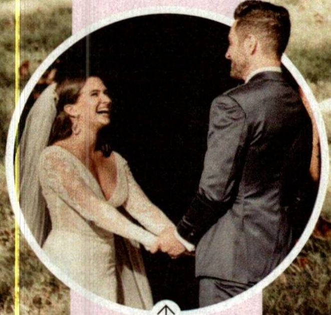


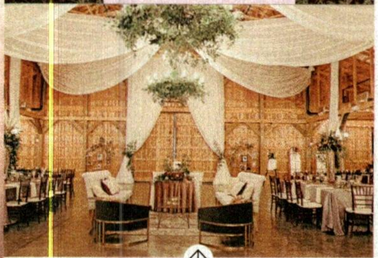
"I'm so excited to call him my husband!" says Stevens (below with their dog Winnie).

ALL THE DETAILS!

Bold Beauties "They're incredible," says Stevens (with Meghann Fahy and Aisha Dee) of her *Bold Type* cast's support.



Their Looks Stevens wore a Flora lace gown, while DiGiovanni was clad in a Grayscale suit in which Stevens placed a piece of his late mother's wedding dress as a sweet surprise.



The Venue The Nashville-based couple held their reception in a cedar barn at Saddle Woods Farm. "We're both nature lovers," says Stevens.

Scan this QR code with your phone's camera to watch *People Weddings: Katie Stevens and Paul DiGiovanni* on PeopleTV.

Katie Stevens & Paul DiGiovanni

Oct. 12, 2019, Murfreesboro, Tenn.

Before Katie Stevens, who stars on the Freeform hit *The Bold Type*, exchanged vows with musician Paul DiGiovanni, she couldn't help but get a little emotional. "I was walking between a sea of people all beaming with love and happiness, and at the end of it I got to be with Paul," says Stevens, 26, who walked down the aisle as her costar Meghann Fahy and friend Betty Who sang "Can't Help Falling in Love." Says DiGiovanni of his bride: "She looked like an angel." After the ceremony, Stevens and DiGiovanni—who met nearly six years ago through a mutual friend—joined their 250 guests, including Sarah Hyland and Dan Smyers and Shay Mooney (of Dan + Shay), at a rousing reception where the newlyweds shared their first dance to Ben Rector's "I Will Always Be Yours." Friends and family enjoyed a custom taco bar and carrot cake before hitting the dance floor as DiGiovanni, 31, performed onstage with his Boys Like Girls bandmates. "I can't wait to see how life will unfold from here," says DiGiovanni. Adds Stevens: "I'm so excited to have my best friend by my side for life." —**MELODY CHIU**

Photographs by VICTORIA BONVICINI

Needles. Essential
for pine trees.

What is XELJANZ/XELJANZ XR?

XELJANZ/XELJANZ XR (tofacitinib) is a prescription medicine called a Janus kinase (JAK) inhibitor used to treat:

- Adults with moderately to severely active rheumatoid arthritis in whom methotrexate did not work well or cannot be tolerated
- Adults with active psoriatic arthritis in which methotrexate or other similar medicines called nonbiologic disease-modifying antirheumatic drugs (DMARDs) did not work well or cannot be tolerated

It is not known if XELJANZ/XELJANZ XR is safe and effective in children or in people with Hepatitis B or C.

XELJANZ/XELJANZ XR is not recommended for people with severe liver problems.

IMPORTANT SAFETY INFORMATION

What is the Most Important Information I should know about XELJANZ/XELJANZ XR?

XELJANZ/XELJANZ XR may cause serious side effects, including:

Serious infections. XELJANZ/XELJANZ XR can lower the ability of your immune system to fight infections. Some people can have serious infections while taking XELJANZ/XELJANZ XR, including tuberculosis (TB), and infections caused by bacteria, fungi, or viruses that can spread throughout the body. Some people have died from these infections.

- Your healthcare provider should test you for TB before starting and during XELJANZ/XELJANZ XR treatment, and monitor you closely for signs and symptoms of TB infection during treatment.

You should not start taking XELJANZ/XELJANZ XR if you have any kind of infection unless your healthcare provider tells you it is okay. You may be at a higher risk of developing shingles (herpes zoster). People taking the higher dose (10 mg twice daily) of XELJANZ have a higher risk of serious infections and shingles.

Before starting XELJANZ/XELJANZ XR, tell your healthcare provider if you:

- think you have an infection or have symptoms of an infection, such as fever, sweating, or chills; cough; blood in phlegm; warm, red, or painful skin or sores on your body; burning when you urinate or urinating more often than normal; muscle aches; shortness of breath; weight loss; diarrhea or stomach pain; or feeling very tired
- are being treated for an infection
- get a lot of infections or have infections that keep coming back
- have diabetes, chronic lung disease, HIV, or a weak immune system. People with these conditions have a higher chance for infections
- have TB, or have been in close contact with someone with TB
- live or have lived, or have traveled to certain parts of the country (such as the Ohio and Mississippi River valleys and the Southwest) where there is an increased chance for getting certain kinds of fungal infections (histoplasmosis, coccidioidomycosis, or blastomycosis). These infections may happen or become more severe if you use XELJANZ/XELJANZ XR. Ask your healthcare provider if you do not know if you have lived in an area where these infections are common
- have or have had Hepatitis B or C

After starting XELJANZ/XELJANZ XR, call your healthcare provider right away if you have any symptoms of an infection. XELJANZ/XELJANZ XR can make you more likely to get infections or make worse any infection that you have.

Increased risk of death in people 50 years of age and older with rheumatoid arthritis who have at least 1 heart disease (cardiovascular) risk factor and who are taking a higher than recommended dose of XELJANZ/XELJANZ XR. The recommended dose in patients with rheumatoid arthritis and psoriatic arthritis is XELJANZ 5 mg twice daily or XELJANZ XR 11 mg one time each day.

Cancer and immune system problems. XELJANZ/XELJANZ XR may increase your risk of certain cancers by changing the way your immune system works. Lymphoma and other cancers, including skin cancers, can happen in patients taking XELJANZ/XELJANZ XR. People taking the higher dose (10 mg twice daily) of XELJANZ have a higher risk of skin cancers. Tell your healthcare provider if you have ever had any type of cancer.

Some people who have taken XELJANZ with certain other medicines to prevent kidney transplant rejection have had a problem with certain white blood cells growing out of control (Epstein Barr Virus–associated post-transplant lymphoproliferative disorder).

Blood clots in the lungs (pulmonary embolism, PE), veins of the legs (deep vein thrombosis, DVT) and arteries (arterial thrombosis) have happened more often in patients with rheumatoid arthritis who are 50 years of age and older and with at least 1 heart disease (cardiovascular) risk factor taking a higher than recommended dose of XELJANZ/XELJANZ XR. The recommended dose in patients with rheumatoid arthritis and psoriatic arthritis is XELJANZ 5 mg twice daily or XELJANZ XR 11 mg one time each day. Blood clots in the lungs have also happened in patients with ulcerative colitis. Some people have died from these blood clots

- Stop taking XELJANZ/ XELJANZ XR and tell your healthcare provider right away if you have any signs and symptoms of a blood clot such as sudden shortness of breath, difficulty breathing, chest pain, swelling of a leg or arm, leg pain or tenderness, or red or discolored skin in the leg or arm

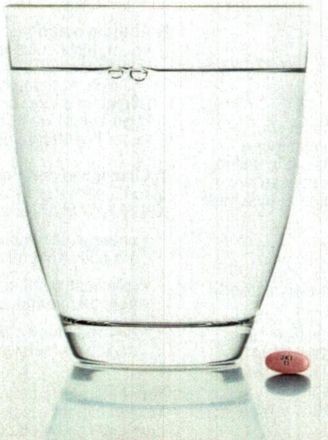
Tears (perforation) in the stomach or intestines. Tell your healthcare provider if you have had diverticulitis (inflammation in parts of the large intestine) or ulcers in your stomach or intestines. Some people taking XELJANZ/XELJANZ XR can get tears in their stomach or intestine. This happens most often in people who also take nonsteroidal anti-inflammatory drugs (NSAIDs), corticosteroids, or methotrexate. Tell your healthcare provider right away if you have fever and stomach-area pain that does not go away and a change in your bowel habits.

Serious allergic reactions have happened in patients taking XELJANZ/XELJANZ XR. If you have swelling of your lips, tongue, throat, or get hives, stop XELJANZ/XELJANZ XR and call your healthcare provider right away.

Changes in certain lab test results. Your healthcare provider should do blood tests before you start receiving XELJANZ/XELJANZ XR, and while you take XELJANZ/XELJANZ XR, to check for the following side effects:

- **Changes in lymphocyte counts.** Lymphocytes are white blood cells that help the body fight off infections.

But maybe not for people with moderate to severe RA.



XELJANZ XR® is a pill for adults with moderate to severe RA for whom methotrexate did not work well enough. Once-daily XELJANZ XR can reduce joint pain, swelling, and further joint damage, even without methotrexate. Talk to your rheumatologist and learn more about XELJANZ XR.

UNJECTION™
NOT THE ONLY PILL FOR RA

- **Low neutrophil counts.** Neutrophils are white blood cells that help the body fight off infections.
- **Low red blood cell count.** This may mean that you have anemia, which may make you feel weak and tired.

Your healthcare provider should routinely check certain liver tests.

You should not receive XELJANZ/XELJANZ XR if your lymphocyte count, neutrophil count, or red blood cell count is too low or your liver tests are too high. Your healthcare provider may stop your XELJANZ/XELJANZ XR treatment for a period of time if needed because of changes in these blood test results.

You may also have changes in other laboratory tests, such as your blood cholesterol levels. Your healthcare provider should do blood tests to check your cholesterol levels 4 to 8 weeks after you start XELJANZ/XELJANZ XR, and as needed after that.

What should I tell my healthcare provider before taking XELJANZ/XELJANZ XR?

Before taking XELJANZ/XELJANZ XR, tell your healthcare provider about all of your medical conditions, including if you:

- have an infection
- have had blood clots in the veins of your legs, arms, or lungs, or clots in the arteries in the past
- have liver problems
- have kidney problems
- have any stomach area (abdominal) pain or been diagnosed with diverticulitis or ulcers in your stomach or intestines
- have had a reaction to tofacitinib or any of the ingredients in XELJANZ/XELJANZ XR
- have recently received or are scheduled to receive a vaccine. People taking XELJANZ/XELJANZ XR should not receive live vaccines but can receive non-live vaccines
- plan to become pregnant or are pregnant. XELJANZ/XELJANZ XR may affect the ability of females to get pregnant. It is not known if this will change after stopping XELJANZ/XELJANZ XR. It is not known if XELJANZ/XELJANZ XR will harm an unborn baby.
  - **Pregnancy Registry:** Pfizer has a registry for pregnant women who take XELJANZ/XELJANZ XR. The purpose of this registry is to check the health of the pregnant mother and her baby. If you are pregnant or become pregnant while taking XELJANZ/XELJANZ XR, talk to your healthcare provider about how you can join this pregnancy registry or you may contact the registry at 1-877-311-8972 to enroll
- plan to breastfeed or are breastfeeding. You and your healthcare provider should decide if you will take XELJANZ/XELJANZ XR or breastfeed. You should not do both. After you stop your treatment with XELJANZ/XELJANZ XR do not start breastfeeding again until 18 hours after your last dose of XELJANZ or 36 hours after your last dose of XELJANZ XR.

- **Tell your healthcare provider about all of the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Especially tell your healthcare provider if you take any other medicines to treat your rheumatoid arthritis or psoriatic arthritis.** You should not take tocilizumab (Actemra®), etanercept (Enbrel®), adalimumab (Humira®), infliximab (Remicade®), rituximab (Rituxan®), abatacept (Orencia®), anakinra (Kineret®), certolizumab (Cimzia®), golimumab (Simponi®), ustekinumab (Stelara®), secukinumab (Cosentyx®), vedolizumab (Entyvio®), azathioprine, cyclosporine, or other immunosuppressive drugs while you are taking XELJANZ or XELJANZ XR. Taking XELJANZ or XELJANZ XR with these medicines may increase your risk of infection.
- Tell your healthcare provider if you are taking medicines that affect the way certain liver enzymes work. Ask your healthcare provider if you are not sure if your medicine is one of these.

Taking XELJANZ/XELJANZ XR

- Take XELJANZ 2 times a day with or without food.
- Take XELJANZ XR 1 time a day with or without food for rheumatoid or psoriatic arthritis. **Do not take XELJANZ XR for ulcerative colitis.**
- When you take XELJANZ XR, you may see something in your stool that looks like a tablet. This is the empty shell from the tablet after the medicine has been absorbed by your body.
- For the treatment of psoriatic arthritis, take XELJANZ/XELJANZ XR in combination with methotrexate, sulfasalazine or leflunomide as instructed by your healthcare provider.

What are other possible side effects of XELJANZ/XELJANZ XR?

XELJANZ/XELJANZ XR may cause serious side effects, including Hepatitis B or C activation infection in people who carry the virus in their blood.
If you are a carrier of the Hepatitis B or C virus (viruses that affect the liver), the virus may become active while you use XELJANZ/XELJANZ XR. Your healthcare provider may do blood tests before you start treatment with XELJANZ/XELJANZ XR and while you are using XELJANZ/XELJANZ XR. Tell your healthcare provider if you have any of the following symptoms of a possible Hepatitis B or C infection: feel very tired, little or no appetite, clay-colored bowel movements, chills, muscle aches, skin rash, skin or eyes look yellow, vomiting, fevers, stomach discomfort, or dark urine.

Common side effects of XELJANZ/XELJANZ XR in rheumatoid arthritis and psoriatic arthritis patients include upper respiratory tract infections (common cold, sinus infections), headache, diarrhea, nasal congestion, sore throat, and runny nose (nasopharyngitis), and high blood pressure (hypertension).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Please see Brief Summary of Prescribing Information on next page.

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XELJANZ® XR
[tofacitinib]
extended release • 11 mg tablets

CONSUMER BRIEF SUMMARY

XELJANZ® [tofacitinib] **XELJANZ (ZEL' JANS') tablets, for oral use** **XELJANZ XR (ZEL' JANS' EKS-AHR) extended-release tablets, for oral use**

This brief summary summarizes the most important information about XELJANZ/XELJANZ XR (tofacitinib) and is not comprehensive. If you would like more information, talk to your healthcare provider. You can ask your pharmacist or healthcare provider for information about XELJANZ/XELJANZ XR that is written for health professionals.
For more information, go to www.xeljanzpi.com

What is the most important information I should know about XELJANZ/XELJANZ XR?

XELJANZ/XELJANZ XR may cause serious side effects including:

1. Serious infections. XELJANZ/XELJANZ XR is a medicine that affects your immune system. XELJANZ/XELJANZ XR can lower the ability of your immune system to fight infections. Some people can have serious infections while taking XELJANZ/XELJANZ XR, including tuberculosis (TB), and infections caused by bacteria, fungi, or viruses that can spread throughout the body. Some people have died from these infections.

- Your healthcare provider should test you for TB before starting XELJANZ/XELJANZ XR and during treatment.
- Your healthcare provider should monitor you closely for signs and symptoms of TB infection during treatment with XELJANZ/XELJANZ XR.

You should not start taking XELJANZ/XELJANZ XR if you have any kind of infection unless your healthcare provider tells you it is okay. You may be at a higher risk of developing shingles (herpes zoster). People taking the higher dose (10 mg twice daily) of XELJANZ have a higher risk of serious infections and shingles.
Before starting XELJANZ/XELJANZ XR, tell your healthcare provider if you:

- think you have an infection or have symptoms of an infection such as:
  - fever, sweating, or chills
  - cough
  - blood in phlegm
  - warm, red, or painful skin or sores on your body
  - burning when you urinate or urinating more often than normal
  - muscle aches
  - shortness of breath
  - weight loss
  - diarrhea or stomach pain
  - feeling very tired
- are being treated for an infection.
- get a lot of infections or have infections that keep coming back.
- have diabetes, chronic lung disease, HIV, or a weak immune system. People with these conditions have a higher chance for infections.
- have TB, or have been in close contact with someone with TB.
- live or have lived, or have traveled to certain parts of the country (such as the Ohio and Mississippi River valleys and the Southwest) where there is an increased chance for getting certain kinds of fungal infections (histoplasmosis, coccidioidomycosis, or blastomycosis). These infections may happen or become more severe if you use XELJANZ/XELJANZ XR. Ask your healthcare provider if you do not know if you have lived in an area where these infections are common.
- have or have had hepatitis B or C.

After starting XELJANZ/XELJANZ XR, call your healthcare provider right away if you have any symptoms of an infection. XELJANZ/XELJANZ XR can make you more likely to get infections or make worse any infection that you have.

2. Increased risk of death in people 50 years of age and older with rheumatoid arthritis who have at least 1 heart disease (cardiovascular) risk factor and who are taking a higher than recommended dose of XELJANZ/XELJANZ XR. The recommended dose in patients with rheumatoid arthritis and psoriatic arthritis is XELJANZ 5 mg twice daily or XELJANZ XR 11 mg one time each day.

3. Cancer and immune system problems. XELJANZ/XELJANZ XR may increase your risk of certain cancers by changing the way your immune system works.

- Lymphoma and other cancers including skin cancers can happen in patients taking XELJANZ/XELJANZ XR. People taking the higher dose (10 mg twice daily) of XELJANZ have a higher risk of skin cancers. Tell your healthcare provider if you have ever had any type of cancer.
- Some people who have taken XELJANZ with certain other medicines to prevent kidney transplant rejection have had a problem with certain white blood cells growing out of control (Epstein Barr Virus-associated post-transplant lymphoproliferative disorder).

4. Blood clots in the lungs, veins of the legs or arms, and arteries. Blood clots in the lungs (pulmonary embolism, PE), veins of the legs (deep vein thrombosis, DVT) and arteries (arterial thrombosis) have happened more often in patients with rheumatoid arthritis who are 50 years of age and older and with at least 1 heart disease (cardiovascular) risk factor taking a higher than recommended dose of XELJANZ/XELJANZ XR. The recommended dose in patients with rheumatoid arthritis and psoriatic arthritis is XELJANZ 5 mg twice daily or XELJANZ XR 11 mg one time each day. Blood clots in the lungs have also happened in patients with ulcerative colitis. Some people have died from these blood clots.

- Stop taking XELJANZ/XELJANZ XR and tell your healthcare provider right away if you develop signs and symptoms of a blood clot, such as sudden shortness of breath or difficulty breathing, chest pain, swelling of the leg or arm, leg pain or tenderness, or redness or discoloration in the leg or arm.

5. Tears (perforation) in the stomach or intestines.

- Tell your healthcare provider if you have had diverticulitis (inflammation in parts of the large intestine) or ulcers in your stomach or intestines. Some people taking XELJANZ/XELJANZ XR can get tears in their stomach or intestines. This happens most often in people who also take nonsteroidal anti-inflammatory drugs (NSAIDs), corticosteroids, or methotrexate. Tell your healthcare provider right away if you have fever and stomach-area pain that does not go away, and a change in your bowel habits.

6. Allergic reactions.

- Symptoms such as swelling of your lips, tongue, or throat, or hives (raised, red patches of skin that are often very itchy) that may mean you are having an allergic reaction have been seen in patients taking XELJANZ/XELJANZ XR. Some of these reactions were serious. If any of these symptoms occur while you are taking XELJANZ/XELJANZ XR, stop XELJANZ/XELJANZ XR and call your healthcare provider right away.

7. Changes in certain laboratory test results. Your healthcare provider should do blood tests before you start receiving XELJANZ/XELJANZ XR and while you take XELJANZ/XELJANZ XR to check for the following side effects:

- **changes in lymphocyte counts.** Lymphocytes are white blood cells that help the body fight off infections.
- **low neutrophil counts.** Neutrophils are white blood cells that help the body fight off infections.
- **low red blood cell count.** This may mean that you have anemia, which may make you feel weak and tired.

Your healthcare provider should routinely check certain liver tests.
You should not receive XELJANZ/XELJANZ XR if your lymphocyte count, neutrophil count, or red blood cell count is too low or your liver tests are too high.
Your healthcare provider may stop your XELJANZ/XELJANZ XR treatment for a period of time if needed because of changes in these blood test results.
You may also have changes in other laboratory tests, such as your blood cholesterol levels. Your healthcare provider should do blood tests to check your cholesterol levels 4 to 8 weeks after you start receiving XELJANZ/XELJANZ XR, and as needed after that. Normal cholesterol levels are important to good heart health.
See "What are the possible side effects of XELJANZ/XELJANZ XR?" for more information about side effects.

What is XELJANZ/XELJANZ XR?

XELJANZ/XELJANZ XR is a prescription medicine called a Janus kinase (JAK) inhibitor.
XELJANZ/XELJANZ XR is used to treat adults with moderately to severely active rheumatoid arthritis in whom methotrexate did not work well or cannot be tolerated.
XELJANZ/XELJANZ XR is used to treat adults with active psoriatic arthritis in which methotrexate or other similar medicines called nonbiologic disease-modifying antirheumatic drugs (DMARDs) did not work well or cannot be tolerated.
XELJANZ is used to treat adults with moderately to severely active ulcerative colitis when medicines called tumor necrosis factor (TNF) blockers did not work well or cannot be tolerated.
It is not known if XELJANZ/XELJANZ XR is safe and effective in people with Hepatitis B or C.
XELJANZ/XELJANZ XR is not recommended for people with severe liver problems.
It is not known if XELJANZ/XELJANZ XR is safe and effective in children.

What should I tell my healthcare provider before taking XELJANZ/XELJANZ XR?

Before taking XELJANZ/XELJANZ XR, tell your healthcare provider about all of your medical conditions, including if you:

- have an infection. See "What is the most important information I should know about XELJANZ/XELJANZ XR?"
- have had blood clots in the veins of your legs, arms, or lungs, or clots in the arteries in the past.
- have liver problems.
- have kidney problems.
- have any stomach area (abdominal) pain or been diagnosed with diverticulitis or ulcers in your stomach or intestines.
- have had a reaction to tofacitinib or any of the ingredients in XELJANZ/XELJANZ XR.
- have recently received or are scheduled to receive a vaccine. People who take XELJANZ/XELJANZ XR should not receive live vaccines. People taking XELJANZ/XELJANZ XR can receive non-live vaccines.
- plan to become pregnant or are pregnant. XELJANZ/XELJANZ XR may affect the ability of females to get pregnant. It is not known if this will change after stopping XELJANZ/XELJANZ XR. It is not known if XELJANZ/XELJANZ XR will harm an unborn baby.
  - **Pregnancy Registry:** Pfizer has a registry for pregnant women who take XELJANZ/XELJANZ XR. The purpose of this registry is to check the health of the pregnant mother and her baby. If you are pregnant or become pregnant while taking XELJANZ/XELJANZ XR, talk to your healthcare provider about how you can join this pregnancy registry or you may contact
- plan to breastfeed or are breastfeeding. You and your healthcare provider should decide if you will take XELJANZ/XELJANZ XR or breastfeed. You should not do both. After you stop your treatment with XELJANZ/XELJANZ XR do not start breastfeeding again until:
  - 18 hours after your last dose of XELJANZ or
  - 36 hours after your last dose of XELJANZ XR

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. XELJANZ/XELJANZ XR and other medicines may affect each other causing side effects. Especially tell your healthcare provider if you take:

- any other medicines to treat your rheumatoid arthritis, psoriatic arthritis, or ulcerative colitis. You should not take tocilizumab (Actemra®), etanercept (Enbrel®), adalimumab (Humira®), infliximab (Remicade®), rituximab (Rituxan®), abatacept (Orencia®), anakinra (Kineret®), certolizumab (Cimzia®), golimumab (Simponi®), ustekinumab (Stelara®), secukinumab (Cosentyx®), vedolizumab (Entyvio®), azathioprine, cyclosporine, or other immunosuppressive drugs while you are taking XELJANZ or XELJANZ XR. Taking XELJANZ or XELJANZ XR with these medicines may increase your risk of infection.
- medicines that affect the way certain liver enzymes work. Ask your healthcare provider if you are not sure if your medicine is one of these.

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

How should I take XELJANZ/XELJANZ XR? Take XELJANZ/XELJANZ XR exactly as your healthcare provider tells you to take it.

- Take XELJANZ 2 times a day with or without food.
- Take XELJANZ XR 1 time a day with or without food for rheumatoid or psoriatic arthritis. **Do not take XELJANZ XR for ulcerative colitis.**
- Swallow XELJANZ XR tablets whole and intact. Do not crush, split, or chew.
- When you take XELJANZ XR, you may see something in your stool that looks like a tablet. This is the empty shell from the tablet after the medicine has been absorbed by your body.
- If you take too much XELJANZ/XELJANZ XR, call your healthcare provider or go to the nearest hospital emergency room right away.
- For the treatment of psoriatic arthritis, take XELJANZ/XELJANZ XR in combination with methotrexate, sulfasalazine or leflunomide as instructed by your healthcare provider.

What are possible side effects of XELJANZ/XELJANZ XR?

XELJANZ/XELJANZ XR may cause serious side effects, including:

- See "What is the most important information I should know about XELJANZ/XELJANZ XR?"
- **Hepatitis B or C activation infection** in people who carry the virus in their blood. If you are a carrier of the hepatitis B or C virus (viruses that affect the liver), the virus may become active while you use XELJANZ/XELJANZ XR. Your healthcare provider may do blood tests before you start treatment with XELJANZ/XELJANZ XR and while you are using XELJANZ/XELJANZ XR. Tell your healthcare provider if you have any of the following symptoms of a possible hepatitis B or C infection:
  - feel very tired
  - little or no appetite
  - clay-colored bowel movements
  - chills
  - muscle aches
  - skin rash
  - skin or eyes look yellow
  - vomiting
  - fevers
  - stomach discomfort
  - dark urine

Common side effects of XELJANZ/XELJANZ XR in rheumatoid arthritis patients and psoriatic arthritis patients include:

- upper respiratory tract infections (common cold, sinus infections)
- headache
- diarrhea
- nasal congestion, sore throat, and runny nose (nasopharyngitis)
- high blood pressure (hypertension)

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all the possible side effects of XELJANZ/XELJANZ XR. For more information, ask your healthcare provider or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

You may also report side effects to Pfizer at 1-800-438-1985.

How should I store XELJANZ/XELJANZ XR?

- Store XELJANZ/XELJANZ XR at room temperature between 68°F to 77°F (20°C to 25°C).
- Safely throw away medicine that is out of date or no longer needed.

Keep XELJANZ/XELJANZ XR and all medicines out of the reach of children.

General information about the safe and effective use of XELJANZ/XELJANZ XR.

Medicines are sometimes prescribed for purposes other than those listed in a brief summary. Do not use XELJANZ/XELJANZ XR for a condition for which it was not prescribed. Do not give XELJANZ/XELJANZ XR to other people, even if they have the same symptoms you have. It may harm them.

This brief summary is based on XELJANZ/XELJANZ XR Prescribing Information LAB-0445-17.0 and Medication Guide LAB-0535-9.0.

In need of prescription assistance?

Pfizer RxPathways® connects eligible patients to assistance programs that offer insurance support, co-pay assistance, and medicines for free or at a savings.

Terms and conditions apply.

Learn more by visiting www.PfizerRxPathways.com or calling 1-844-989-PATH (7284)

Revised: Jul 2019

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Pfizer

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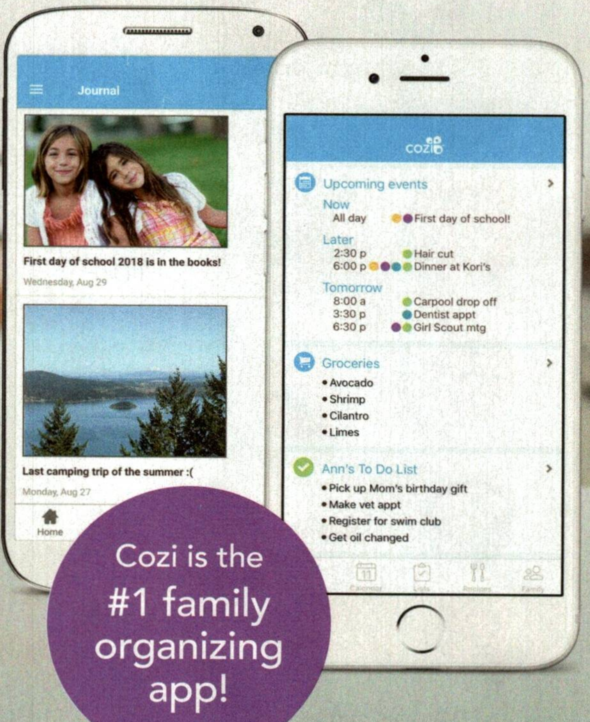

✓ Track your family's schedules in one place

✓ Send reminders to others in the family

✓ Share the grocery list, chores and meal plan

✓ Easy to use from any mobile device, tablet or computer

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OPTIC WHITE
PLATINUM
HIGH IMPACT
4 SHADES
VISIBLY WHITER*

A million ways to stain teeth.

One smarter way to whiten.

Colgate

Colgate® Optic White® High Impact contains hydrogen peroxide that goes below the surface to deeply whiten teeth. **Whitening toothpaste that works.**

*When brushing twice daily for six weeks.

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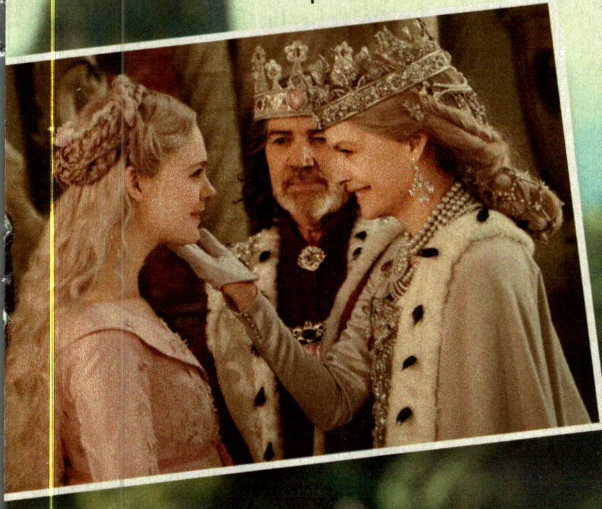
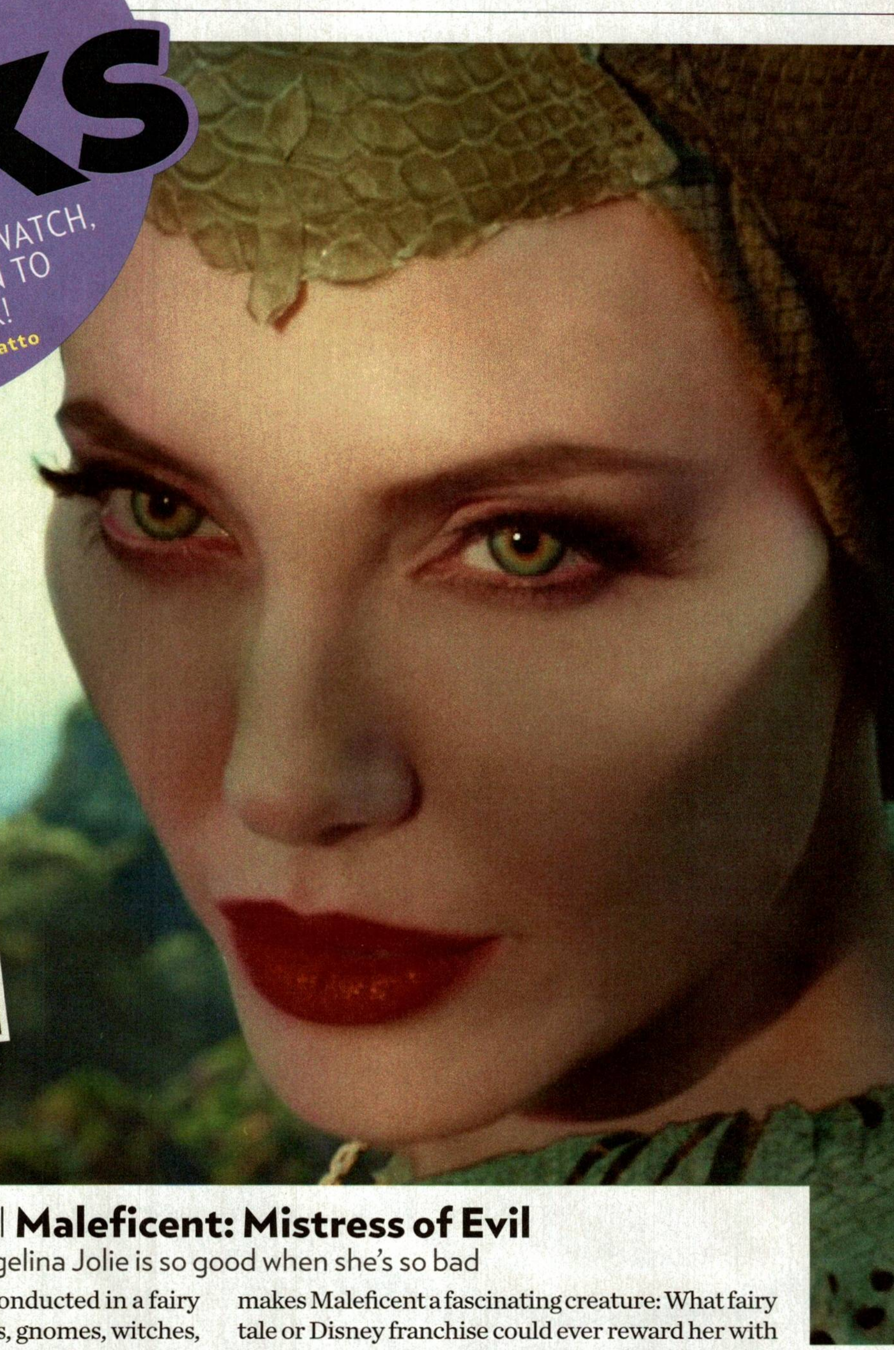
People picks

THE BEST STUFF TO WATCH, READ & LISTEN TO THIS WEEK!

Edited by **Tom Gliatto**

Monster-in-law: Fanning and Pfeiffer as a very evil queen.





MOVIE | Maleficent: Mistress of Evil

Angelina Jolie is so good when she's so bad

FANTASY How are opinion polls conducted in a fairy tale? What combination of elves, gnomes, witches, Prince Charmings, talking flowers and enchanted toadstools is sampled? *Maleficent: Mistress of Evil* doesn't go into such methodology, but it's clear that the enchantress (Angelina Jolie) has lost whatever popularity gains she'd made by the end of the first movie. Everyone flees from her—you'd think she was Joaquin Phoenix with raven wings. This is good for audiences, because it lets Jolie build on and magnify her original performance: Maleficent's sense of wounded alienation is acute and carefully articulated, barely hidden by the thin ice of her reserve and delicately fanged smile. Jolie makes Maleficent a fascinating creature: What fairy tale or Disney franchise could ever reward her with the happiness she deserves? Aurora (Elle Fanning), now Queen of the Moors, is betrothed to a nice bland prince from the neighboring kingdom of Ulstead. The marriage is meant to foster peace, but the boy's mother, Queen Ingrith (Michelle Pfeiffer, underplaying nicely), is a secret warmonger. The movie's design is sumptuously romantic: castles, waterfalls, a bower of pink blossoms and—baffling but beautiful—a vast tunneling burrow of what looks like white wicker. You'll wish you could stand in front of the screen and take selfies. For more on Jolie and Fanning, see page 56. *(Oct. 18, PG-13)*

> **'Jolie makes Maleficent a fascinating creature'**

DISNEY(2)

Oscar Mayer
America's Favorite Bacon
NATURALLY HARDWOOD SMOKED Bacon

WHAT'S BETTER THAN BACON?
OSCAR MAYER BACON.

As the gold standard of bacon, Oscar Mayer cooks up perfect every time. Which is why it's on more family tables than any other bacon out there.

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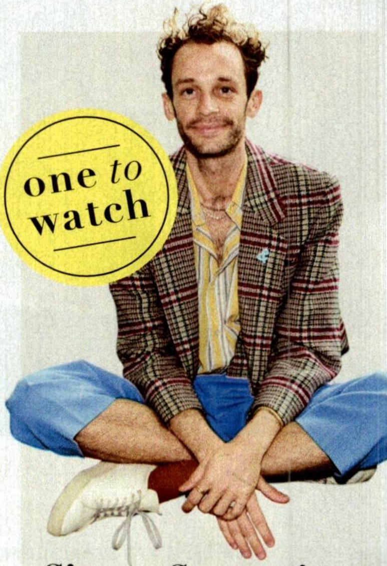
People picks

MOVIE |

The Lighthouse

HORROR In a tongue-in-cheek horror tale, lighthouse keepers Willem Dafoe and Robert Pattinson deal with mermaids, a sea monster and gulls. Or it may be they've gone crazy—the lighthouse version of cabin fever. *(In limited release Oct. 18, R)*

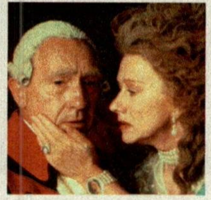


Singer-Songwriter Wrabel

In 2019 the 30-year-old—whose first name is Stephen and whose last name is pronounced "*ray*-bull"—went from behind-the-scenes player (he has written hits for the likes of Kesha) to pop star, duetting on the Pink single "90 Days" and touring for his EP *One of Those Happy People.* "Success is getting to do what you love with people that you love." —**JEFF NELSON**

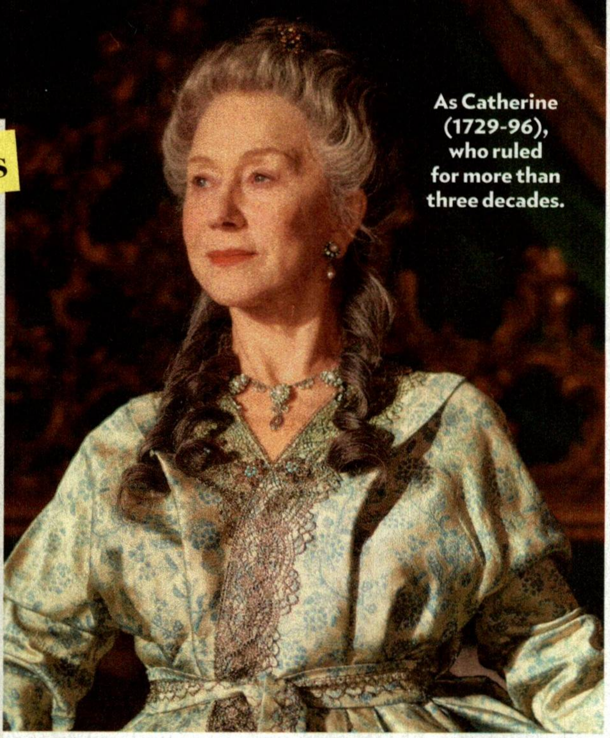
Helen Mirren's Royal Roles

The Queen **(2006)**
She won an Oscar as Elizabeth II.



The Madness of King George **(1994)**
As Charlotte, wife of ailing George III.

Elizabeth I **(2005)**
For HBO, she was the *other* Elizabeth.



As Catherine (1729-96), who ruled for more than three decades.

TV | Catherine the Great

DRAMA "I think you have a great capacity for love—of the violent, unpredictable kind," a court intimate tells Russia's Empress Catherine (Helen Mirren). If she'd been content with chaperoned dates, history would be a lot duller. The first episodes of this handsome miniseries focus on her smoldering feelings for Grigory Potemkin (Jason Clarke), who would become a mighty statesman. Mirren knows what she's doing with this role: Catherine understands the depths of her heart and the reach of her power. *(HBO, Oct. 21, 10 p.m.)*

TV | Patsy & Loretta

DRAMA This engagingly relaxed movie doesn't try to oversell the friendship between country legends Patsy Cline (*Smash*'s Megan Hilty) and Loretta Lynn (Jessie Mueller). Cline, savvier about the music industry and more adventurous about life, helps the fledgling star from Butcher Holler spread her wings. It doesn't hurt that both Hilty and Mueller, a Tony winner for *Beautiful: The Carole King Musical,* are fine singers. *(Lifetime, Oct. 19, 8 p.m.)*

Loretta Lynn

Patsy Cline

FROM TOP: HAL SHINNIE/HBO; JAKE GILES NETTER/LIFETIME; (MIRREN INSETS) FROM TOP: REX SHUTTERSTOCK(2); GILES KEYTE/HBO; (PATSY & LORETTA INSETS) MICHAEL OCHS ARCHIVES/GETTY IMAGES(2)

WHAT'S BETTER THAN A HIGH FIBER BREAKFAST?

A TASTY, HIGH FIBER BREAKFAST WITH RAISINS.

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A GOOD SOURCE OF FIBER AND A GREAT SOURCE OF CRUNCHY DELICIOUSNESS.
Kellogg's
Raisin Bran Crunch
Original

Hathaway (with Gary Carr) is hungry for romance.

Catherine Keener

Dev Patel

Tina Fey

AMAZON | Modern Love

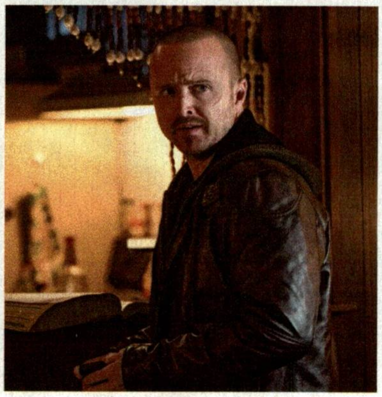
COMEDY-DRAMA Based on the popular *New York Times* column, *Love* is an anthology series about the serendipitous connections that spark romances throughout the city. There's a skimming, sweet charm to much of it, and the cast includes Catherine Keener, Tina Fey, Dev Patel, John Slattery and Anne Hathaway, who's outstanding as an attorney with bipolar mood swings: When she's happy, Manhattan hums and dances. The show is like a dessert from Magnolia Bakery, so beloved on *Sex and the City,* although you're occasionally served what appears to be a thin, not-quite-fresh slice of *Love Actually* tea cake. Worth checking out. *(Launches Oct. 18)*

TV | Watchmen

FANTASY A low-tech, arrestingly oddball attempt to subvert superhero conventions, *Watchmen* stars Regina King as a member of a kind of justice league in Tulsa—the premiere, which includes a rain shower of baby squid, doesn't want you to get your bearings too quickly. Which is why Jeremy Irons turns up as an English lord. *(HBO, Oct. 20, 9 p.m.)*

King as a new kind of superhero.

MARK HILL/HBO(2);
GETTY IMAGES; ANDREAS RENTZ/GETTY
IMAGES; DAVID LIVINGSTON/GETTY IMAGES

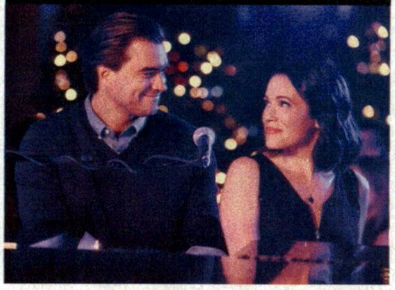


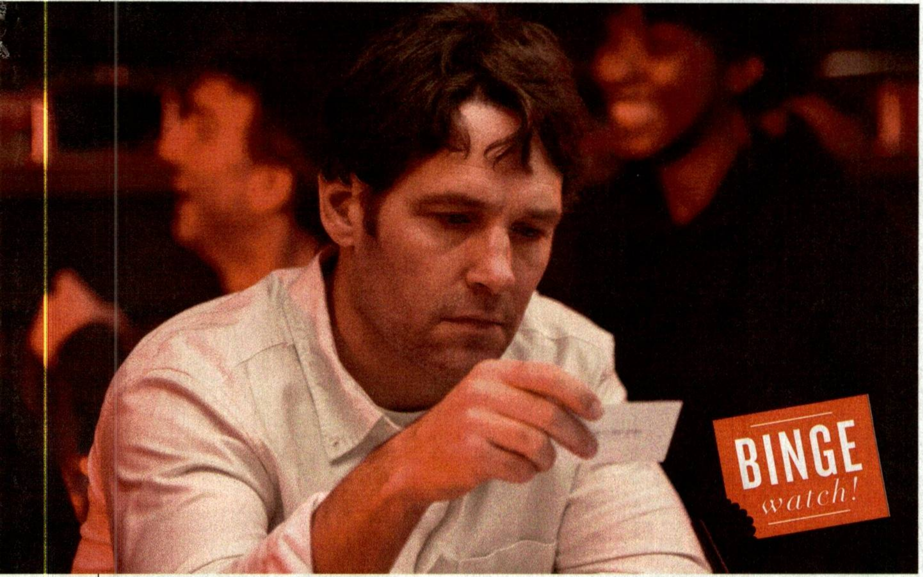
NETFLIX | El Camino: A Breaking Bad Movie

DRAMA *Breaking Bad,* in its engrossing mercilessness, was like watching someone pour boiling water down an ant hole: You wanted to see what insect could possibly make it out alive. That would be Jesse Pinkman (Aaron Paul), sidekick to drug lord Walter White (Bryan Cranston). You'll learn his fate in this gritty little sequel. *(Streaming now)*

TV | The Road Home for Christmas

COMEDY-DRAMA Working as a musical duo in New Orleans, Lindsay and Wes (Marla Sokoloff and Rob Mayes) don't have their act together: Upstaging each other is part of their shtick, but Lindsay thinks Wes is annoyingly aggressive. A trip to Ohio for the holidays changes their tune to something sweet and uplifting. Marie Osmond plays a Nashville star. *(Lifetime, Oct. 26, 8 p.m.)*





NETFLIX | Living with Yourself

COMEDY Paul Rudd (*Clueless*) stars with Paul Rudd (*Ant-Man*) as clones informally known as old Miles and new Miles. The replicating process, carried out at a secret strip-mall lab, produces the new Miles—a better Miles. He has a winning smile, knows how to sell a funny story and smartly zhooshes his hair. *Living* doesn't play this as "which Miles are we seeing now?" farce—it's more like a funnier version of the Jeremy Irons thriller *Dead Ringers.* The two Mileses soon can't stand each other—a suggestion that, down in his genes, old Miles doesn't love himself. *(Launches Oct. 18)*

CLOCKWISE FROM TOP LEFT: BEN ROTHSTEIN/ NETFLIX; LIFETIME; ERIC LIEBOWITZ/NETFLIX

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NUTS ABOUT FIBER?
NEW CRUNCHY VANILLA ALMOND IS A GOOD SOURCE OF IT.
Kellogg's
Raisin Bran Crunch
Vanilla Almond
REAL FRUIT
NEW!

Legal Notice

Chinese Drywall Settlement

Your Rights Could be Affected

A Settlement has been reached with Taishan Gypsum Company and other entities ("Defendants") in class action lawsuits involving drywall imported from China. The lawsuits claim that the drywall caused property damage and personal injuries. The Defendants deny that they did anything wrong.

Who is included?

The Settlement includes property owners with Chinese Drywall attributed to the Defendants. Go to ChineseDrywallSettlement.com ("website") for a full description of the Class and a Master Spreadsheet of Known Class Members.

What does the Settlement provide?

The Defendants will contribute $248 million into a Settlement Fund. Eligible claimants will receive payments according to an Allocation Model (more info at website). The Allocation Amount will compensate for remediation damages and other loss claims. There will be no payment for personal or bodily injuries although those claims will be released by this Settlement.

How can I get a payment?

Claimants not already listed on the Master Spreadsheet on the website must submit a Claim Form online or by mail. The deadline to submit a claim will be no earlier than **December 11, 2019** and will be updated on the website.

What are my rights?

If you are not listed on the Master Spreadsheet and you do nothing, you will not be considered for any payment and you will be barred from individually suing the Defendants. If you want to keep your right to individually sue the Defendants, you must exclude yourself by **November 27, 2019**. If you object to the Settlement, you must do so by **November 27, 2019**.

The Court will hold a hearing on **December 11, 2019** to consider whether to approve the Settlement. Class Counsel will also request attorneys' fees and costs not to exceed 33% of the Settlement Fund. You or your own lawyer may appear and ask to speak at the hearing at your own expense.

For More Information:
1-866-573-6691
ChineseDrywallSettlement.com

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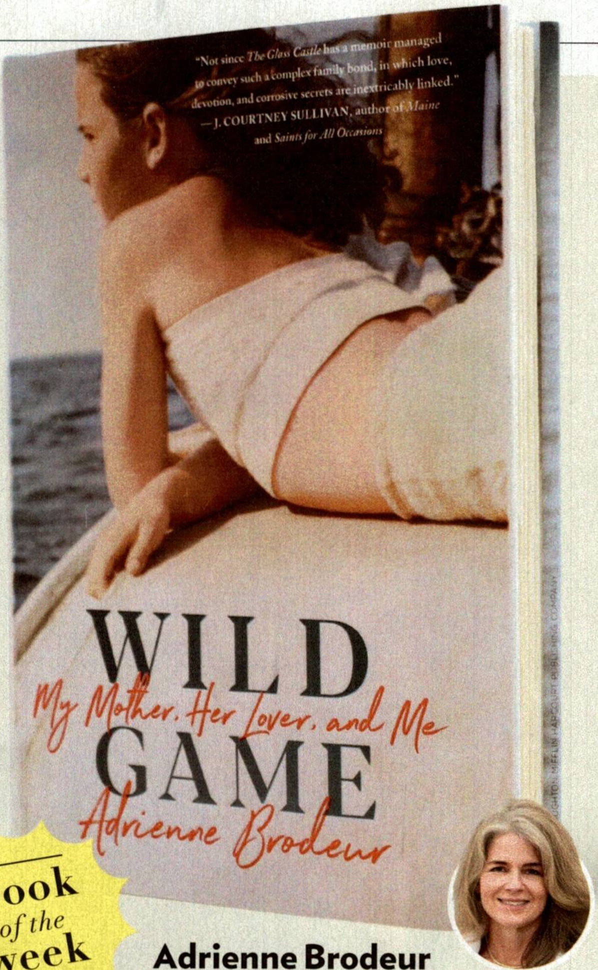
The Best New Books

A mother with shocking boundary issues, a donkey with pluck to spare and a story of kidnapping and survival in Nigeria

Edited by **Kim Hubbard**

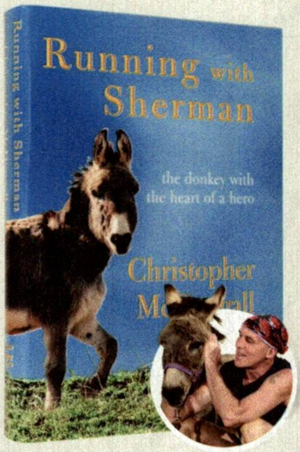

"Not since The Glass Castle has a memoir managed to convey such a complex family bond, in which love, devotion, and corrosive secrets are inextricably linked." —J. COURTNEY SULLIVAN, author of Maine and Saints for All Occasions
WILD GAME
My Mother, Her Lover, and Me
Adrienne Brodeur

book *of the* **week**

Adrienne Brodeur
Wild Game

MEMOIR

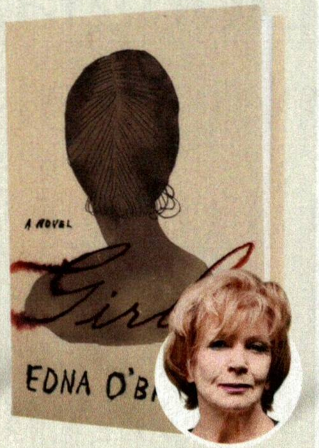
A Cape Cod childhood was cut short the night the author's mother raced into her daughter's bedroom to confide that she had just kissed her husband's best friend. This man and his wife dined often with the family—now, at 14, Adrienne was charged with orchestrating their trysts. Guarding her mom's secret into adulthood, Adrienne was cruelly isolated from everyone else in her life—until she made a decision with explosive consequences. This electrifying, gorgeously written memoir will hold you captive until the last word.


Running with Sherman
the donkey with the heart of a hero
Christopher McDougall

Christopher McDougall
Running with Sherman

NONFICTION

When a dung-covered donkey hobbled by overgrown hooves turns up at McDougall's Pennsylvania farm, he doesn't think the animal will survive. But with a host of help, the author nurses the visitor he names Sherman back to health, and the pair train for a burro race up and over a Colorado mountain. An inspiring—and laugh-out-loud—account of healing.


A NOVEL
Girl
EDNA O'BRIEN

Edna O'Brien
Girl

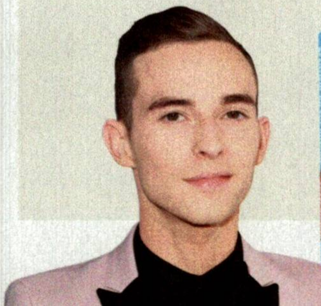
NOVEL

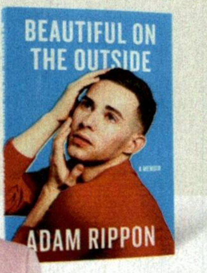
Maryam is plunged into the terrifying world of Nigerian jihadis (think Boko Haram) when she's kidnapped from her school and brutalized. She eventually makes a harrowing escape, only to realize that oppression has many other faces. O'Brien's portrait of war, powerfully narrated by Maryam against a rich backdrop of cultural rituals and myths, is downright haunting.

Q&A

Adam Rippon

In a silly-serious new memoir, **Beautiful on the Outside**, *the 2018 Olympic medalist and* **Dancing with the Stars** *champ, 29, tells all*




BEAUTIFUL ON THE OUTSIDE
A MEMOIR
ADAM RIPPON

What does the book title mean to you?
I wanted something a little outrageous, so you would know it was a book that would be filled with a lot of jokes. But the greater meaning is that for a really long time, I didn't want anybody to see my flaws—and once I was able to poke fun at myself, I was able to embrace imperfection.

Your breakthrough came later than other Olympians'.
At first I didn't even realize that I was the oldest first-time athlete going to the Olympics in figure skating since the 1920s or '30s. For a really long time I felt like because it didn't happen then, it's never going to happen. When I didn't focus on what other people had done and I focused on what I thought I could do, I had my success.

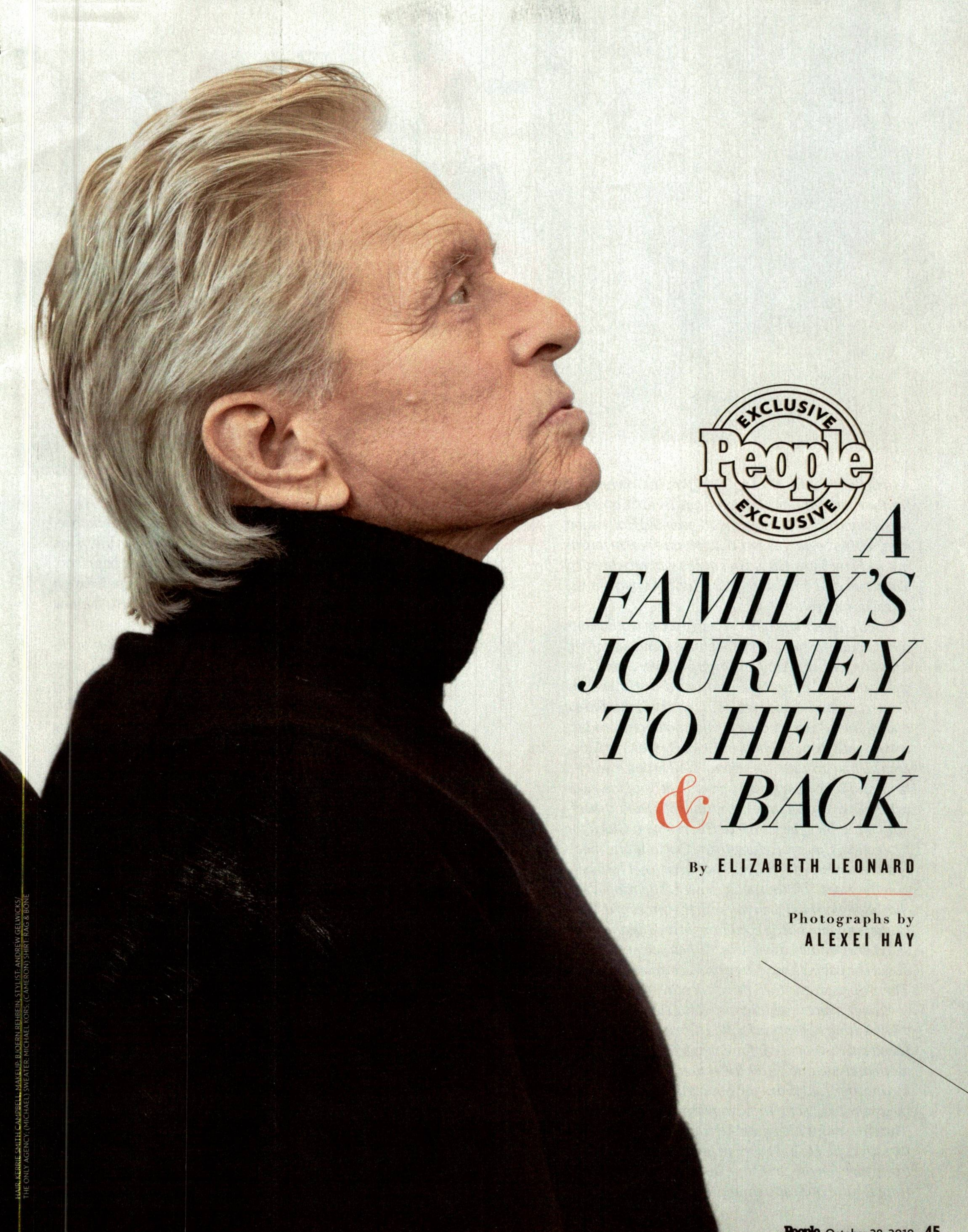
Do you think you're a role model?
I want people to laugh, but I want them to be a little bit inspired. You don't need to worry about the timeline of other people.

—ADAM CARLSON

INSETS, CLOCKWISE FROM TOP LEFT: JULIA CUMES; MATT ROTH; GUARDIAN NEWS AND MEDIA LTD 2019; STEWART COOK/SHUTTERSTOCK; (BOOKS) BRIEN FOY(4)

CONTRIBUTORS BOOKS Lisa Greissinger, Claire Martin, Marion Winik

Cameron Douglas was abusing drugs by his teens and a convicted felon by age 31. Now sober and a proud dad, the son of Michael Douglas shares his story



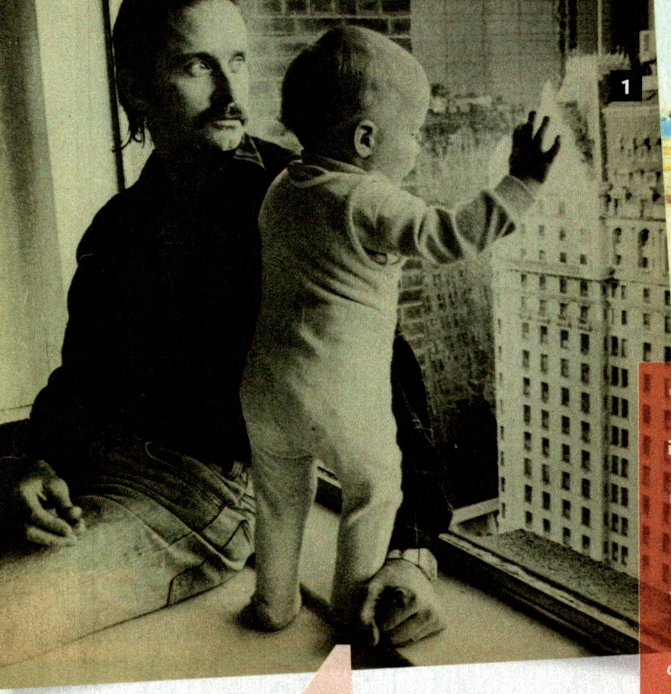
EXCLUSIVE
People
EXCLUSIVE

A FAMILY'S JOURNEY TO HELL & BACK

By **ELIZABETH LEONARD**

Photographs by **ALEXEI HAY**

HAIR: KERRIE SMITH CAMPBELL; MAKEUP: BJOERN REHBEIN; STYLIST: ANDREW GELWICKS/
THE ONLY AGENCY; (MICHAEL) SWEATER: MICHAEL KORS; (CAMERON) SHIRT: RAG & BONE



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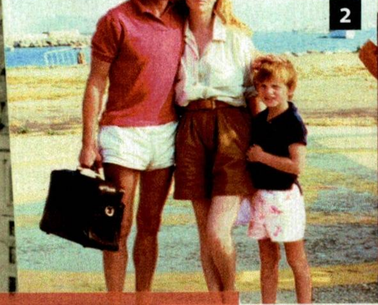

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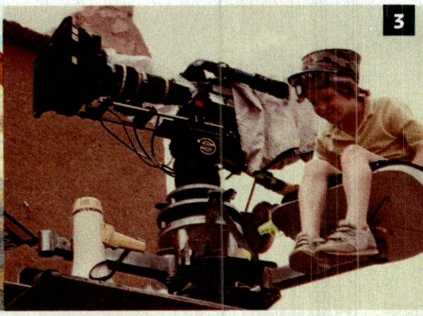

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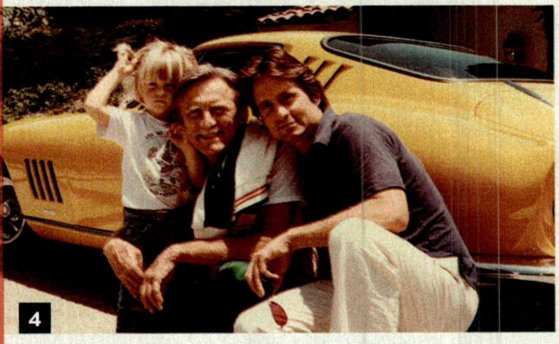

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The Early Years
1. Cameron was born in 1978, the year after Michael and Diandra married. **2.** Cameron, whose parents split in 1995, says he has "amazing memories" from early childhood. **3.** On the set of his dad's film *The Jewel of the Nile.* **4.** One gift of sobriety has been spending time with his grandfather Kirk (with Michael, right, in the early '80s).

As a little boy, says Michael Douglas, his towheaded firstborn was quiet and good-natured. "Cameron was a wonderful kid," says the 75-year-old Hollywood icon, sitting beside his son, now 40, on a recent morning in New York City. He smiles warmly toward Cameron and adds with just a hint of wistfulness, "He was a sweetie."

But the sweetness of those early years would sour in cinematic fashion. What began as teenage bouts of drinking, pot-smoking and high jinks escalated into a tsunami of drug addiction and darkness for Cameron—and caused unending worry for his father and mother, Diandra, 63, a former model and producer who split from Michael in 1995. By the time Cameron hit his early 20s, the scion of Hollywood royalty—his grandfather is legendary actor Kirk Douglas—was a full-blown cocaine and heroin addict. Dealing methamphetamines for a time and carrying a Glock for protection, Cameron clung to the fast lane and mostly disregarded efforts by his parents to get him help over the years. "It's the sneaky power, the stranglehold that addiction has when you're in the throes of it," says Cameron, who shot up cocaine nearly daily and withstood drug-induced seizures. "When you get that far down the rabbit hole, there are a couple of options: There's prison and then there's death."

Cameron narrowly escaped the latter, but in 2009 a DEA sting operation landed him behind bars. He faced a five-year term for conspiracy to distribute meth and cocaine. After the sentence was extended by another five years for possession while he was incarcerated, "something inside me broke," he says. That low point also marked the start of a gradual turnaround. He got sober in prison and focused on his future for the first time in decades. "For a long time I quite honestly thought I just wasn't put together properly, that I didn't have the characteristics necessary for real success in life," says Cameron, who spent nearly eight years in prison, including two in solitary confinement for possession and fighting, before being released in 2016. "I know now that was the addiction talking."

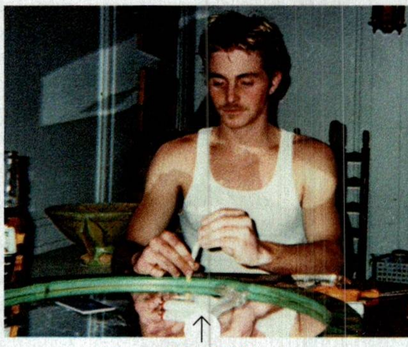
Today Cameron is raising his beloved 22-month-old daughter Lua with longtime girlfriend Viviane Thibes, 41, a yoga instructor, working on restarting his acting career and feeling deep gratitude that his family never gave up on him. In a new memoir, Long Way Home, *excerpted here, Cameron opens up about his harrowing, and ultimately inspiring, journey.*

On a breezy summer day in 2004, I'm eating lunch with my friend Erin and Dad on a veranda in Spain when the server tells him he has a phone call. He

CLOCKWISE FROM TOP LEFT: MICHAEL DOUGLAS COLLECTION, HOWARD GOTLIEB ARCHIVAL RESEARCH CENTER AT BOSTON UNIVERSITY; BERTHOLOS/SHUTTERSTOCK; MICHAEL DOUGLAS COLLECTION, HOWARD GOTLIEB ARCHIVAL RESEARCH CENTER AT BOSTON UNIVERSITY (2); COURTESY CAMERON DOUGLAS(2)

A Destructive Path

DJ Nights
Cameron was a sought-after DJ until his drug use got in the way.



Troubled Times
He started injecting coke at age 23. "I just couldn't stop."

takes it in the bar. Suddenly, I hear a high-pitched keening sound: "Oh no, oh no." Dad puts down the phone and turns to me, crying. He says, "We've lost Eric." Eric is Dad's half brother, who has overdosed at the age of 46. For as long as I can remember, Uncle Eric has struggled: with drugs, with Pappy—his father, my grandfather, known to the world as Kirk Douglas, Hollywood legend. I feel enormous pride in Pappy and our whole family, and I'm sure Eric did too, but I know how strange it is to see your family members projected on screens and billboards; how unnerving it is to walk into rooms full of people who know things about you, or think they do.

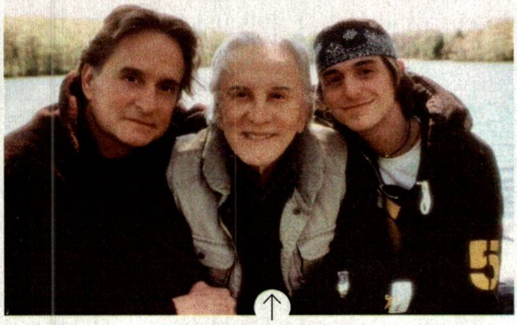
How do you compete with Kirk Douglas? How do you live in Michael Douglas's shadow?

Eric's death hits close to home. Dad was in rehab for drinking and drugging in the early '90s. His brother, Joel, has struggled with alcohol. And then there's me. I've been using and abusing drugs since I was 13. I've been in and out of trouble, in and out of treatment. At this point, at 25, I inject coke as often as three times an hour. My once-promising career as a DJ has fizzled. I've squandered opportunities to make a life in acting. I don't want to die the way Eric did but I'm so in the grip of a young man's sense of immortality, I'm not afraid that I will.

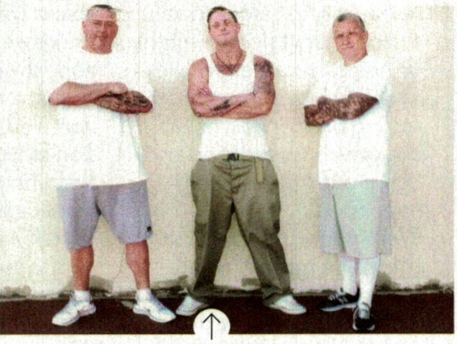
'I HATED THE WRECKAGE I SAW IN MY LIFE BECAUSE OF DRUGS, BUT I JUST COULDN'T STOP'
—CAMERON

I don't remember when I first became aware that my dad wasn't like other fathers. I saw him on screen but at home he was a regular guy: he read the newspaper, watched sports, was someone I wanted to impress. Sometimes he let me smoke cigarettes around the house; other times, he'd remind me, "I'm your father, not your friend." He was away working for months at a time. Mostly it was just me and Mom, who was 19 when she married Dad and 20 when she had me. She liked to say we grew up together; I saw myself as her rescuing knight.

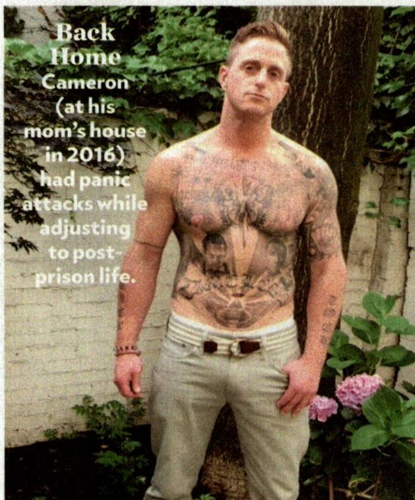
From a young age, I was more mischievous than the average kid. Once, my friend Sean and I called a sex hotline and racked up a $400 phone bill. When my parents had parties, I'd creep around



Three Generations
A promising actor, Cameron learned from Michael and Kirk while shooting *It Runs in the Family* in 2002.



Behind Bars
Cameron (with fellow inmates at Cumberland prison) had to adapt to survive.



Back Home
Cameron (at his mom's house in 2016) had panic attacks while adjusting to post-prison life.

BOTTOM, FROM LEFT: ANDREW SCHWARTZ/GREENSTREET INC/KOBAL/SHUTTERSTOCK; COURTESY CAMERON DOUGLAS(2)

and take it all in: beautiful grown-ups doing the things that beautiful grown-ups living lives of excess do. By the time I was 13, I was buying weed in Central Park and experimenting with mushrooms and acid. As my parents' marriage fell apart, I bounced between schools, then to a hardcore wilderness program, and eventually in and out of juvenile detention facilities. For a while, I became a ward of the state of California.

It's sad to think back on, but when my parents told me they were getting divorced, I actually welcomed it. I loved them both, but mainly they weren't happy. I wondered if it was normal that I was so relieved. Now I think that I was sitting on a lot of unacknowledged rage.

At 17, I had my first experience with heroin. I threw up, but still felt warm all over, relaxed and content.

The ups and downs of drug addiction are entirely predictable. There's a comfort in that. And I like the instant gratification. I want to do what I want to do right now. The only thing I know of in life that can do that is drugs. They were, for me, a path out of loneliness.

One day, over my girlfriend's objections, I ask my dealer if he can get me an ounce of good crystal. I explain why. I'm going to deal to support my habit. So I'm doing it. I'm crossing the line I wasn't going to cross. I consider what that means. I know this isn't going to end well.

I decide that I should have better guns for protection. I go to a shop in Burbank and buy a Glock 17, a Special Forces-style Desert Eagle handgun, and a Mossberg shotgun with a pistol grip. I keep the Mossberg, loaded with six 12-gauge shells, under my bed, within easy reach if I'm ever attacked while sleeping. If someone comes for me, I'll get behind the bed and start firing.

As I spiral into addiction and dealing, my relationships with my parents alternate between closeness and estrangement. Mom calls and leaves voicemails I don't respond to for months. Dad gives me an ultimatum: go straight into in-patient rehab or that's it—he's not going to give me any more help or support. I don't go.

Dad starts talking about Uncle Eric again. "You saw what his problems did to Pappy and Oma. I'm not going to let myself be drawn into this behavior anymore. I have young children and a wife I need to protect [his second wife Catherine Zeta-Jones and their kids Dylan and Carys]. This isn't fair to them."

"Don't you love me anymore, Dad?"

"Of course I love you, Cameron. But I'm not going to nurture a relationship with you, because I think you're going to die. I've been seeing a therapist about it."

"What?"

"I think you're going to overdose, or someone's going to kill you, or you're going to kill someone. I'm trying to prepare myself emotionally."

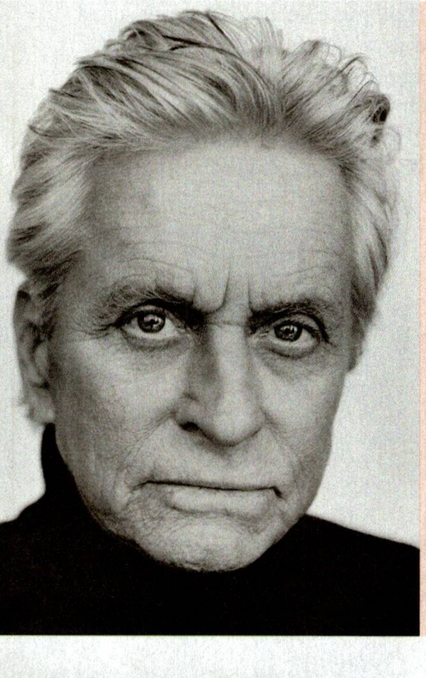
Dad calls to say that he's heard I'm being investigated by the DEA.

"Get out of your house immediately, they're coming for you."

He's in town staying at the Beverly Hills Hotel. When I get there, I see that he's with a man I don't recognize. Mom is here too. Uh-oh.

"Jesus, Cameron, you're dealing now?"

> *'LIFE BECAME A SERIES OF CRISES. I THOUGHT I WAS GOING TO LOSE HIM'*
> —MICHAEL



Michael Douglas

on fatherhood and rebuilding a family

Why did you encourage Cameron to write a book? Most importantly I thought he had a great story to tell: a cautionary tale that might be helpful to other people and help him personally. By writing his story, he could do some introspection and figure out what the hell happened.

Were you worried about things he might write? It was more just stirring up emotional issues we'd dealt with for a long time, which were now finished. There are things you wince at, that hurt… but it was fair.

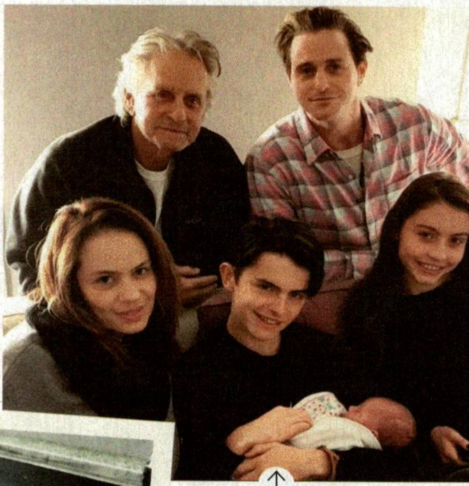
You tried to help him for years. Did you lose hope? There were moments when hope dwindled… and then it's just a train out of the station. You go from compassion for somebody you love and worry about, and you balance that with your own hostility and anger as it begins to increase. And I did pull away. I remember him looking at me, and I said, "Listen, you know I love you, but I am going to protect myself and the family."

How do you feel now that he is sober and happy? It went from feeling [cautious], to relief, to the joy of having Cameron back. It's like this huge storm has passed and the sun came out and you can enjoy your life again without looking over your back. It's a wonderful feeling of being complete. I'm very proud of him, not only for the book but for the way he conducts his life. He's talking the talk and walking the walk.

Moving On After Prison

←

Living with Mom
After his release and months in a halfway house, Cameron moved in with his mother, Diandra, in N.Y.C. The transition to life on the outside was "difficult," but he says he leaned on his family, who "rallied around me."



↑

His Family's Love
"It makes you want to do the right thing," says Cameron. Special shout-out to stepmom Catherine Zeta-Jones, center: "I think she's a big reason why my father opened up to me again."

↑

Becoming a Dad
"Having my daughter gives me a whole new perspective on life," says Cameron (left, with Lua, then 1). Lua's mom, Viviane (above with Michael, Cameron and his half siblings Carys, now 16, and Dylan, 19), "has been as patient and supportive as can be," Cameron says.

The guy Dad is with extends a hand. "Earl Hightower," he says. He explains that he's a drug interventionist, but he's here because the feds are watching me.

Dad pleads with me to get out of the country.

"This is a federal case, Dad. If they want to get me, they'll get me anywhere."

On July 28, 2009, when I've been a heroin addict for four-and-a-half years, I open my door and see a guy in a New York Yankees hat. He says, "I'm a special agent with the DEA." They take me down the back stairwell.

At Metropolitan Correctional Center, I'm given an orange jumpsuit to put on. Twelve brutalist stories of hulking brown ugliness, MCC holds nearly eight hundred inmates, all waiting to be tried or sentenced or to testify in other people's cases. Since it's a place for pretrial detention, it's a maximum-security facility, with some of the most depraved and violent prisoners from the most dangerous penitentiaries housed alongside people like me.

I stare at the ceiling. It's cement in a honeycomb pattern. I close my eyes and a weight descends upon my chest. I'm really here. This is happening.

Hey Pop…

I'm sorry about all of this I really am…

I really was shooting for bigger and better. Also, please apologize to Pappy, Granny, and the rest of the family for all this, I feel really ashamed for being the source of any embarrassment and/or shame…

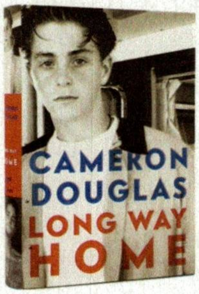
Thank you for your support and standing behind me on this one. It means the world to me.

Your son, Cameron

Hi Cam,

So what have you been up to lately (bad joke) Thank you for your letter and apology. Your whole family's heart goes out to you. We're not embarrassed, we love you, just feel it's a hard road you've chosen. You've got a lot of support out there, Cameron. I can't tell you the number of calls from friends I've received, all wishing you the best, and all speaking to what a great guy you are: smart, funny, considerate, brave…. I haven't told the kids, and I think it's better that way…. Just know, Cameron, I say a prayer for you every day, and I do love you.

Dad



Cameron hopes the story he tells in his memoir will encourage others to "seek help—and maybe save your life."

On January 27, 2010, I plead guilty to heroin possession and conspiracy to distribute drugs. I spend almost seven years behind bars. During this time, I communicate with my family most by letter. Dad's letters range from loving to forceful to hopeless. ("I must admit, I haven't written because I didn't know what to say.")

I find out from a fellow inmate that Dad has cancer, and that's when I promise myself I'm going to live my life differently when I get out of prison. I'm worried Dad will die thinking of me as the failure who didn't live up to expectations.

Dad calls a few times to talk, breaking down every so often. I'm glad he feels comfortable opening up to me. When his treatment is done, he visits with Dylan and Carys. I've never seen a body change so drastically in such a short time; it looks like a gust of wind might blow him over.

The greatest Christmas present I could receive comes in January 2011, when Dad learns that his tumor is gone.

Not long after I get out of prison in August 2016, Dad invites me to have lunch with him and Dylan. He hasn't made much of an effort to see me. Maybe he doesn't trust my sobriety, or my resolve to stay on the right side of the law. I don't want to say no to his invitation, but my halfway-house restrictions make the logistics tough for me. I start thinking out loud about how I can make it work.

"Forget it," he says.

"What do you mean, I want to come."

"Nah, don't worry about it, it doesn't make sense."

He hangs up. My feelings are hurt.

A week later, I go over to his apartment and mention our last conversation. My anger is getting the better of me. For an instant on Dad's face, I glimpse the effect of my outburst. I know I'm not going to escalate the situation; I know I'm of sound mind. But given where I've been, I can't expect other people to know that. Dad is starting to get to know me again and I'm re-learning how to express my feelings appropriately.

After that, we talk a few days a week and get together two or three times a month. One day Dad says, "I don't know how you did it. How you went through the things you did."

I say, "Well, I'm home now."

For my 39th birthday, Dad takes me out for a sushi lunch. We talk and laugh and he gives me fatherly advice about money and relationships, which I appreciate, as well as his old car, which is still pretty sharp. When I get his and Catherine's Christmas card, I see that it says it's from them and Dylan and Carys and me, with a photo of us all. It feels good to be included. ●

'I FEEL SO BLESSED TO FINALLY BE ON A PATH WHERE I CAN REALLY DO SOME GOOD'

—CAMERON

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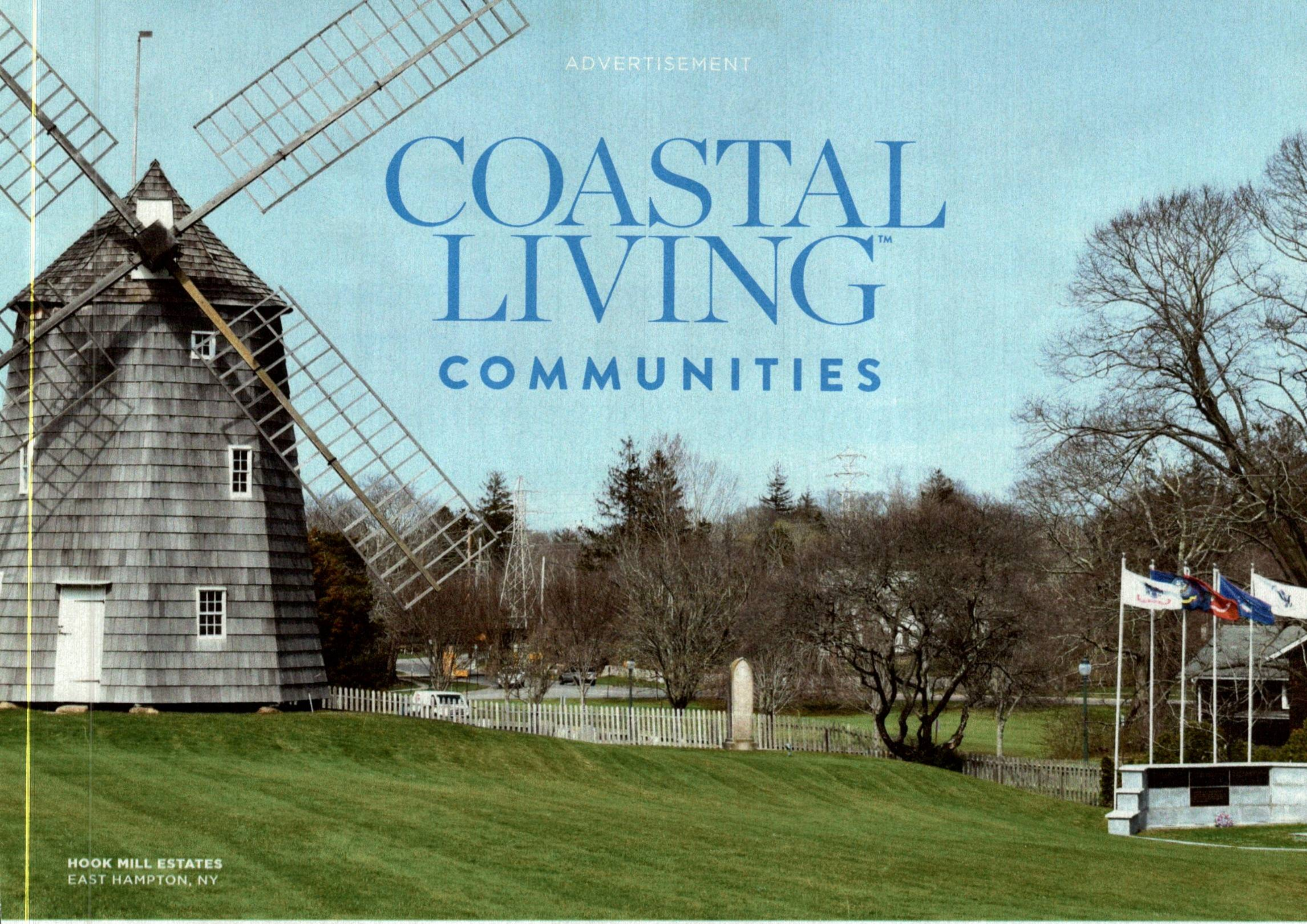

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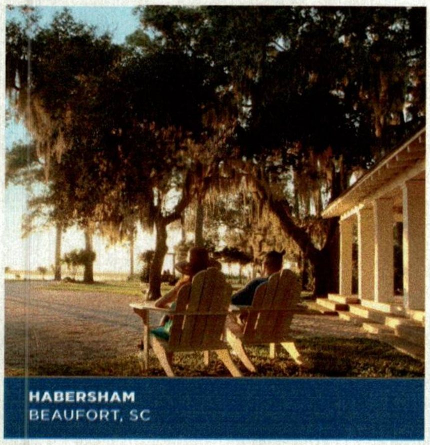
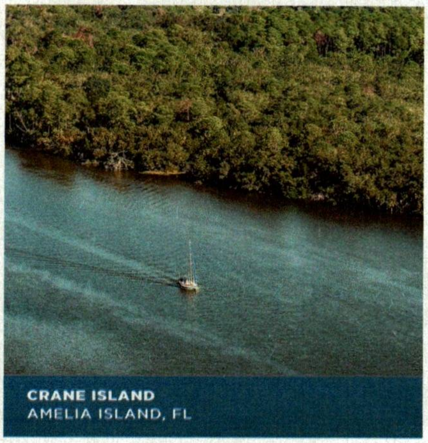


HABERSHAM
BEAUFORT, SC



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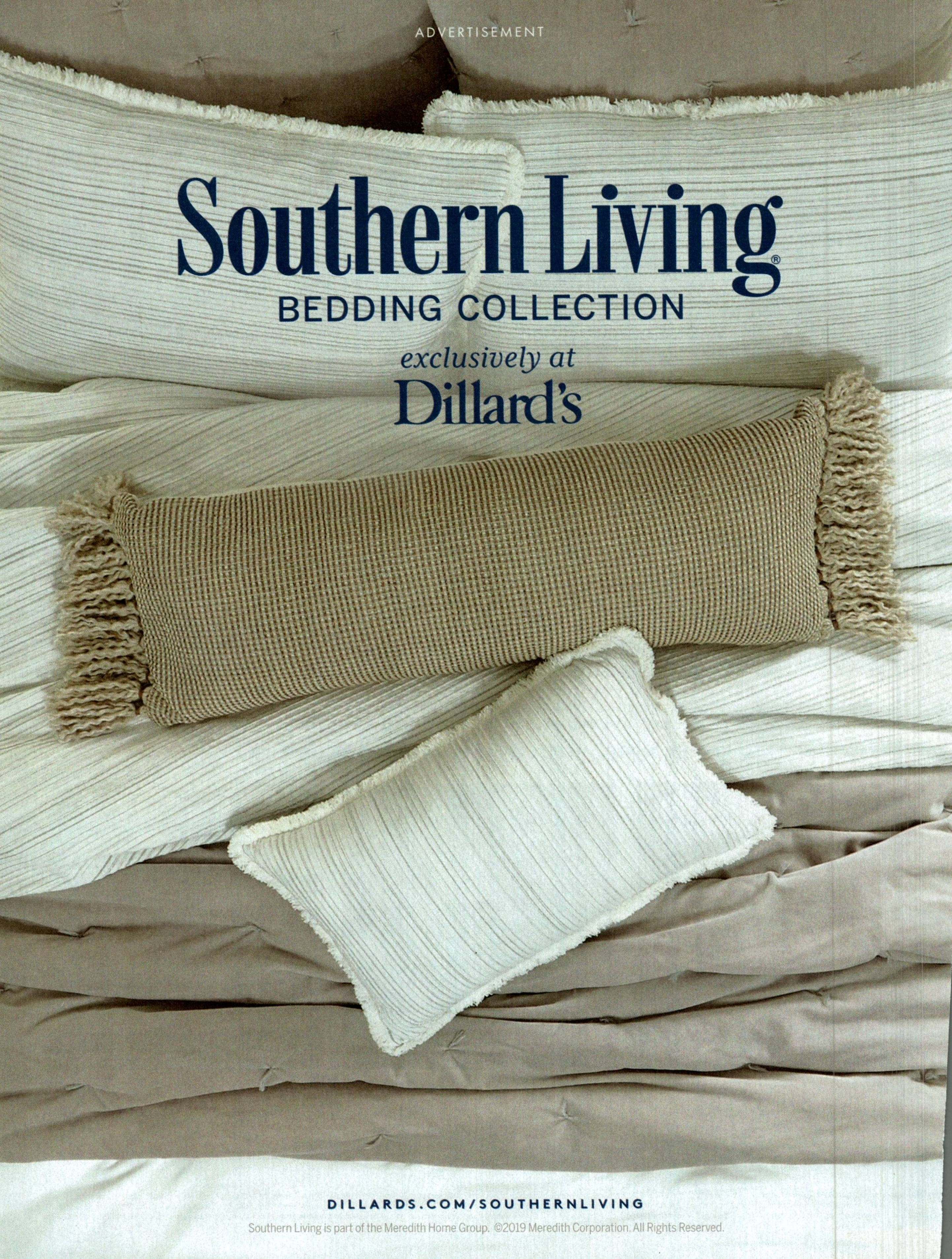

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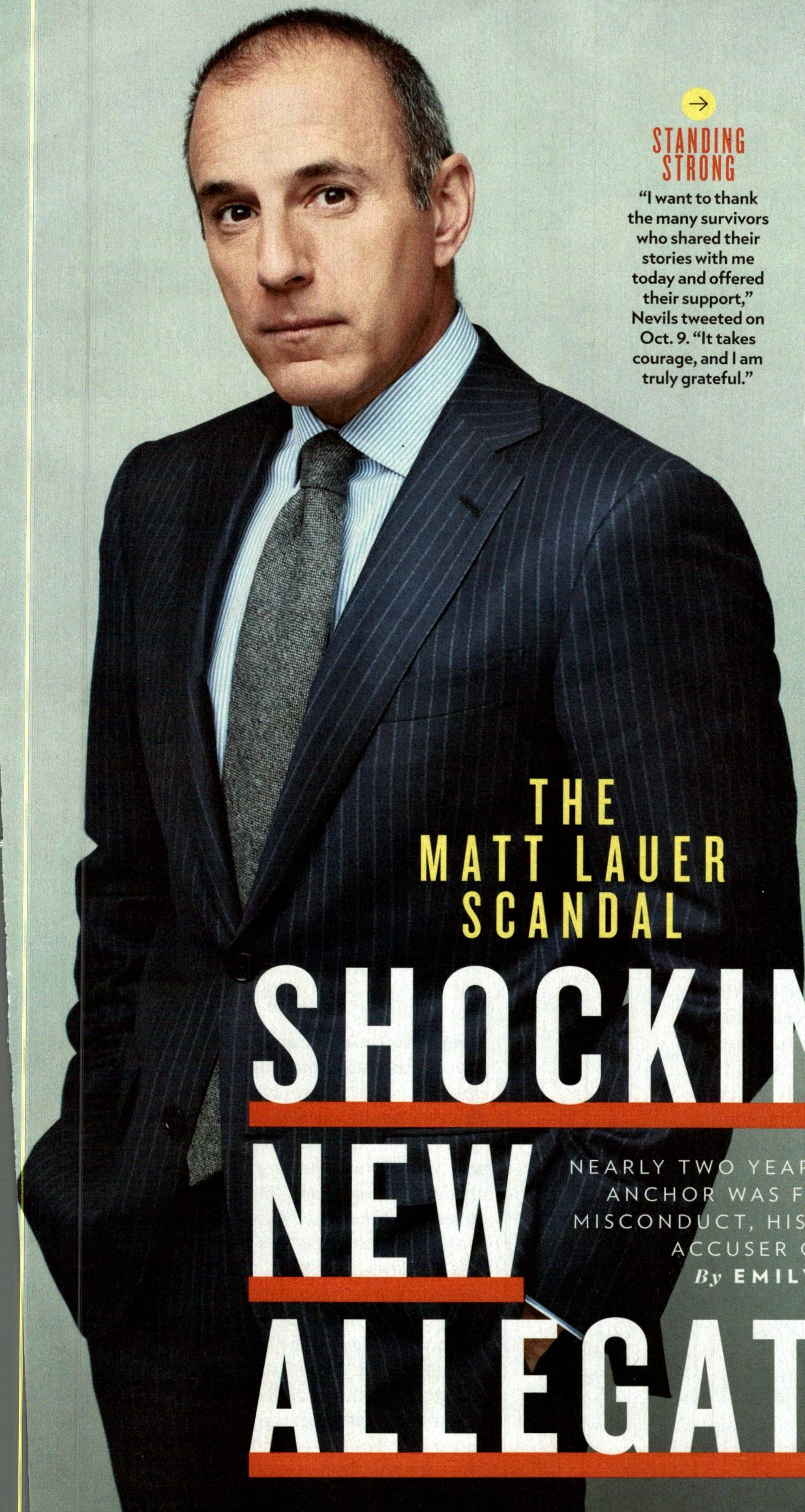


THE MATT LAUER SCANDAL

SHOCKING NEW ALLEGATIONS

NEARLY TWO YEARS AFTER THE *TODAY* ANCHOR WAS FIRED FOR SEXUAL MISCONDUCT, HIS ONCE ANONYMOUS ACCUSER GOES PUBLIC

By **EMILY STROHM**

→ **STANDING STRONG**

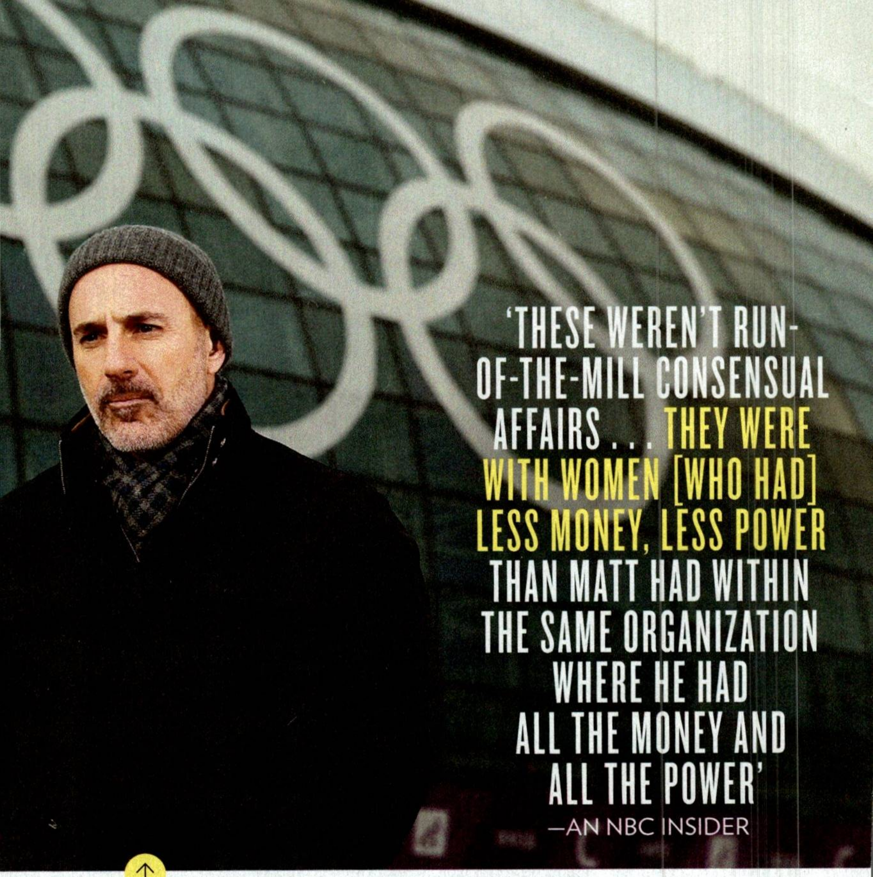
"I want to thank the many survivors who shared their stories with me today and offered their support," Nevils tweeted on Oct. 9. "It takes courage, and I am truly grateful."

Since Matt Lauer was fired from NBC in 2017 amid shocking sexual-misconduct allegations, the disgraced *Today* star, 61, had all but disappeared from the public eye, living a quiet life in the Hamptons, New York City's wealthy beachy outpost. But now explosive new details about the iconic morning-show host have emerged, and Lauer—once one of the highest-paid employees of the network—is again under fire. In the new book *Catch and Kill: Lies, Spies, and a Conspiracy to Protect Predators,* journalist Ronan Farrow interviewed former NBC news employee Brooke Nevils, 35, who filed the sexual-misconduct complaint against Lauer that led to his termination. At the time she remained anonymous, and the details of her

NEW DETAILS ABOUT MATT LAUER ALLEGATIONS
ORMER NBC NEWS COLLEAGUE CLAIMS RAPE IN NEW BOOK
NBC NEWS

A DAY OF SHOCK

Savannah Guthrie and Hoda Kotb discuss the latest allegations against Lauer on *Today* on Oct. 9. "We are disturbed to our core," Guthrie said.



'THESE WEREN'T RUN-OF-THE-MILL CONSENSUAL AFFAIRS . . . THEY WERE WITH WOMEN [WHO HAD] LESS MONEY, LESS POWER THAN MATT HAD WITHIN THE SAME ORGANIZATION WHERE HE HAD ALL THE MONEY AND ALL THE POWER'

—AN NBC INSIDER

NO LAUGHING MATTER

"If you didn't find his 'flirting' behavior charming, you put a target on your back," says a former *Today* show colleague of Lauer (above at the 2014 Olympics in Sochi).

accusations weren't made public. Now, however, she is telling her story in its entirety.

In Farrow's book Nevils alleges that Lauer anally raped her in his hotel room during the 2014 Olympics in Sochi, Russia. She was working for former *Today* coanchor Meredith Vieira, who'd returned to do Olympics coverage, when they ran into Lauer at the hotel bar one night. Nevils, who says she had six shots of vodka, said by the end of the evening, she was in Lauer's hotel room at his invitation. It was then that, Nevils alleges, he kissed her, then pushed her onto the bed, turned her over and asked if she liked anal sex. Farrow writes that Nevils "declined several times," replying at one point, "No that's not my thing," but Lauer allegedly "just did it." Farrow notes that Nevils said, "The encounter was excruciatingly painful: 'It hurt so bad. I remember thinking, Is this normal?' She told me she stopped saying no but wept silently into a pillow." Nevils, who says she "bled for days" afterward, explained to Farrow in the book, "It was nonconsensual in the sense that I was too drunk to consent. It was nonconsensual in that I said, multiple times, that I didn't want to have anal sex." Nevils admits they went on to have more sexual encounters after returning to New York City but adds, "It was completely transactional. It was not a relationship."

•••

In response, Lauer, whose divorce from wife of nearly 21 years Annette Roque was finalized in September (the couple share three children, ages 18, 16 and 12), wrote a letter in which he called the rape allegation "outrageous" and "salacious." Lauer says the affair was "consensual," adding that any accusation of assault is "categorically false, ignores the facts and defies common sense." A source close to Lauer says the ousted host feels he's been treated unfairly. "Matt believes that he is innocent of this charge and feels angry over the accusation. He said he did have a very casual consensual relationship with [Nevils] but no violence of any kind, and he intends to defend himself." In his letter, Lauer who previously admitted to extramarital affairs, says his decision to remain quiet about the accusations has been a "mistake." "For two years, the women with whom I had extramarital relationships have abandoned

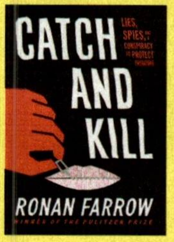
BROKEN UNION

On Oct. 9 Lauer's former wife of 21 years, Dutch model Annette Roque, spoke out via her attorneys for the first time since Lauer was accused of sexual assault in 2017. "Now that the parties are officially divorced, her priority and only concern is for their wonderful children," Roque's lawyer John M. Teitler said. "Our client will make no further statements."

NBCU PHOTO BANK/GETTY IMAGES

BOOK BOMBSHELLS

"I'm confident in the reporting in the book, and I'll let it stand on its own," Farrow said Oct. 11 on *Good Morning America* while defending his claims that NBC paid secret settlements to women who made complaints against Lauer. NBC denies Farrow's allegations of a cover-up.


CATCH AND KILL
LIES, SPIES, AND A CONSPIRACY TO PROTECT PREDATORS
RONAN FARROW
WINNER OF THE PULITZER PRIZE

shared responsibility and instead shielded themselves from blame behind false allegations. They have avoided having to look a boyfriend, husband or a child in the eye and say, 'I cheated.' They have done enormous damage in the process. And I will no longer provide them the shelter of my silence," he wrote. For her part, Nevils responded, "I am not afraid of him now, regardless of his threats, bullying and the shaming and predatory tactics I knew he would (and now has) tried to use against me."

Nevils—who also revealed in the book that she has suffered from post-traumatic stress disorder and has attempted suicide since filing her complaint—further said, "There's the Matt Lauer that millions of Americans watched on TV every morning for two decades, and there is the Matt Lauer who this morning attempted to bully a former colleague into silence. His open letter was a case study in victim blaming." While Lauer vehemently denies the accusations, his statement seems to have struck the wrong note with some former supporters. A onetime member of Lauer's inner circle says, "A lot of people who certainly had some sympathy for him and still hoped for the best for him are now just completely appalled by not only what is being alleged but also, maybe even more so, by the way he chose to respond to it. Lauer knew he had the upper hand in terms of the power dynamic when it came to these women and their futures at NBC, and to now attempt to play ignorant about that fact is beyond insulting. If you think he wasn't consciously exploiting that factor, ask yourself why the women coming forward were all junior to him and all within NBC. This is one of the most powerful, dynamic, wealthiest men in New York City media circles, and there's not an aspiring actress, musician, lawyer, model, in the bunch. He knew what to make his prey, and he stuck to it."

Farrow's book also claims that NBC knew about Lauer's misconduct long before his firing and took steps to cover it up, including handing out hush money to multiple victims and even going so far as to squash a report Farrow was working on for NBC News to expose allegations against Harvey Weinstein in 2017. Lauer's attorney Elizabeth M. Locke responded in a statement, "In 25 years at NBC, Matt Lauer did not have a single complaint brought to his attention until Nov. 28, 2017." On Oct. 14 NBC News President Noah Oppenheim released a company-wide memo disputing Farrow's claims of a cover-up line by line and reiterated that the network first officially heard of complaints in 2017—and responded swiftly with Lauer's firing. "We have no secrets and nothing to hide," he said.

TELLING HER STORY

Zinone on *Megyn Kelly Today* in 2017.

HIS ACCUSERS

As Lauer continues to deny all allegations of assault, his accusers detail their accounts.

Addie Collins Zinone (above) The former *Today* staffer went public in December 2017 about an alleged in-office affair she had with Lauer in 2000. "Even though my situation with Matt was consensual, I ultimately felt like a victim because of the power dynamic."

Brooke Nevils (right) The Emmy-nominated producer went on medical leave in 2018 after her complaint led to Lauer's termination. She was eventually offered "seven figures," Farrow writes.

Melissa Lonner Farrow claims Lonner, who was a *Today* producer, received a "payout" when she was fired in 2013, several years after Lauer allegedly exposed himself to her. NBC denies paying any settlements prior to Lauer's firing in 2017.

Anonymous: An unnamed on-air personality at NBC accused Lauer and a senior executive of unwanted advances toward her in 2012. "I was like a hanging piece of meat," she told Farrow.

'SHE IS BRAVE FOR NOT BACKING DOWN'

—NBC NEWS COLLEAGUE ON BROOKE NEVILS

With reporting by **Linda Marx** and **Gillian Telling**

ELLE FANNING & ANGELINA JOLIE

Our Magical Bond

REUNITED IN *MALEFICENT: MISTRESS OF EVIL*, THE STARS TALK FRIENDSHIP, FAMILY AND THEIR CHANGING LIVES *By* **MARY GREEN**

Few people on earth can make Angelina Jolie smile as much as Elle Fanning does. "I'll always feel close to Elle," says Jolie, 44, who met her when they filmed the 2014 Disney hit Maleficent. *"The first moment she ever saw me, she was 14 and she ran up and gave me the biggest hug. Elle was the sweetest. Nothing about me intimidated her." When the two reconnected to film its new sequel* Maleficent: Mistress of Evil, *their relationship only deepened. "I'm older, and the things we can talk about now are different," says Fanning, 21. "I feel like I can ask her anything—and I have!" The two chatted with* People *about their evolving lives, the meaning of family and their glam new costar Michelle Pfeiffer.*

How Their Lives Have Changed

Jolie was healing from her 2016 split with Brad Pitt when she arrived on set for the sequel. "It was a tough time," she says. "I'd been coming off a few years of difficulty, and I was not feeling very strong. In fact, I was feeling pretty broken. It took me a moment to feel the strength of [Maleficent] again." During that time, Fanning's career blossomed as she took on complex roles in films like *3 Generations* and *20th Century Women* and became a L'Oréal Paris brand ambassador. "That first film definitely changed things a lot in my life," says Fanning. "Now I'm 21, I'm at a different stage. I've definitely had a lot of new experiences."

Close Costars
In the film Fanning, Jolie and Sam Riley are a tight unit until forces tear them apart. "During one scene, Sam and I were crying, and I don't know if it's because we both have kids or if it's because we love Elle," says Jolie.

Learning 'You Can Choose Your Own Family'

The movie's message resonated with both of them. "Aurora is human, Maleficent is a creature," explains Jolie of their fairy-tale characters. "There are many who feel that because they are different, they're not family." Adds Fanning: "I think the great theme is that family isn't blood. You get to choose your own family. It's such a beautiful message." Jolie made it even more of a family affair, bringing her kids (Maddox, 18, Pax, 15, Zahara, 14, Shiloh, 13, and Knox and Vivienne, 11) to premieres. But she couldn't persuade any of them to make cameos in the movie, though Vivienne played a young Aurora in the first film. "I tried," she says. "Viv still can't believe I made her a princess. None of my kids want to be actors. [They're into] business, humanitarian affairs, things like that. Nobody was interested!"

Why Michelle Pfeiffer Is the Perfect Foe

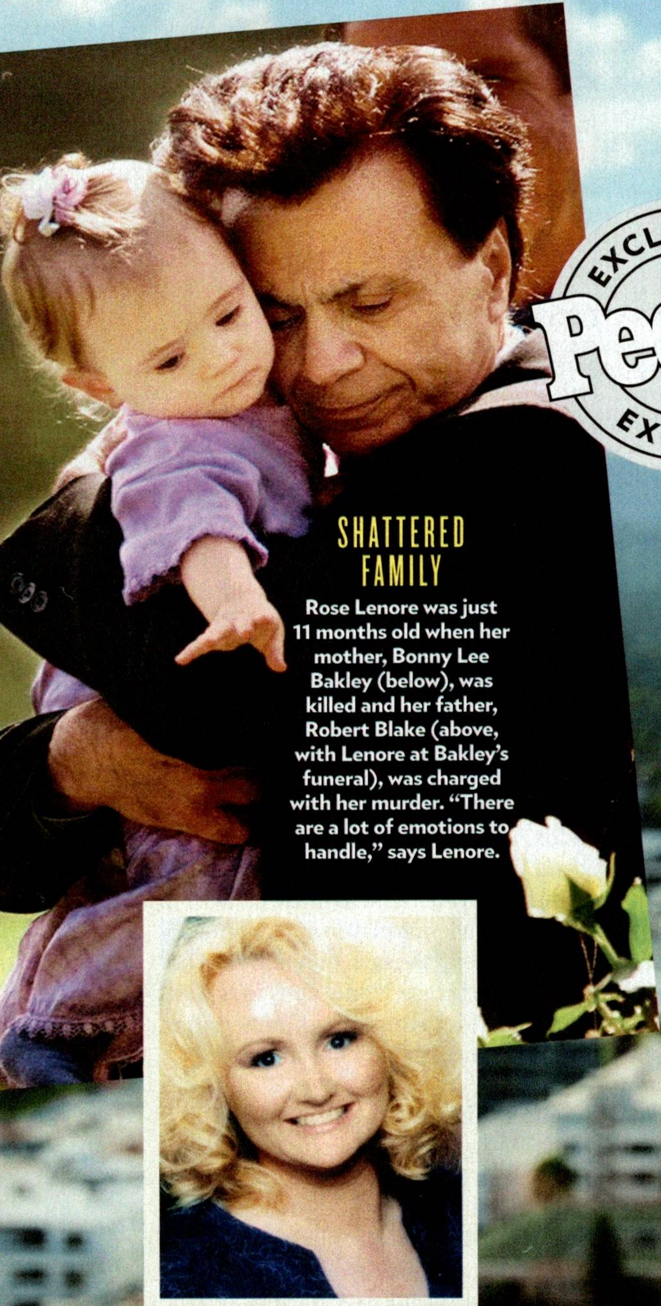
Fanning says working with both Jolie and Pfeiffer, 61, who plays Queen Ingrith, was unreal. "I felt like an audience member, watching them go at it back and forth. I was like, 'Am I in a dream? Angelina Jolie and Michelle Pfeiffer are going head to head in front of me, and one is wearing horns and wings and the other is wearing a tiara!'" Jolie struggled not to break character. "It was hard not to smile at Michelle. My character is supposed to hate her, but I adore her. She's a force and has a great sense of humor."

Bonding over... Paintball?

Fanning, Jolie and Jolie's kids snuck away during filming for a paintball fight. "Probably not Disney-approved, because we could have gotten injured!" Fanning jokes. "We had welts on our legs. I'd never gone paintballing before. Angelina does it a lot. She was good. I was trying. I hit her security guard in the neck. And he was on my team!" ●

'Elle knows I'm goofy. I know she has great strength'
—ANGELINA JOLIE

JASON BELL/DISNEY; INSET: DISNEY; (FLORAL GRAPHIC) SHUTTERSTOCK



SHATTERED FAMILY

Rose Lenore was just 11 months old when her mother, Bonny Lee Bakley (below), was killed and her father, Robert Blake (above, with Lenore at Bakley's funeral), was charged with her murder. "There are a lot of emotions to handle," says Lenore.

HER MOTHER WAS MURDERED HER FATHER WAS ACCUSED

'It's Com

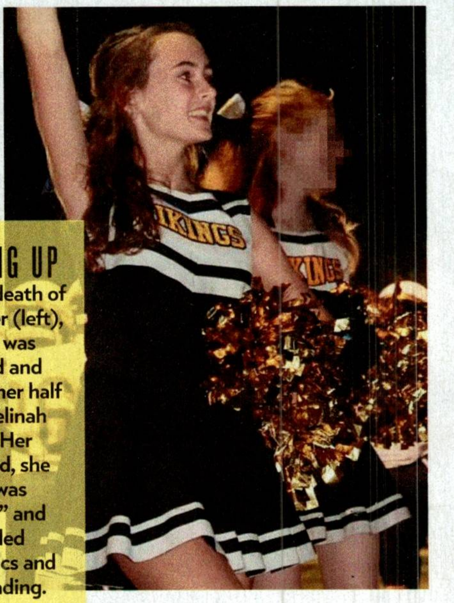
ACTOR ROBERT BLAKE'S DAUGHTER ROSE LENORE REVEALS FOR THE FIRST TIME HOW GROWING UP IN THE SHADOW OF AN INFAMOUS CRIME SHAPED HER LIFE—AND WHAT SHE DREAMS OF FOR HER FUTURE *By* **STEVE HELLING** *and* **CHRISTINE PELISEK**

Photographs by BEN TRIVETT

plicated’

It was one of the first football games of the 2015 season at Campbell Hall school in Los Angeles, and 15-year-old Rose Lenore was excited to put on her blue and gold cheerleading uniform and join her squad on the field. But as the game went on, the sophomore began to get an uneasy feeling. “Some guy in the stands was taking pictures of me,” she remembers. “I had a feeling that it was paparazzi, but I just kept going.” Her fears were confirmed weeks later when she saw the photos splashed across the pages of a tabloid magazine, embarrassing her among her friends. “It was a positive article,” she says, “but it put distance between me and my classmates.”

Yet Lenore, now 19, has come to learn that life in the spotlight isn’t something she can easily escape whether she likes it or not. The daughter of Emmy-winning actor Robert Blake—the star of the 1970s TV hit *Baretta*—and his second wife, Bonny Lee Bakley, had her life changed forever on May 4, 2001, when her mother was fatally shot outside a Los Angeles restaurant. Lenore was just 11 months old when her mother was killed—and only a year older when her father was arrested and charged with the murder. His 2005 trial was broadcast on national television; while he was ultimately acquitted of Bakley's murder, he was later found civilly liable. Lenore never lived with her father again. She was raised by her half sister Delinah, Blake's daughter from his first marriage, to actress Sondra Kerr, and her husband. Now preparing to embark on her own career as an actress, Lenore is speaking out for the first time about her "difficult" childhood, the "complicated" feelings she has about her mother's murder and her father's innocence (or guilt) and how growing up in the shadow of all of it has shaped the woman she has become. "It's hard when everyone talks about you and you're not talking about yourself," she tells *People*. "Now I am."



GROWING UP

After the death of her mother (left), Lenore was adopted and raised by her half sister Delinah Blake. Her childhood, she says, was "private" and included gymnastics and cheerleading.

•••

'I try my best not to have an opinion about Robert's guilt or innocence'

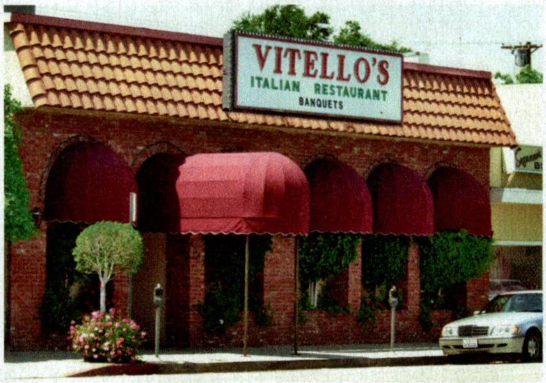
—ROSE LENORE

By 2000, actor Robert Blake—who had gotten his start as a child star with bit parts in films and the *Little Rascals* series and later won critical acclaim for his role in the 1967 Oscar-nominated film *In Cold Blood*—had largely stepped back from the spotlight. When he met Bakley, at a jazz club in Los Angeles in 1999, she had been married nine times; she had a criminal record, having been accused of credit card fraud and writing bad checks. She also had a history of dating celebrities, claiming she was involved with actor Marlon Brando's son Christian when she gave birth to a daughter. The child was initially given Brando as her last name, but a later paternity test proved Blake was the girl's father, and she was renamed Rose Lenore Sophia Blake. Blake and Bakley married on Nov. 19, 2000. Just six months later, Blake took Bakley out for dinner to Vitello's restaurant in Studio City, and after the couple dined together, Bakley was fatally shot in the head while sitting in Blake's vehicle, parked on a side street around the corner from the restaurant. During questioning, Blake told police that he was not present during the shooting because he had gone back inside the restaurant to retrieve a gun that he had forgotten. Police didn't believe his story and the following year charged him with murder, solicitation of murder, conspiracy and special circumstance of lying in wait. By the time Blake was arrested, the case was national news, and baby photos of Lenore—the

ROBERT BLAKE: FROM STAR TO SUSPECT

TV STARDOM

A onetime child actor who starred in the *Our Gang* series, Blake kept working through adulthood, appearing in movies and TV shows. In 1975 he won an Emmy for his role in the detective drama *Baretta*.



CRIME SCENE

Bonny Lee Bakley was shot in the head in Blake's car after the pair dined at Vitello's restaurant on May 4, 2001. Blake said he had returned to Vitello's to retrieve his gun when the murder occurred. His gun was found not to be the murder weapon.

PREVIOUS SPREAD, HAIR & MAKEUP: AMY HANLIN/THE REX AGENCY; INSETS, FROM TOP: DAMIAN DOVARGANES/AP; ZUMA. THIS SPREAD,
SHERWOOD/ABC NEWS/REUTERS; WALLY SKALIJ/THE LOS ANGELES TIMES/GETTY IMAGES; DAVID MCNEW/GETTY IMAGES; GETTY IMAGES; BOB MAHONEY/ZUMA; COURTESY ROSE LENORE

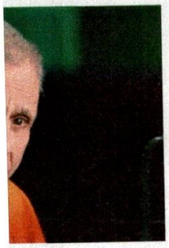
LOOKING FORWARD

“I’ve dealt with my fair share of sadness in life,” says Lenore. “But I know I’m going to be okay.”

legally adopted her, she began calling them Mom and Dad. Delinah, who had attended the trial in support of Blake, distanced their family from contact with the troubled actor as Lenore grew up. “We chose to live a private life,” Lenore says. “I was busy. I was doing gymnastics, soccer, piano, cheerleading, dance.” But internally, Lenore often had to rely on antianxiety medication and therapy to help her cope with the weight of her mother’s murder and the specter of her father’s being accused of it. “I have very severe anxiety and depression,” she says. “I went to therapists throughout the years to discuss all my family issues.” She also leaned on a close circle of friends to help her. “It was easier to talk to friends than family,” she says. “It was such a messy situation with my family, and everyone was part of it in some way. My friends weren’t attached to it, so it was less complicated talking with them.” Still, even Lenore’s closest friends say that the heavy conversations were few and far between. “She never really wanted to talk about it,” says her best friend, Ally Aronson, 18. “She didn’t even tell me about her real parents until maybe a year and a half into the friendship. She skirted around the topic. It was definitely a burden she carried around.”

When she was 18, Lenore began taking specific steps to lessen that burden. She finally visited her mother’s grave in the Hollywood Hills and then reached out to her famous father, whom she had neither seen nor spoken to for years. Having decided she was ready to finally reach out to him, Lenore set up a meeting. “It was a lot to handle,” she says. “He started talking about [Bakley], and I said, ‘This is too much.’ And he was very respectful of that, which was good. I don’t want to know if he did it or not.” For Lenore, knowledge of her father’s guilt or innocence is a load she chooses not to carry. “It feels useless to have an opinion about it,” she says. “Say he did it or he didn’t do it—what’s the point of knowing that, other than to just trouble myself? I think it’s better to just see both sides for what they are and not try to overwhelm myself. It’s complicated.”

Now living in L.A. with her boyfriend and their two cats, Lenore wants to finally take control of the narrative surrounding her life. “I’ve read everything they write about me,” she says. “ ‘Rose is living a perfect life. She’s 100 percent perfect.’ I am far from that. I’m a big mess—but that’s okay. And then there are other people writing, ‘She must be miserable every day.’ No, I’m not. I just want to be able to set the story straight.” She takes a breath and looks out at the skyline, the Hollywood sign in the distance. “This is me,” she says quietly. “I’m 19. I’m living my life . . . and I’m doing the best I freaking can.” ●



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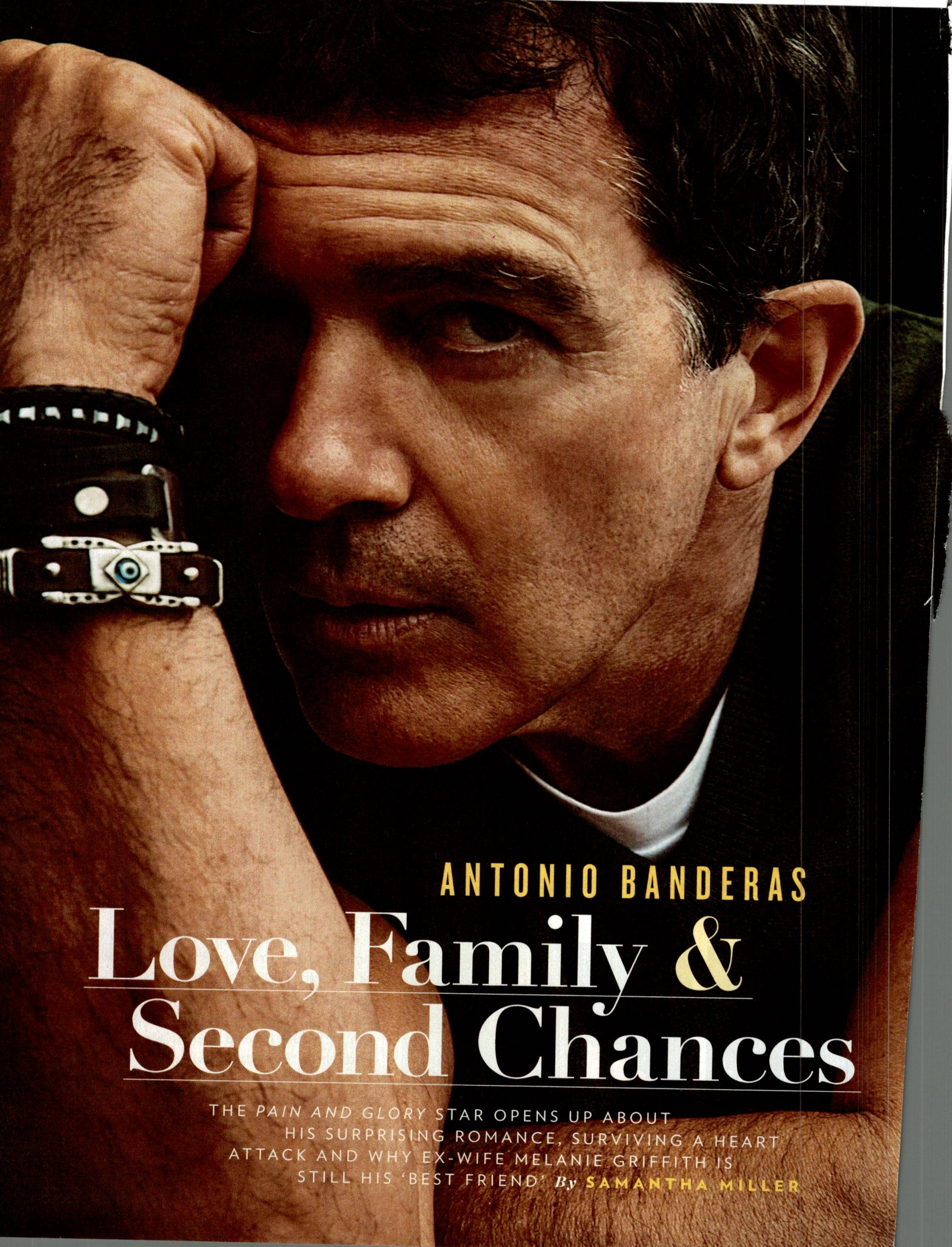


ANTONIO BANDERAS

Love, Family & Second Chances

THE *PAIN AND GLORY* STAR OPENS UP ABOUT HIS SURPRISING ROMANCE, SURVIVING A HEART ATTACK AND WHY EX-WIFE MELANIE GRIFFITH IS STILL HIS 'BEST FRIEND'

By **SAMANTHA MILLER**

Two years ago Antonio Banderas was making breakfast at his home in England when he felt a pain in his arm. When it radiated to his jaw, he knew he was having a heart attack. Doctors told him it was a mild one, and he was out of the hospital a day later. But "when something like that happens to you—you see death face-to-face—a lot becomes very clear," says Banderas, 59. He quickly took stock of what mattered most to him: "family, friends and recovering the actor I once was."

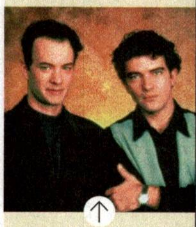
The Spanish actor vowed to take on more challenging roles—and now he's earning some of the best reviews of his life (plus buzz that he could get his first-ever Oscar nomination) for his role in *Pain and Glory,* a tender drama directed by his longtime friend Pedro Almodóvar. He also stars with Meryl Streep in the satire *The Laundromat,* on Netflix Oct. 18. Meanwhile he's happy with his girlfriend of five years, Nicole Kimpel, a Dutch financial adviser, and on the best of terms with his ex-wife Melanie Griffith and their blended family. "Melanie is not my wife anymore, but I think she is my best friend," he says. "I will love her until the day I die."

Banderas has never been shy about his passions. Growing up in Málaga, Spain, he was entranced when his parents took him to the theater: "It was extraordinary to me, the possibility to tell stories to each other and reflect about life and love." After he became a star in Spain with bold, sensual roles in films like Almodóvar's *Tie Me Up! Tie Me Down!,* Madonna confessed to a crush on him in *Truth or Dare.* He didn't speak English when he came to Hollywood for 1992's *The Mambo Kings.* "I learned the lines phonetically," he recalls.

In 1995 he fell hard for Griffith on the set of *Two Much,* and they wed, making him a stepdad to her kids Dakota Johnson and Alexander Bauer and soon a dad to their daughter Stella. His stepkids "called me Paponio—a mix between Papa and Antonio," he says. "They were beautiful years." He and Griffith, 62, split in 2014 but have stayed close. He's proud of Dakota, 30, and her acting success. "She knew Hollywood upside down since she was very little," he says. "She knew where she was going and how to do it." Stella, 23, "is a natural writer. She loves to be behind the camera." Alexander, 34, has also worked behind the scenes on films.

Banderas met his new love Kimpel at a Cannes dinner party in 2014—and says he likes that she's not in showbiz. "She came with me to the Emmys and Golden Globes," he says. "She flipped out seeing so many stars. She said, 'This is like a wax museum!'" He now splits his time between homes in England and Málaga, where he bought a theater, which he jokes is "a romantic way to ruin myself." While statuettes aren't his priority, he was thrilled to win Best Actor at Cannes this spring for *Pain and Glory.* "We all say that awards are not important when you don't receive them," he says with a smile, "but when they come to you, it's very beautiful." ●

RISE OF A GLOBAL STAR



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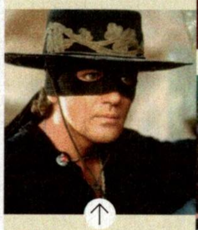
Philadelphia
Playing Tom Hanks's partner in the 1993 film, he was proud to take on "the taboo issue that was AIDS at the time."



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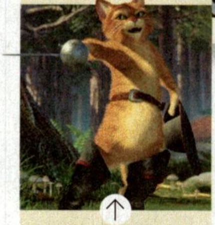
The Mask of Zorro
He moved full-time to Hollywood after marrying Griffith, making movies like the 1998 action hit.



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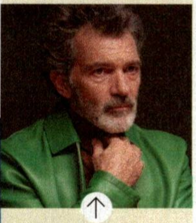
The *Shrek* films
Fans loved his Puss in Boots. "After struggling to learn English, I was happy to be recognized for my voice," he says.



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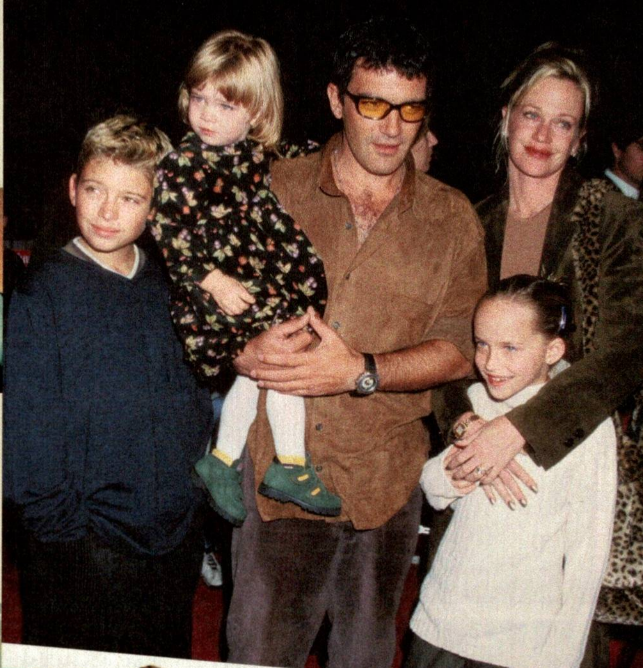
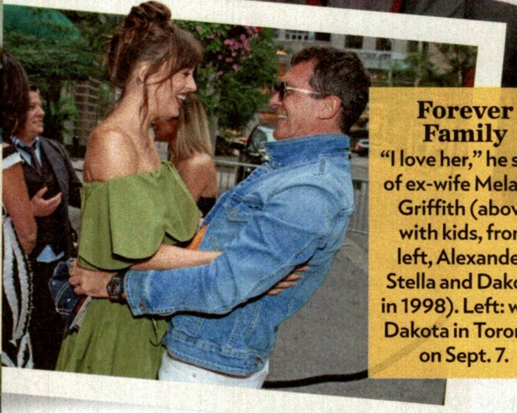
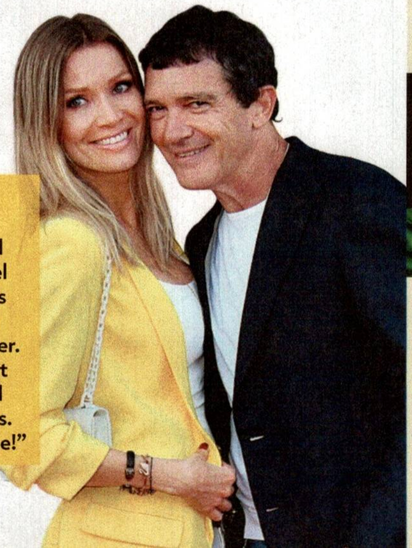
Pain and Glory
He plays a director based on friend Almodóvar. "It's our eighth movie, 40 years together—it's very special."



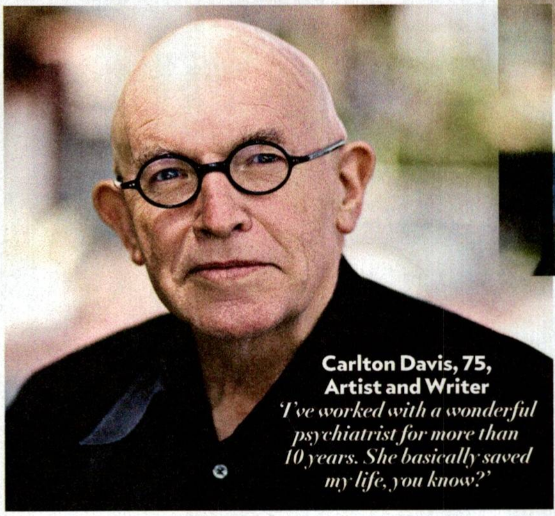


Forever Family
"I love her," he says of ex-wife Melanie Griffith (above with kids, from left, Alexander, Stella and Dakota in 1998). Left: with Dakota in Toronto on Sept. 7.



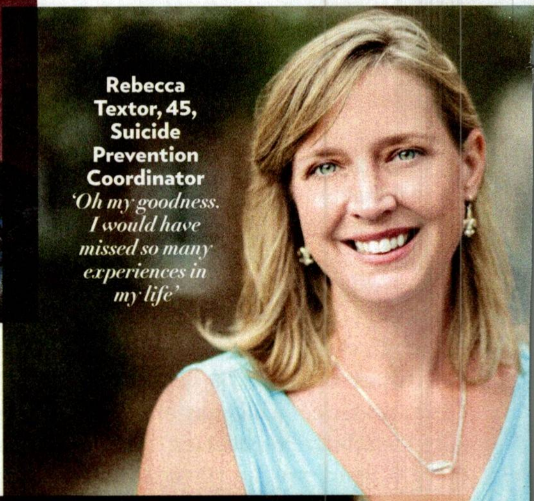
Perfect Partner
His girlfriend Nicole Kimpel (with him this August) is a financial adviser. "She's good at numbers and math," he says. "It's good for me!"

COLLECTION/
GETTY IMAGES; RYAN EMBERLEY/GETTY IMAGES



Carlton Davis, 75, Artist and Writer
‘I’ve worked with a wonderful psychiatrist for more than 10 years. She basically saved my life, you know?’

Abel Ibarra, 27, Math Teacher
‘You’re really happy, and then, in a matter of seconds, you’re not. It’s always that’

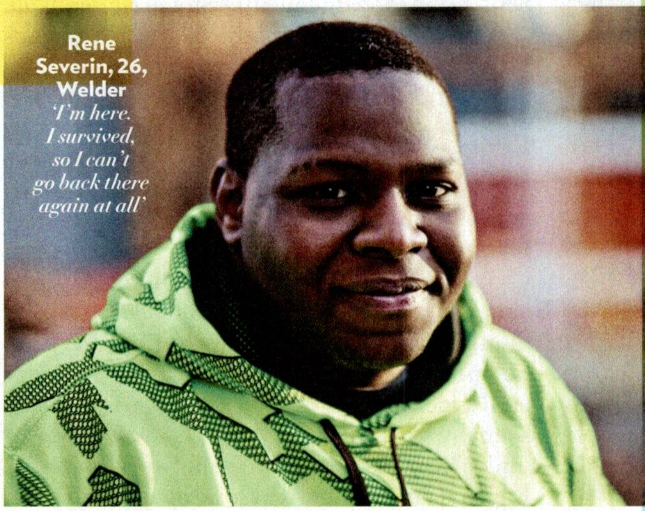


Rebecca Textor, 45, Suicide Prevention Coordinator
‘Oh my goodness. I would have missed so many experiences in my life’

Shayda Kafai, 35, College Lecturer
‘When I didn’t die, I was able to access resources that helped me grow resilient’

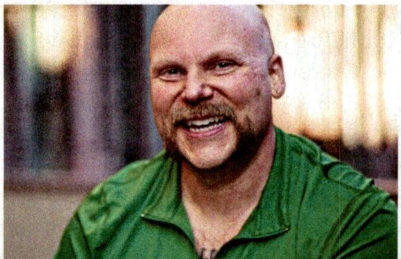
Deanna Echanique, 35, Artist
‘It grounds me, knowing what I was to where I am. I love life too much now’

Melody Moezzi, 40, Attorney
‘In my community like other Iranians, other Muslims it’s not something we talk about. If American society doesn’t talk about it, we definitely don’t’



Rene Severin, 26, Welder
‘I’m here. I survived, so I can’t go back there again at all’

Tina Smith, 44 Proposal Coordinator
‘When you have felt that deeply at the high and the lo of it, I think it makes you les judgmental’



Andy Grant, 53, Life Coach
‘I’m not good at ending my life, so there must be a better way to live’

MENTAL HEALTH

Let's *Talk* About It

They are students, musicians, tech workers & entrepreneurs. *They have one thing in common:*

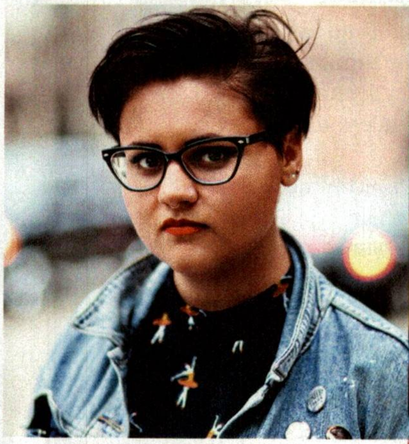
THEY ATTEMPTED SUICIDE AND SURVIVED

HERE ARE THEIR STORIES

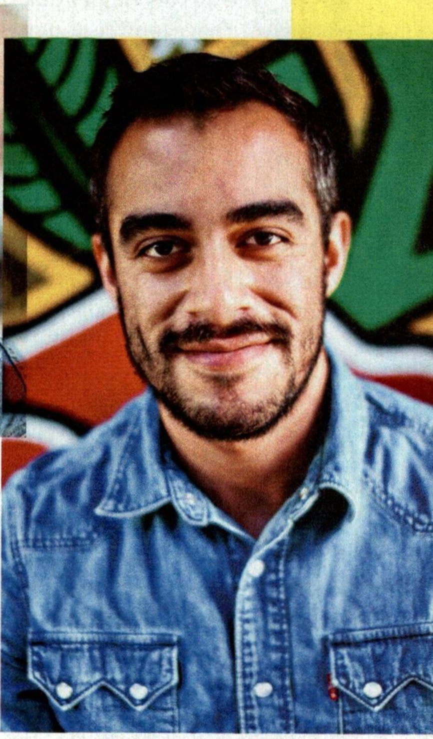
By **JEFF TRUESDELL**

Photographs by **DESE'RAE L. STAGE**

Beverly Kikuta, 33, Administrative Assistant
'It's helpful hearing stories. Maybe what I feel is legitimate after all'



Ashley Loftin Murray, 27, Peer Support Specialist
'Healing is nonlinear. I try to make meaning out of those ups and downs'



Pablo Schmidt-Escobar, 35, Personal Trainer
'I understand that you really have only one life. I want to enjoy what I have'

Jess Stohlmann-Rainey, 34, Program Development Director
'Our focus should be on creating a world worth living in'

Dese'Rae L. Stage had always been open about her personal history of depression and attempted suicide. But the Philadelphia photographer and writer was tired of the stigma that silenced so many others and of the misconceptions about people who attempt to end their own lives: "That we're crazy," she says, "and selfish." She was also angry that the voices of survivors have long been marginalized in suicide-prevention programs. "The thinking was, if you've been suicidal, you can't counsel others who are," says Stage. "But once you've experienced it, you get it."

So in 2010 Stage decided to create an online archive where survivors could tell their stories. Livethroughthis.org now includes nearly 200 survivors, all photographed and interviewed by Stage, and it's helped drive the "lived experience movement" that represents a "turning point" in the field, says Jonathan Singer, president of the American Association of Suicidology. "Suicide prevention needs to involve those who've lived it," says Dr. Christine Moutier of the American Foundation for Suicide Prevention. "Dese'Rae is amazing."

On these pages—the first story in *People's* new yearlong initiative shining a spotlight on America's mental health crisis—livethroughthis.org participants talk about their experiences. Some have largely escaped the darkness, others continue to struggle, but all express gratitude that their lives have gone on. "We're coming out of the shame closet," says Stage. "Despair is a basic human experience—it could be any of us. I want people to see us—and not to look away."

GAME CHANGER

"Lots of people continue to struggle—I continue to struggle," says Stage, a married mom of two. "It's hopeful to say yeah, this might happen to you again, but there are things you can try to keep going."

BY THE NUMBERS

1.4 MILLION
Number of suicide attempts in the U.S. annually

47,173
Number of Americans who died by suicide in 2017; 69.7 percent of them were white men

129
Average number of suicides in the U.S. per day

10th
Where suicide ranks among the leading causes of death in the U.S.

← NANCY NETTLES, 53, STUDENT ADVISER

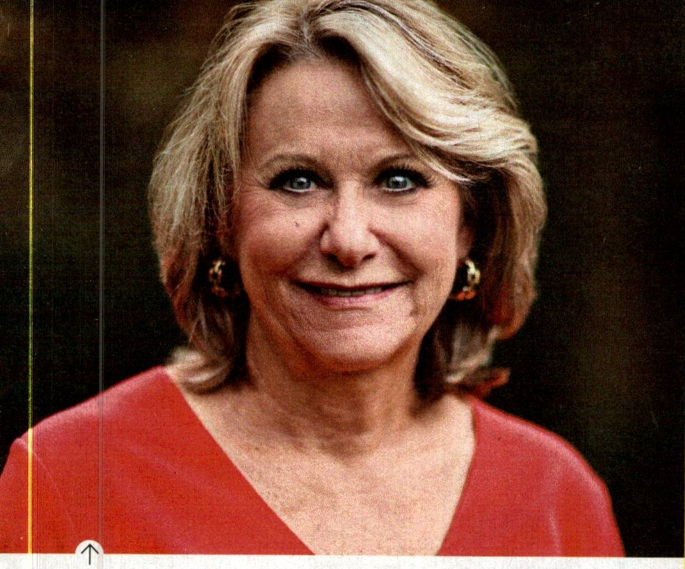
'I saw nothing but darkness'

I had a degree, an education. But I was jobless, homeless, in a new city with two little kids and very alone. I was carrying a lot of trauma and a lot of hurt. I just felt like my kids would be better off without me. I tried three times in one year. Afterward I started getting treatment at a community mental health center. I owe my case manager my life. She saw light in me when I saw nothing but darkness. When she first met me, she didn't know if I was going to make it. Now when she's talking about someone who made a total turnaround in their life, she will talk about me. That's really what started me being vocal about the struggle I've gone through. I know I have to stay on top of it—I have to take care of myself. But I believe my darkness is behind me.

↑ SHELBY ROWE, 47, SUICIDE PREVENTION PROGRAM MANAGER

'Because I work in the field, I had this false sense of safety'

I didn't pay attention to warning signs or ask for help. I thought, "I teach coping skills!" But if I was an oncologist who had cancer, would I be scared to tell my colleagues? No! Afterward there was a period of coming to grips with, hey, I just tried to kill myself. And having to forgive myself, learning to trust myself. Of just recognizing that nobody else expected me to be as perfect as I thought I needed to be. I'm kinder to myself. I haven't been at risk in a long time.



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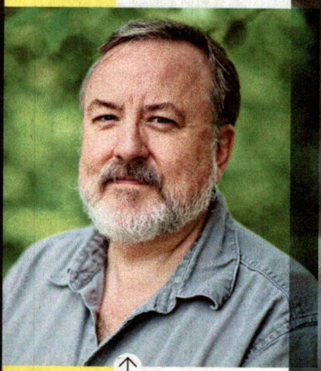
LINDA GRAY SEXTON, 66, AUTHOR

'YOU CAN COME OUT ON THE OTHER SIDE'

I survived the suicide of my mother [poet Anne Sexton] when I was 21. It took me a long time to forgive her. I then put my family in the same position. I attempted three times. I struggled, didn't get out of bed. I call it being "in the land of the bed" because so many suicidal people never get up, never get dressed. I did go to a therapist every day, tried every med known to man, and they weren't working. A lot of people don't believe in medication, but it saved my life. It takes time to get them right. I started working really, really hard with the therapist—you need to find someone with whom you have a good rapport. It took a good six years before I felt stable. I'm so grateful. I would've missed seeing my sons grow up, marrying my new husband, writing my book *Half in Love: Surviving the Legacy of Suicide*. Suicide is so common, but we don't talk about it. When we do, people have better insight into the feelings of a person who's struggling. The conversation turns from accusation to empathy.



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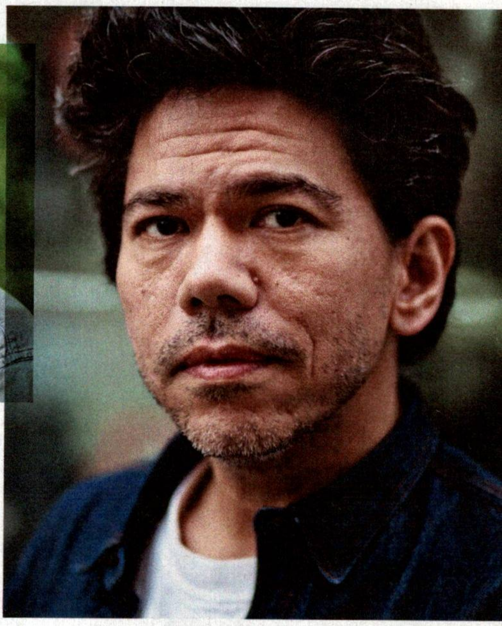
KEN GORDHAMER, 57, AUDITOR

'Depression tells you lies'

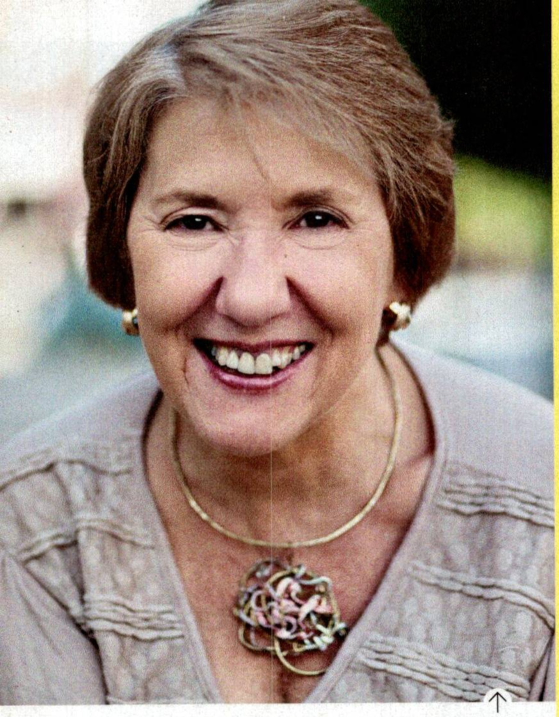
I maintained what appeared to be a normal life, had friends and family and good times. But the voice in my head had me convinced that I was stupid, that no matter what I did, nothing would get better. Therapy was a rebirth—I was able to learn how to deal with that voice and restart my life. Suicidal thoughts can still sneak up on me. There is no mantra that brings me back to center. There is just: Live through this minute, this second, because I know intellectually that it will get better. All I have to do is survive this particular impulse. I've tried really hard to talk to other people who are depressed. I don't know anything about counseling; I'm just a peer. And it is amazing just talking to somebody, how much it helps them. I guess what I really want the world to learn from all this is that a little bit of kindness is not so hard, and it could save somebody's life.



↑ DAVID PAJO, 51, GUITARIST

'Things do get better, even when it seems insurmountable'

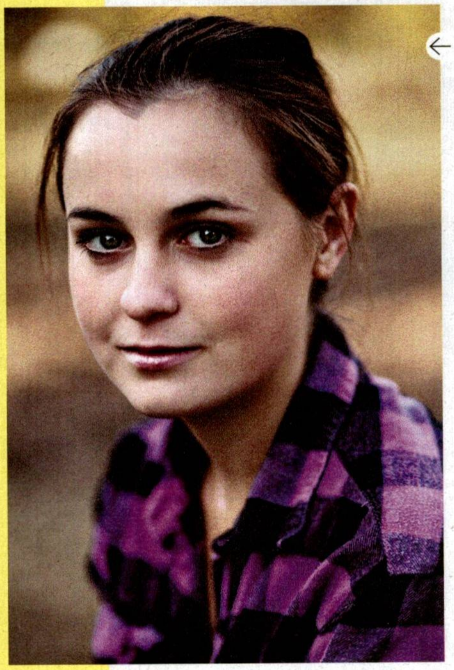
It was situational for sure. [I was having trouble in my marriage, and] I wasn't allowed to see the kids. I just felt like I didn't have anything. Directly after my attempt, I was upset because I felt like I failed even at this. Then I began to realize what a gift it was that I was still here. That feeling hasn't gone away. I get to see my kids grow up. Life is just so much better, and I found a medication that keeps me in check. I mean, I do think a part of it is just owning the experience. I'm gonna make it something we talk about as easily as we talk about AIDS or cancer.... Dese'Rae has a pin that says "Just Stay," and that resonates. If someone can just stick around, solutions can be found.



MINDY SCHWARTZ-BROWN, 66, RETIRED SOCIAL WORKER

‘I LEARNED THERE WAS A WAY TO GET BETTER’

Revealing that you’ve attempted suicide is risky—people jump to conclusions about your current state. It’s important to remember it can be a onetime experience or a more chronic thing, but it doesn’t define you. I tried twice, the last time when I was 27. It was a hard climb back for me. I didn’t know if I would get any better at all. But my depression, when it’s under control and medication is working, I’m fine. I try to build on the good times, and I am pretty good at reading when I need help at this point. I’m very fortunate in many ways.



CECELIA MARKOW, 25, STUDENT

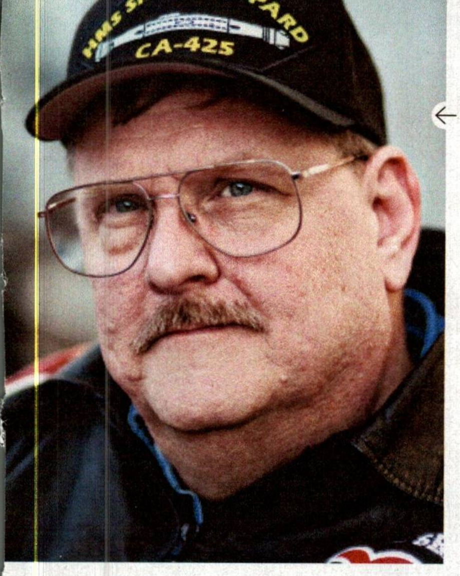
‘The aftermath is almost like feeling hollow’

I was sexually assaulted when I was 18. I grew up being able to tell my family pretty much everything, but I was afraid to tell them. I just started hating myself. I attempted suicide multiple times between 19 and 23. Afterward I would feel kind of numb, like “Here we go again. Let’s give life one more shot.” I was finally diagnosed with ADHD, which can cause anxiety and depression. Once it was tackled, I was able to focus, with medication. Now I look forward to waking up in the morning. I am learning how to be happy, which is something I never thought I’d say.

JACK PARK, 26, MENTAL HEALTH COUNSELOR

‘Who am I to not love myself?’

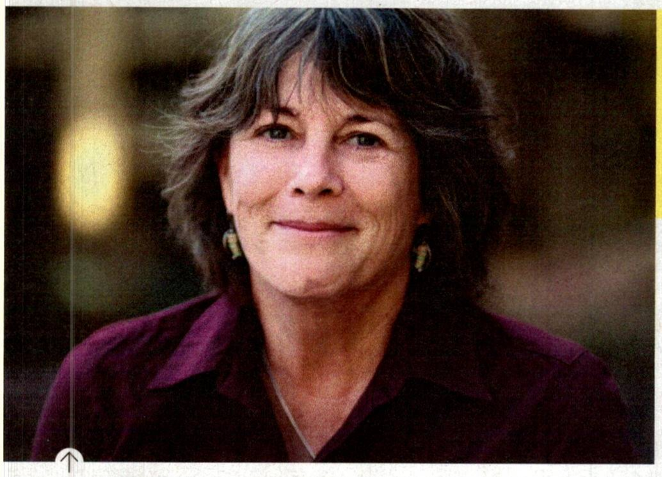
There were so many student suicides when I was at UPenn. My freshman year I felt like there was no purpose in life. I had straight-up depression. I attempted twice and almost died. I went through a near-death experience, and after that I sought an ultimate purpose and found it—loving God and loving people. These days I feel confident and secure. For those whose minds are blessedly free fron thoughts of suicide, please look around and listen to your friends’ hardships. Take the extra step. Depressed people don’t share their stories easily.



← **ZACK FRASER, 60, PUBLIC HEALTH WORKER**

'People say, "Get over it." It doesn't work that way'

The first time I tried was in the Navy. I was barely 19. I hated myself. And I found myself being ushered out of the Navy, which hurt. I started to get some therapy. I have better coping skills now. Do I still have suicidal thoughts today? Absolutely. But I keep myself alive realizing there are things I have to do to help other people. People would have missed me. I would have missed my goddaughter. And I have a wonderful relationship with my cat—I'm not being flippant here! I didn't know cats could be so good. He keeps me focused.



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SUSAN MEANS, 65, RETIRED ENTREPRENEUR

'NOBODY TALKS ABOUT MENTAL HEALTH THE WAY THEY NEED TO'

My diagnosis was generalized anxiety disorder and depression. I had four attempts, the last when I was 58. Afterward I was on a mission to try to get better. Telling my story for Live Through This was the turning point for me—no one knew about it before that. It was a catalyst to find people like me and try to help. Any of us can spot someone a mile away who is like us. I reach out; I ask, "Do you want to talk?" Suicide touches more people than you can imagine, but the shame and guilt prevent people from talking about it.

HOW YOU CAN HELP

Experts explain how to respond to those who may be in crisis. (If you or someone you know is in need, text STRENGTH to Crisis Text Line at 741741 for free 24/7 support.)

Ask, 'Are You Thinking About Suicide?'
"Trust your gut" if a friend or loved one's behaviors change or they start to withdraw, says Dr. Christine Moutier of the American Foundation for Suicide Prevention. It's a "complete fallacy" that asking plants the idea, adds Vanessa McGann, chair of the Survivors of Suicide Loss Task Force at the American Association of Suicidology (suicidology.org): "If you just ask the person directly, it's a relief for them to be able to talk about it."

Make Sure They're Safe
"You don't have to solve the problem," says John Draper, executive director of the National Suicide Prevention Lifeline (bethe1to.com). "Just listening will help them feel less alone. Then they'll feel less distressed, and you can connect them to additional assistance."

Partner with Them to Seek Help
Offer to call or text a crisis line or stay on the phone with them while they do. And if they're referred for help, go along with them to make sure they're believed and validated, says Jonathan Singer, president of the AAS.

Stay in Touch
Compassion can tip the balance. "Survivors are sort of having a dialogue with themselves about which path to choose," says McGann. "Giving them space to talk can push them over to the side where they want to keep living."

With reporting by Diane Herbst

Pink and Proud
Piglet (left, with owner Melissa Shapiro) made a surprise visit to Tricia Fregeau's Massachusetts classroom (above) last June. "It was amazing," says Fregeau. "There wasn't a dry eye in the house, from students to parents."

A Little Dog Teaches Kids a Big Lesson

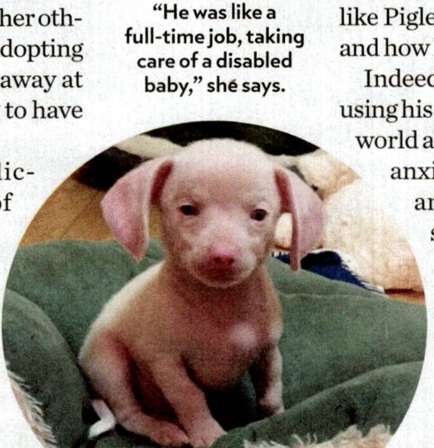
RESCUED FROM ANIMAL HOARDERS, A PINK, DEAF-BLIND PUPPY—NAMED PIGLET—SETS AN EMPOWERING EXAMPLE FOR SCHOOLCHILDREN EVERYWHERE

Veterinarian Melissa Shapiro always had a soft spot for rescue dogs—but when she got the call in 2017 from Colbert Veterinary Rescue in Colbert, Ga., about a 1-lb. deaf-blind, pink puppy named Piglet, she instinctively knew he was something special. "He was so teeny and immature, and he had such severe anxiety," recalls the Westport, Conn.-based Shapiro, who fostered the dachshund-Chihuahua mix (alongside her other six rescue dogs) for two months before adopting him in May 2017. "We couldn't give him away at that point. I told my husband, 'He's going to have to have some bigger meaning.'"

Shapiro has since made that prediction a reality—turning Piglet's story of overcoming his handicaps into a free downloadable curriculum for kids (pinkpigletpuppy.org) that teaches patience, perseverance and acceptance. Dubbed the Piglet Mindset, "it's about facing your challenges with a positive attitude, using what you have and not worrying about what you don't have," says Shapiro, whose program has found its way into schools in Massachusetts, Alabama and even Australia. "My kids just ate it up," says Tricia Fregeau, who introduced Shapiro's lesson plan to her third graders at Jackson School in Plainville, Mass., last year. "We're always looking to help kids' brains grow. . . . It's a mind-set: You take each day like Piglet does. We talk a lot about his challenges and how he still moves forward constantly."

Indeed, the pint-size pup has come a long way—using his heightened sense of smell to navigate the world around him. "I've watched him go from an anxious little dog running around in circles and screaming, to [being] a happy dog," says Shapiro, who has raised $30,000 for special-needs animals with her line of Piglet merchandise. "It's so rewarding to know that people are being inspired by Piglet." —BY GRETA BJORNSON

One Brave Little Pup
Piglet was about 6 weeks old when he came to Shapiro. "He was like a full-time job, taking care of a disabled baby," she says.



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The Best Boots for Fall

THIS SEASON'S MUST-HAVES ARE CHIC AND COMFORTABLE

WESTERN-INSPIRED

The bootie looks bold in an animal print or metallic finish

Kenneth Cole, $199; macys.com

Sarto by Franco Sarto, $180; nordstrom.com

Dolce Vita, $152; dolcevita.com

Cobie Smulders in Stuart Weitzman boots.

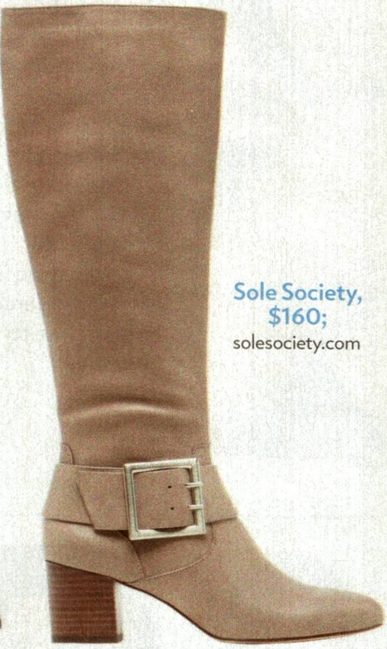
KNEE-HIGH

This classic style feels of-the-moment in a light-color suede or leather

Vince Camuto, $180; dillards.com

Equally chic under a midi-length skirt or dress, or over a pair of skinny jeans

Nine West, $189; ninewest.com



Sole Society, $160; solesociety.com

COMBAT

Cool details like glitter laces, buckles and studs give these a fun vibe

Zara, $119; zara.com

These all have side zippers for easy on-and-off

Unisa, $60; dsw.com

Aldo, $110; aldoshoes.com

How to Care for Your Boots

The basics, from David Mesquita, vice president of Leather Spa

1. Weatherize Mesquita likes water-*resistant* sprays (which let leather and suede breathe) rather than silicone-based water*proof* ones, which can peel.

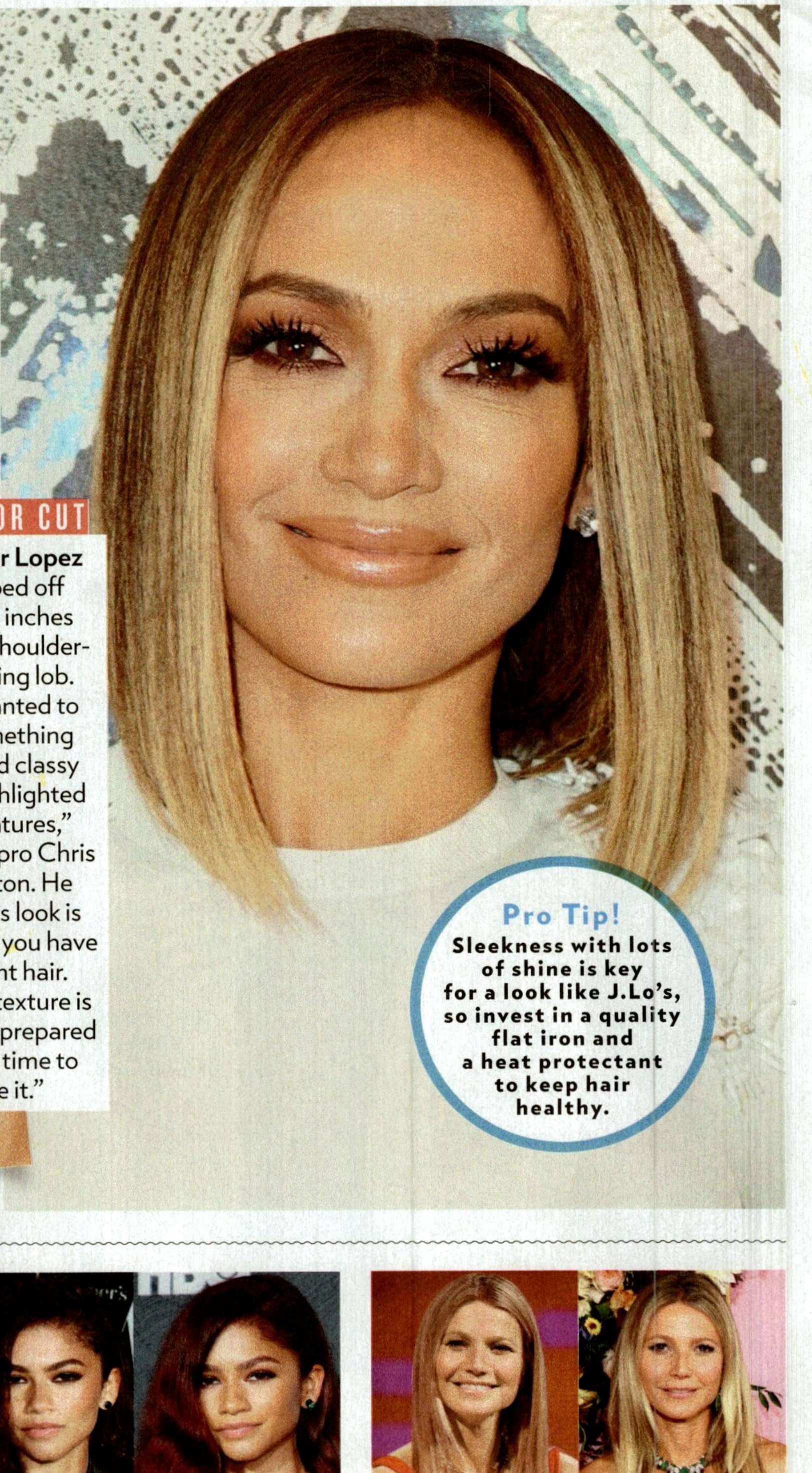
2. Clean Brush out stains on suede using a soft toothbrush. Remove marks or salt stains on leather with a cloth and a 3-to-1 mix of water and white vinegar.

3. Store Avoid sealed plastic boxes, which don't let boots breathe. Stuff them with tissue paper to keep their shape, and put them in a dust bag.

By SARAH BALL

Celeb Hair Changes to Try Now

LIKE THESE LOOKS? WE GOT THE SECRETS TO MAKING THEM WORK FOR YOU

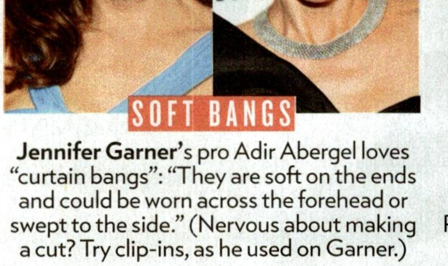


A MAJOR CUT

Jennifer Lopez chopped off several inches for this shoulder-skimming lob. "We wanted to do something chic and classy that highlighted her features," says her pro Chris Appleton. He says this look is easiest if you have straight hair. "If your texture is curly, be prepared to take time to style it."

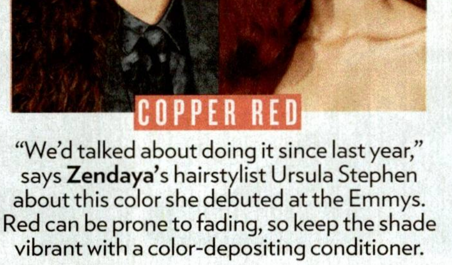
Pro Tip!

Sleekness with lots of shine is key for a look like J.Lo's, so invest in a quality flat iron and a heat protectant to keep hair healthy.



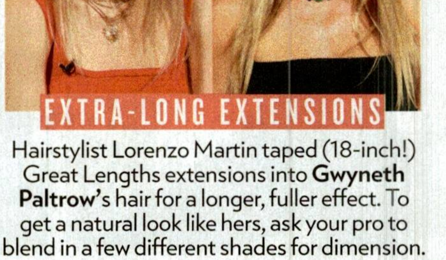
SOFT BANGS

Jennifer Garner's pro Adir Abergel loves "curtain bangs": "They are soft on the ends and could be worn across the forehead or swept to the side." (Nervous about making a cut? Try clip-ins, as he used on Garner.)



COPPER RED

"We'd talked about doing it since last year," says **Zendaya**'s hairstylist Ursula Stephen about this color she debuted at the Emmys. Red can be prone to fading, so keep the shade vibrant with a color-depositing conditioner.



EXTRA-LONG EXTENSIONS

Hairstylist Lorenzo Martin taped (18-inch!) Great Lengths extensions into **Gwyneth Paltrow**'s hair for a longer, fuller effect. To get a natural look like hers, ask your pro to blend in a few different shades for dimension.

By KAITLYN FREY

PHOTOGRAPHY/SHUTTERSTOCK; JORDAN STRAUSS/INVISION/AP/SHUTTERSTOCK; EVAN AGOSTINI/INVISION/AP/SHUTTERSTOCK; GREGG DEGUIRE/FILMMAGIC

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All-in-1 Waterproof
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No rinse, No harsh rubbing
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GARNIER
Micellar Cleansing Water
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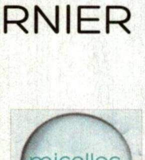

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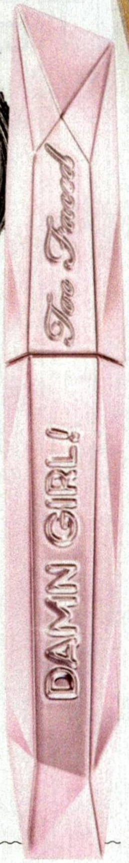
Editors' Picks

The Products We Can't Stop Talking About!

WE TRIED AND TESTED ALL THE LATEST. THIS IS WHAT WE FELL IN LOVE WITH

Sarah Ball, market editor



Too Faced
DAMN GIRL!

Dream Mascara

"This innovative mousselike formula creates an insane amount of volume but zero clumps. What more could I ask for?"

Too Faced Damn Girl! Mascara, $25; toofaced.com

Luxe Hair Oil

"Transitional weather is tough on my wavy hair, but this lightweight oil did an incredible job of preventing frizz and smoothing day-two flyaways."

Olaplex No. 7, $28; olaplex.com

OLAPLEX
No.7
BONDING OIL™
30ml/

Alex Apatoff, digital lifestyle director

Andrea Lavinthal, style & beauty director

Universally Flattering Eyeshadow

"Just as the palette's name, Honey, implies, these satin, matte, shimmer and metallic shades have a golden glow that looks gorgeous on everyone."

Urban Decay Naked Honey Palette, $49; urbandecay.com

Nourishing Body Cream

"I don't know what I love more about this coconut-oil-based cream: how moisturizing it is or the fresh citrus scent."

Ouai Body Crème, $38; theouai.com

OUAI
BODY CRÈME
CRÈME POUR LE CORPS
7.5 oz / 212 g

Brittany Talarico, senior style editor

Sonal Dutt, food and lifestyle director

Glow-Giving Serum

"I always side-eye products that claim they will boost my skin's brightness—but every time I apply this, I see an immediate difference."

Neutrogena Illuminating Serum, $20; neutrogena.com

Neutrogena
Bright Boost
ILLUMINATING SERUM
ACCELERATED BRIGHTENING COMPLEX

Jackie Fields, beauty editor

Foolproof Lip Color

"Clinique has taken the guesswork out of finding the perfect neutral shade. I used the shade finder on their website to select my foundation, and it also suggested three lipstick options, including this soft mauve I'm obsessed with."

Clinique Pop Lip Colour Foundation, $19.50; clinique.com

HOLIFROG
Tashmoo Water Lily Nourishing Milky Wash
Lait nettoyant nourrissant aux nenuphars
REPLENISH · AMINO BLEND
5 fl oz / 148 ml

Kaitlyn Frey, style & beauty assistant

Creamy Cleanser

"This hydrating formula leaves my skin feeling so soft, I actually look forward to washing my face twice a day."

HoliFrog Milky Wash, $38; dermstore.com

(DUTT) WINNIE AU

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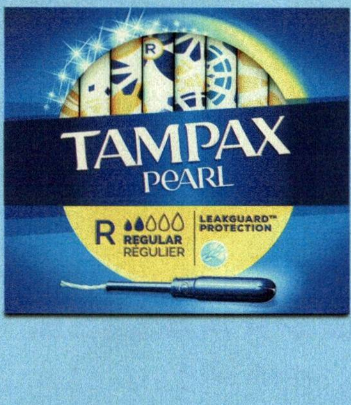
LEAKGUARD™ BRAID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MORE THAN
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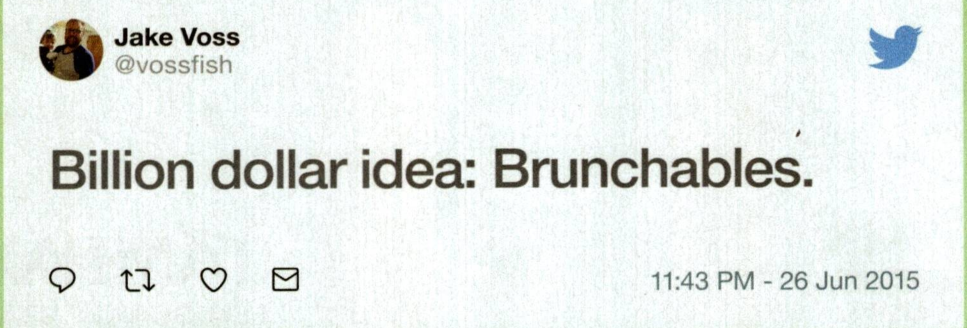
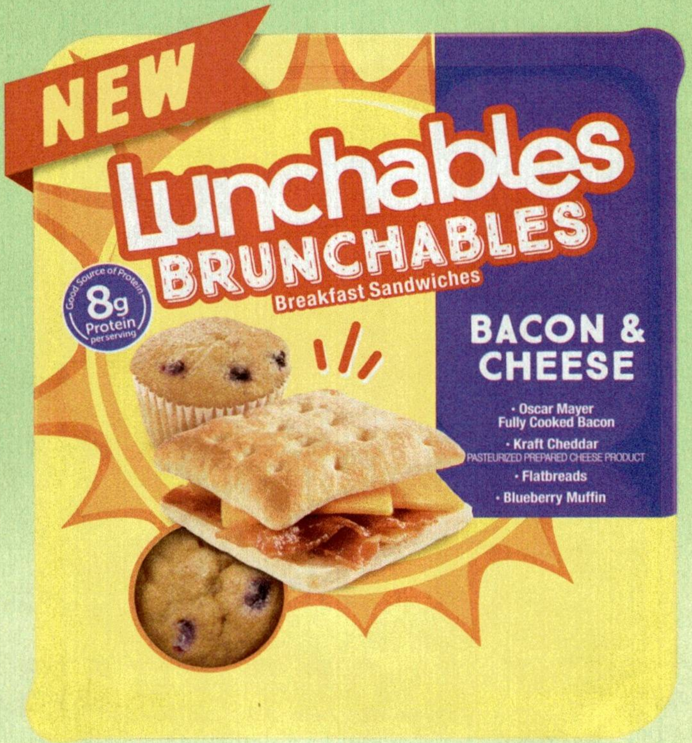


Jake Voss
@vossfish

Billion dollar idea: Brunchables.

11:43 PM - 26 Jun 2015


NEW
Lunchables
BRUNCHABLES
Breakfast Sandwiches
Good Source of Protein
8g
Protein
per serving
BACON &
CHEESE
• Oscar Mayer
Fully Cooked Bacon
• Kraft Cheddar
PASTEURIZED PREPARED CHEESE PRODUCT
• Flatbreads
• Blueberry Muffin

DREAMS COMING TRUE ARE PRICELESS.

The mixed up fun of Lunchables now happens at
breakfast with new Brunchables.

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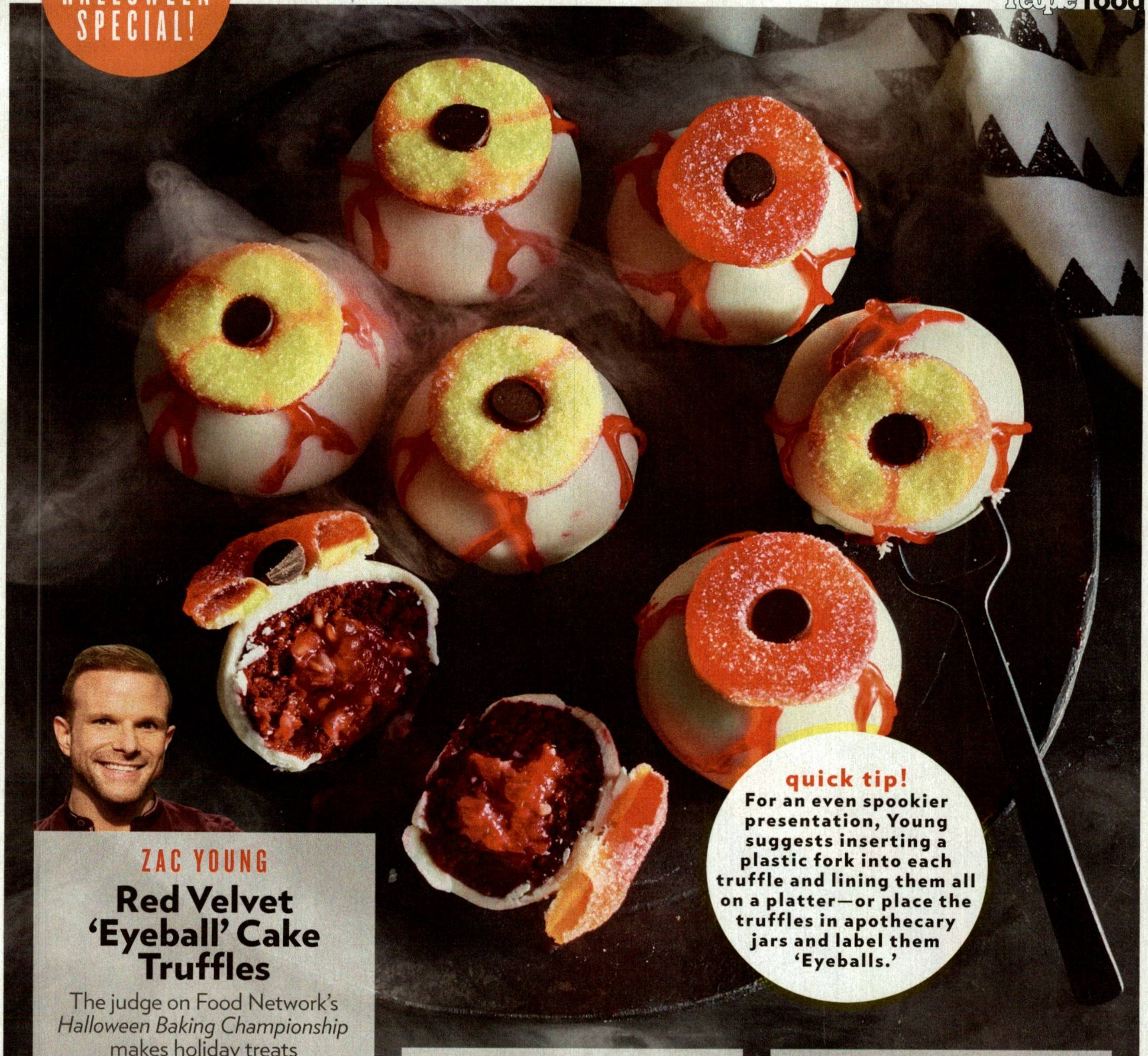
HALLOWEEN SPECIAL!



quick tip! For an even spookier presentation, Young suggests inserting a plastic fork into each truffle and lining them all on a platter—or place the truffles in apothecary jars and label them 'Eyeballs.'

FOOD STYLIST: RISHON HANNERS; PROP STYLIST: CHRISTINE KEELY; INSET: COURTESY FOOD NETWORK

ZAC YOUNG

Red Velvet 'Eyeball' Cake Truffles

The judge on Food Network's *Halloween Baking Championship* makes holiday treats that are a sight to see

1 (8-oz.) pkg. cream cheese, at room temperature
¾ cup powdered sugar
1 Tbsp. unsweetened cocoa
1 (15.25-oz.) pkg. red velvet cake mix, prepared according to pkg. directions and cooled
30 fresh raspberries (from 1 pt. raspberries)
1 (24-oz.) pkg. white candy coating disks (such as Wilton Candy Melts)
1 Tbsp. vegetable oil
30 peach-flavored gummy ring candies
30 chocolate chips
Red decorating gel

1. Whisk together cream cheese, powdered sugar and cocoa in a large bowl until smooth. Crumble cooled red velvet cake into cream cheese mixture, and gently stir until loosely combined but not mashed.
2. Place ¼ cup of the crumb mixture in the palm of hand. Press 1 raspberry in center of crumb mixture, and roll into a 2-inch ball or slightly oval shape with raspberry in center. Place on a baking sheet lined with parchment paper. Repeat process with remaining crumb mixture and raspberries, making 30 cake balls; freeze until slightly firm, about 15 minutes.
3. Melt candy melts according to package directions in a microwavable bowl that is tall and deep enough for dipping. Stir in vegetable oil.
4. Using a metal fork, dip each ball into the white coating, allowing excess to drip off; place on a baking pan lined with parchment paper.
5. Before the coating sets, place a peach ring for the "iris" of the "eye"; place an upside-down chocolate chip in center of ring for the "pupil." Repeat with remaining cake balls, ring candies and chocolate chips.
6. Once coating has hardened, use red decorating gel to pipe lines on the side of each eyeball to create bloodshot veins.
Makes: 30 truffles
Active time: 45 minutes
Total time: 1 hour

Photographs by JENNIFER CAUSEY

For more celebrity recipes, visit PEOPLE.COM/FOOD

HALLOWEEN SPECIAL!

CORY COLTON

Sweet Maple & Candied Ginger Dip

The executive pastry chef at Quality Italian in New York City serves up a 'frightfully easy dessert you can make with your kids'

- **1 (8-oz.) pkg. cream cheese, at room temperature**
- **½ cup powdered sugar**
- **6 Tbsp. unsalted butter, at room temperature**
- **½ tsp. kosher salt**
- **¼ cup finely chopped candied ginger**
- **¼ cup whole milk**
- **½ tsp. maple extract or pure maple syrup**
- **Carved medium pumpkin, for serving (optional)**
- **Apple slices, pretzels and biscotti, for serving**

1. Place cream cheese, powdered sugar, butter and salt in a medium bowl. Beat with an electric mixer on medium speed until smooth, about 2 minutes.
2. Stir in candied ginger, milk and maple extract until combined. Transfer dip to a serving bowl; cover and chill until ready to use.
3. Place bowl of dip in a jack-o'-lantern pumpkin, if desired. Serve with apple slices, pretzels or "boo-scotti" cookies (see below).

Serves: 6
Active time: 15 minutes
Total time: 15 minutes

Halloween Chocolate 'Boo-scotti' Cookies

Serve Colton's creepy-cute confections with his maple dessert dip, on their own as a snack or with hot coffee for dunking

How to Make It: Microwave **8 oz. chopped white chocolate** in a small microwaveable bowl until melted, stirring every 30 seconds. Dip **8 chocolate biscotti** into melted white chocolate; place on a parchment-lined baking sheet. Refrigerate until chocolate is set, about 15 minutes. Microwave **4 oz. chopped dark chocolate** in a small microwaveable bowl until melted, stirring every 20 seconds. Dip toothpick into dark chocolate, and use to draw ghost eyes and mouths. Let stand until chocolate is set, about 15 minutes.

INSET: NICOLE FRANZEN

1621 FIRST THANKSGIVING CHEESECAKE

Prep Time: 20 min. | **Total Time:** 6 hours 15 min. (Incl. refrigerating) | **Makes:** 16 servings

WHAT YOU NEED

1 cup graham cracker crumbs
1/4 cup butter, melted
1 cup plus 2 Tbsp. sugar, divided
4 pkg. (8 oz. each) PHILADELPHIA Cream Cheese, softened
1 tsp. vanilla
4 eggs

MAKE IT

HEAT oven to 325°F.
COMBINE graham crumbs, butter and 2 Tbsp. sugar; press onto bottom of 10-inch cast-iron skillet sprayed with cooking spray.
BEAT cream cheese with vanilla and remaining sugar in large bowl with mixer until blended. Add eggs, 1 at a time, mixing on low speed after each just until blended.
POUR over crust. (Note: Pan will be very full.) Place pan on baking sheet, then place in oven.
BAKE 50 to 55 min. or until center of cheesecake is almost set. Cool completely.
REFRIGERATE 4 hours.

Special Extra:
Garnish finished cheesecake with nuts, and regional Thanksgiving fruits, such as cranberries, grapes, figs, blueberries, and/or raspberries.

MAKE YOUR *Thanksgiving Dessert* THE ORIGINAL

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5 SIMPLE INGREDIENTS
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SINCE 1872
original
CREAM CHEESE

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HALLOWEEN SPECIAL!

KRISTEN TOMLAN

Sprinkle Cake-Batter Cookies

'It's perfect for when you can't decide between a cupcake and a cookie!' says the author of the new *Hello, Cookie Dough* cookbook

- **1½ cups vanilla cake mix (from 1 [15¼-oz.] pkg.)**
- **1⅓ cups all-purpose flour**
- **2½ Tbsp. cornstarch**
- **½ tsp. baking soda**
- **½ tsp. salt**
- **¾ cup (6 oz.) unsalted butter, at room temperature**
- **½ cup granulated sugar**
- **½ cup packed light brown sugar**
- **¼ cup egg whites (from 3 large eggs), at room temperature**
- **2 tsp. vanilla extract**
- **⅓ cup Halloween-colored sprinkles**
- **½ cup semisweet chocolate chips**
- **½ cup white chocolate chips**

1. Whisk together cake mix, flour, cornstarch, baking soda and salt in a bowl; set aside.

2. Beat butter in a stand mixer fitted with a paddle attachment on medium speed until smooth and creamy, about 2 minutes. Add granulated and brown sugars; beat until light and fluffy, about 4 minutes. Stop and scrape down sides of bowl using a rubber spatula. Add egg whites and vanilla; beat until incorporated, about 2 minutes.

3. Add half of the cake-mix mixture to butter mixture; beat on low speed until the flour just disappears, about 15 seconds. Immediately add remaining cake-mix mixture; beat until combined, about 15 seconds. Stop and scrape down sides of bowl. Beat 15 seconds. Fold in sprinkles and semisweet and white chocolate chips using a rubber spatula.

4. Press plastic wrap onto top of dough in bowl. Place in freezer for 2 hours or in fridge for 24 hours to chill.

5. Preheat oven to 350°. Line 4 rimmed baking sheets with parchment paper. Scoop dough about 3 inches apart onto baking sheets using a 1½-inch cookie scoop. Bake in 2 batches until edges are lightly golden and centers are just set, 9 to 11 minutes, rotating baking sheets top to bottom rack halfway through bake time.

6. Remove from oven; let cool on baking sheets 5 minutes. Eat warm, or transfer to a wire rack and let cool completely, about 20 minutes.

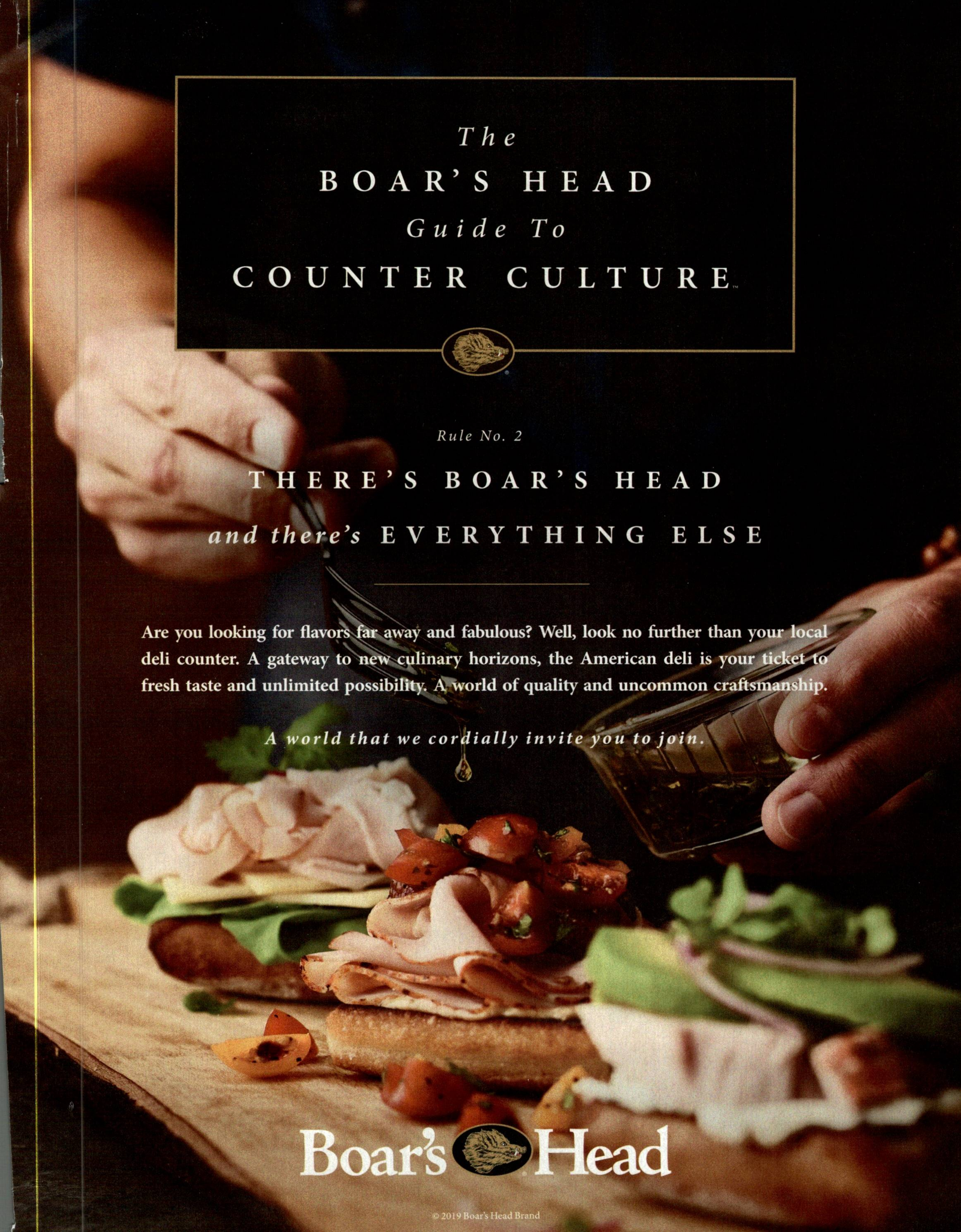
Makes: 30 cookies
Active time: 20 minutes
Total time: 3 hours (includes chilling)

quick tip!

To make a large cookie cake, spread the dough evenly in a greased 10-in. cast-iron skillet. Bake until golden and set, about 50 minutes. Let cool in skillet 15 minutes; slice into wedges.

INSET: EVAN SUNG

By ANA CALDERONE & SONAL DUTT



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Rule No. 2

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Amy Robach

What I Eat in a Day

'I EAT TO FEEL MY BEST AND FUEL MY BUSY DAYS AS A WORKING MOM,' SAYS THE 5'5" CO-ANCHOR OF ABC'S *20/20*

> **'I follow the keto diet and travel frequently for work, so I'm always on the lookout for healthy on-the-go options'**
> —AMY ROBACH

Breakfast
2 cups of **coffee,** one black and one with half-and-half, 3-egg **omelet** with ¼ cup **ham,** ¼ cup **cheddar cheese** and handful of **green onions,** 1 cup **berries**

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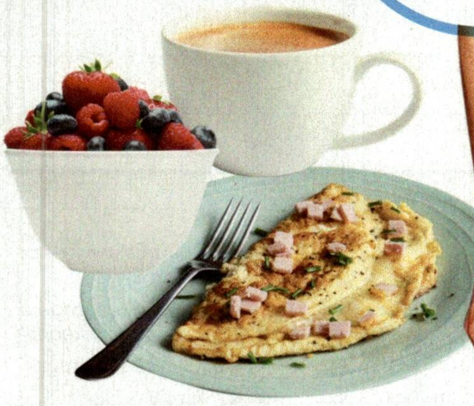

Lunch
Arugula salad with ½ cup **cherry tomatoes,** ¼ cup **buffalo mozzarella,** handful of **pine nuts,** 2 tbs **champagne vinaigrette salad dressing**

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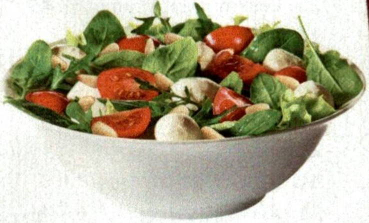

Snack
1 cup **mixed nuts,** 2 squares **dark chocolate**

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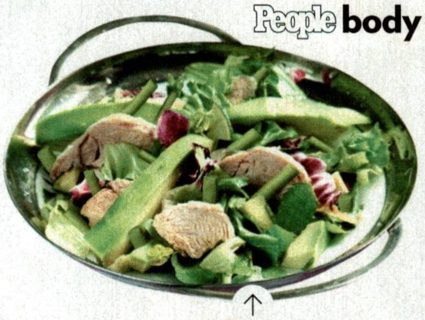

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Dinner
Butter lettuce salad with 1 **sliced avocado, 1 grilled chicken breast** and ½ cup **green beans**

↑

Dessert
1 bite **cheesecake**

Water
88.5 ounces

←

Total Calories

2,325

The Verdict

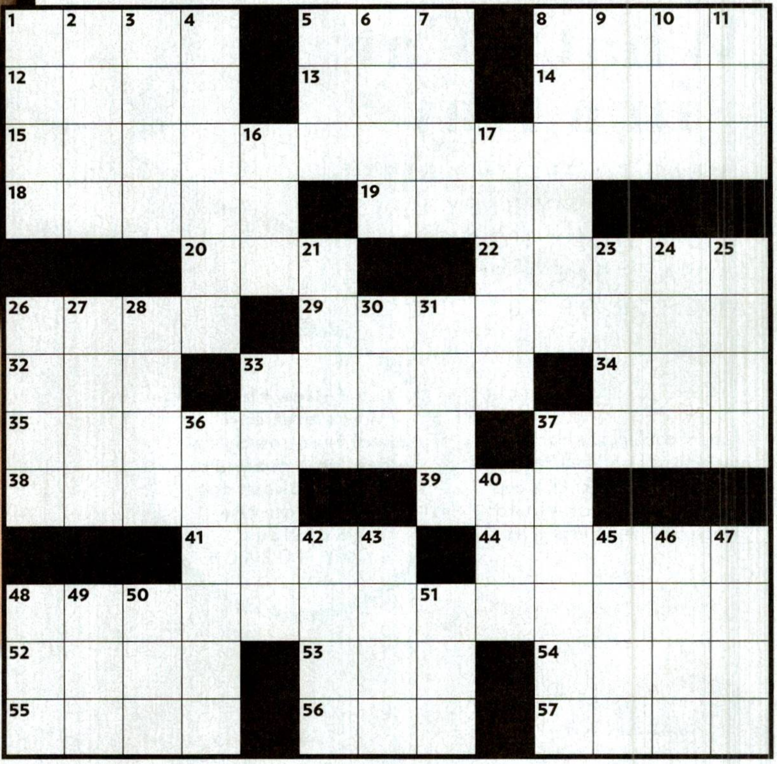
"Robach drinks plenty of water, which is essential for a high-demand job that involves lots of talking," says Atlanta-based dietitian Marisa Moore. She praises the anchor's choice of berries at breakfast and suggests including another serving of fruit later in the day: "Grapes would be a delicious addition to her snack." Overall Robach gets high marks for a diet full of quality protein, vegetables and healthy fat. But, says Moore, "since it's lower in carbohydrates, which may impact Robach's energy, she should check in with her body and energy levels throughout the day to see if any adjustments are necessary."

By STEPHANIE EMMA PFEFFER & JULIE MAZZIOTTA

CLOCKWISE FROM TOP RIGHT: EWA KUBICKA/ALAMY; ISTOCKPHOTO/GETTY IMAGES; FOTOGAL/ALAMY; JIM SPELLMAN/WIREIMAGE; ISTOCKPHOTO/GETTY IMAGES(2); DUAN ZIDAR/ALAMY; KEVIN DUTTON/GETTY IMAGES; RICHARD BOLL/GETTY IMAGES; AGE FOTOSTOCK/ALAMY; ISTOCKPHOTO/GETTY IMAGES(2)

TODD WILLIAMSON/NBCU PHOTO BANK/GETTY IMAGES

Rebel in Red



across

1 Thick type of carpet
5 Prominent Jay Leno facial feature
8 Daytime or Primetime award
12 Garr of *Tootsie*
13 ___-Wan Kenobi
14 Title for Sauron or Voldemort
15 Portrayer of Offred and Peggy Olson (2 wds.)
18 David Mamet's ___*-the-Plow* (2008 Broadway revival costarring 15 Across)
19 Vincent van Gogh's brother
20 Rapper Tone ___
22 Like fruit in a bag of trail mix
26 *The* ___ *Show* with Stephen Colbert
29 Type of company Peggy Olson worked for in *Mad Men* (2 wds.)
32 Soccer cheer
33 Snoozer's sound
34 Article preceding 35 and 48 Across
35 After 34 Across, series in which 15 Across played President Bartlet's daughter (2 wds.)
37 Robin ___
38 Background actor
39 Adele's "___ and Only"
41 St. Louis landmark
44 Sorkin who created 34/35 Across
48 After 34 Across, dystopian series starring 15 Across as Offred (2 wds.)
52 Alison of Netflix's *GLOW* (also a French cheese)
53 What the 13 in PG-13 is
54 NATO and WHO (abbr.)
55 Paints used by Monet or Picasso
56 Pro hockey group (inits.)
57 Tidy

down

1 French holy women (abbr.)
2 The Beatles' second movie
3 Luyendyk Jr. of *The Bachelor*
4 Model Bündchen
5 Occupation
6 Aid, in a stickup
7 *Dances* ___ *Wolves*
8 *Get Shorty* author ___ Leonard
9 Cow's call
10 *The Marvelous* ___ *Maisel*
11 10 are needed for a first down (abbr.)
16 Hubbub
17 *Over the* ___ (animated film)
21 Jay-Z's "___ Get a..." (2 wds.)
23 Sondheim's ___ *the Woods*
24 Canyon comeback
25 Like magenta hair
26 Rob of 34/35 Across
27 Rodriguez known as A-Rod
28 Exam
30 Draper in *Mad Men*
31 Affleck's Oscar winner set in Iran
33 Bunch of bees or locusts
36 Fantasy league deals
37 Patricia of *The Middle*
40 "Old Town Road" rapper Lil ___ X
42 James of *The Godfather*
43 Clint Eastwood in *Hang 'Em* ___
45 Valuable stamp-collecting category
46 Gymnast Korbut
47 Crow's ___ (pirate ship lookout)
48 Veep network
49 "Bang Bang" singer Grande, to fans
50 Nothing, in a soccer score
51 Lana ___ Rey

Answers to last week's Puzzler

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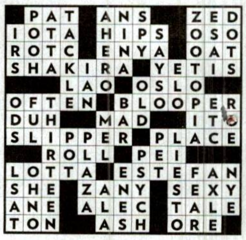

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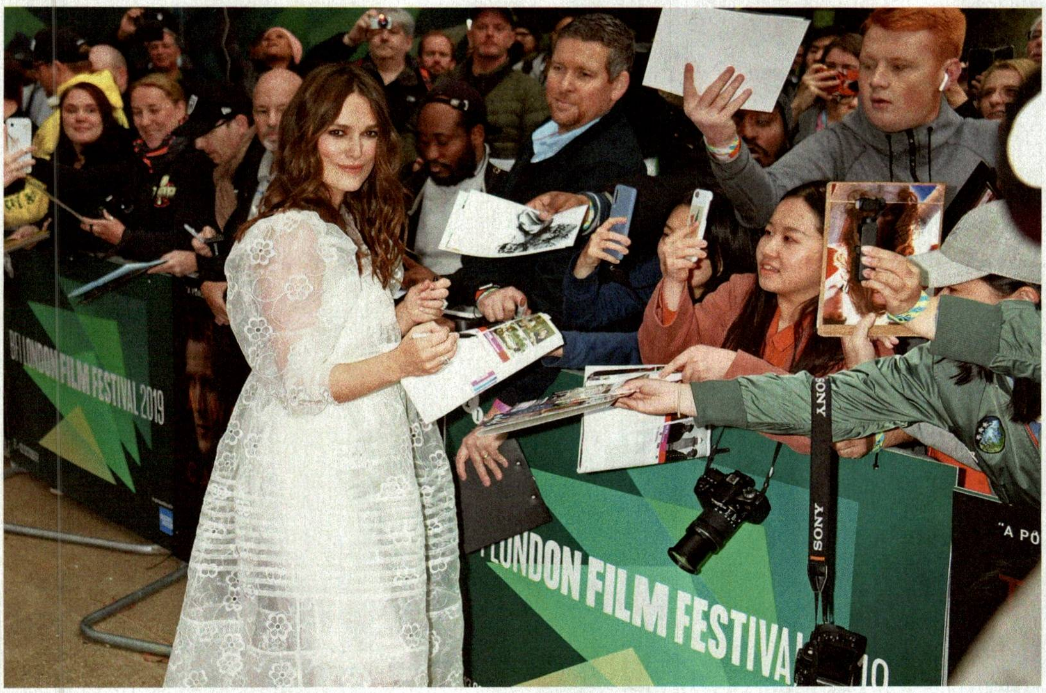
By **PATRICK MERRELL**

See if you can find the differences in these two pictures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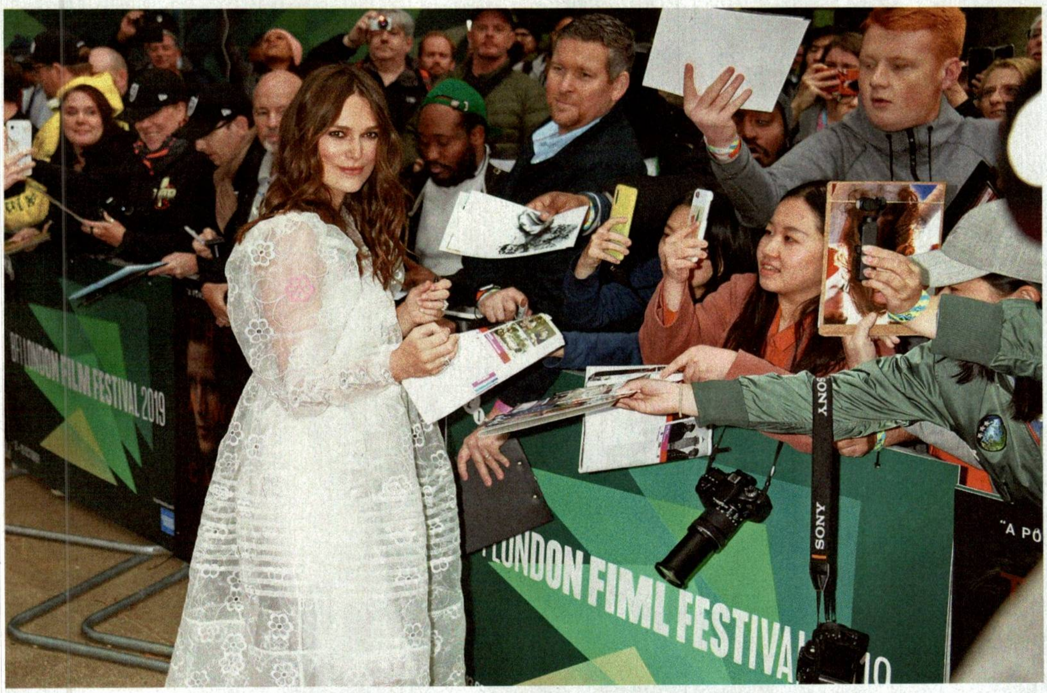
BFI LONDON FILM FESTIVAL 2019
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LONDON FIML FESTIVAL 2019

Actress **Keira Knightley**—who recently welcomed her second child with musician husband James Righton—signed autographs Oct. 10 at the BFI London Film Festival for her film *Official Secrets.* She plays British whistle-blower Katharine Gun, who tried to prevent the 2003 Iraq War by leaking a classified memo to the press about illegal U.S. activities. "In a funny way, we're still living this film," she told *Time.* "It's period, but it's still very much present day."

10

changes to keep score!

☐ ☐
☐ ☐
☐ ☐
☐ ☐
☐ ☐

1. A third metal bar has been added on the ground. **2.** A flower on Knightley's dress is now pink. **3.** Knightley is no longer holding a pen. **4.** The letters "L" and "M" are switched in "FILM" on the festival barricade banner. **5.** The lens on the camera dangling over the barricade is longer. **6.** The fan in gray on right is no longer wearing his Airpods. **7.** Knightley's sleeve is longer. **8.** A fan's cell-phone case is now yellow. **9.** The fan's black backward baseball cap (center) is now green. **10.** The woman second from the left is now wearing a baseball cap.

DAVID M. BENETT/WIREIMAGE(2)

Regina King

THE OSCAR WINNER, 48, STARS IN HBO'S NEW DRAMA SERIES *WATCHMEN*

Last perfect day off
I was in Turks and Caicos in June with my sister and a couple of great friends. I was just lying on this lounge, looking over the pool at the ocean, and it was like, "This is what it's all about."

Last guilty pleasure
Last night I started with a nice, long, almost three-mile walk. I stopped with a basil-cucumber-infused martini. It quenched my thirst perfectly.

Last home improvement
In my backyard I planted a bunch of biennials by myself and a butterfly and a hummingbird garden. I was very impressed with myself.

Last time I got lost
In Florence, Italy. I'm frugal. I turn my roaming off when I'm traveling so I won't have a huge bill. I was walking back to the hotel from a restaurant and got lost. And damn, I had to turn the roaming on to get the map!

Last moment of pride
This might sound cheesy, but I was sitting in my car at the light, and a bus pulled up next to me with a *Watchmen* ad on its side. I wasn't expecting it. I just happened to turn to the side and saw myself. I was like, "Hey, girl!"

Reported by
KARA WARNER

SHAYAN ASGHARNIA/AUGUST

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